

Rendlesham



Rendlesham Magazine advertising rates (as from January 2022)

| Size | 1 month | 3 months | 6 months | 12 months |
|---|---|----------|----------|-----------|
| Eighth Page – Landscape <i>63.75mm deep x 93mm wide</i> | £15.60 | £39.00 | £62.40 | £93.60 |
| Quarter Page – Portrait <i>132.5mm deep x 93mm wide</i> | £27.60 | £68.88 | £110.40 | £165.60 |
| Half Page – Landscape <i>132.5mm deep x 190mm wide</i> | £51.00 | £127.50 | £204.00 | £306.00 |
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**November Deadline –
Monday 10th October**

**Send your submissions to
projects@rendleshampc.org.uk**

Rendlesham Magazine is
available online and in hard
copy format.

File format information for
advertising is available at:
www.rendleshampc.org.uk/magazine



Dear Rendlesham Homeowner

With unrivalled market knowledge our clients achieve the very best market prices, if you are thinking of selling and would like a free market appraisal on your home call us now on 01394 470590

regards

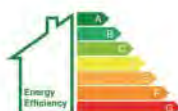
Shane Marks



Marks & Mann Estate Agent
7 The Square,
Martlesham Heath,
Ipswich, IP5 3SL

01394 470590

shane@marksandmann.co.uk



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2ND SUNDAY OF THE MONTH



Community Litter Pick

The family that picks together sticks together!

We ♥ Rendlesham

NEXT PICK
9 Oct

ANY RUBBISH BIN WILL DO

BAG THAT POO!

FREE DOG BAGS
from Rendlesham PC



KEEP BRITAIN TIDY



Collect from the Parish Council office
Mondays & Tuesdays, 12-4pm

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AND EVENTS HAPPENING
IN AND AROUND RENDLESHAM**

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and put E-NEWS in the subject box

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Rendlesham


MAGAZINE



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RENDLESHAM YOOF GROUP

SENIORS
Years 7, 8
Tues, 6.45-9.15pm

JUNIORS
Year 9+
Thurs, 6.45-9.15pm

2022-23 Term Dates
5 Sept to 21 Oct | 31 Oct to 16 Dec
4 Jan to 10 Feb | 21 Feb to 31 Mar
17 Apr to 25 May | 5 Jun to 21 Jul
PD Days 3 Jan | 20 Feb | 26 May



Parish Council News

Queen Elizabeth II, 1926–2022

It is with great sadness that I, as Parish Council Chairman, record the passing of *Her Majesty, Queen Elizabeth II*. Rendlesham Parish Council offers sincerest condolences to *His Majesty King Charles III* and the Royal Family.

As the first British monarch to reign for 70 years, Queen Elizabeth was respected by everyone around the world and her dignity and grace were unmatched.

We thank Her Majesty for her unwavering devotion and service to our Country and Commonwealth and may Her Majesty rest in peace.

Cllr Mike Stevenson
Chairman



THE BEACON installed this year at Jubilee Park as part of the "Purple Reign" event to celebrate Her Majesty's Platinum Jubilee (2022)



The Queen's visit to Bentwaters Base (June 1970) – Archant Archives



Sir Michael Bunbury unveiling the Rendlesham Village Sign as part of the Diamond Jubilee celebrations (2012)

**NEXT MEETING OF THE
PARISH COUNCIL WILL BE ON
MONDAY 7 NOVEMBER 2022 AT THE
COMMUNITY CENTRE, 7.30PM**

Community Copy Shop at the Parish Office

| Copying | B/W | Colour |
|---------|-----|--------|
| A4 | 10p | 20p |
| A3 | 20p | 35p |
| A4 card | 10p | 20p |

Binding

| | |
|---|-------|
| A4 plastic/wire spiral, with cover and back | £2.50 |
| A4 no cover/back | £1.50 |
| A3 no cover/back | £1.50 |

Laminating

| | |
|----|-----|
| A4 | 35p |
| A3 | 70p |

**Could you help deliver the
Rendlesham Magazine?**



Rounds where we'd love some help

Garden Square, Gardenia Close,
Redwald Road, Outer Rendlesham,
Some occasional cover for holidays

Contact the Parish Council
on **01394 420207** or via
admin@rendleshampc.org.uk





Diamond Jubilee Street Party in the Boulevard, Rendlesham (2012)



TOP: Platinum Jubilee Street decorations, Rendlesham (2022)

BOTTOM: Celebrating the Platinum Jubilee (2022)

COMMUNITY SPEEDWATCH CO-ORDINATOR FOR RENDLESHAM

We are looking for a voluntary co-ordinator to help manage our local Speedwatch initiative, in association with Suffolk Police.

If you are concerned about the speed of traffic in and around Rendlesham, and would like to work with us, please contact the Parish Clerk at clerk@rendleshampc.org.uk

OFFICE HOURS

Monday,
Tuesday & Thursday,
10am-2pm

By contacting Rendlesham Parish Council you agree your contact details may be held and processed for the purpose of correspondence and the services we provide.

We only keep information for as long as necessary. We do not share your information with third parties.

Your Parish Councillors

Mike Stevenson: Chair
Ex-officio on all Committees
Personnel Committee
Youth Group Charity
Community Centre Charity
SALC Rep

Victoria Proctor: Vice Chair
Planning Committee
Personnel Committee
Youth Group Charity
Jubilee Park Committee
Community Centre Charity

Dave Moore
Finance & Asset Committee
Personnel Committee
Youth Group Charity
Jubilee Park Committee

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Finance & Asset Committee
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Mark Stones
Planning Committee
Jubilee Park Committee
Community Centre Charity

Martyn Redfern
Planning Committee
Finance & Asset Committee

Mike Parry
Finance & Asset Committee
Planning Committee
Jubilee Park Committee
Community Centre Charity
SNT Representative

FIND OUT WHAT WE'RE DOING FOR YOU

Minutes of
Past Meetings are
available on the Parish
Council website at

www.rendlesham.suffolk.gov.uk

Market Square heroes

A new low-carbon initiative for the community

Local producers stack 'em high and sell 'em fairly priced in Rendlesham's Market Square

Many of our surrounding villages have long-established markets which local makers, growers and farmers sell their wares at to both locals and those that travel to the market. It's time Rendlesham joined in. Not only is it a fun, social event it is one of the goals of Rendlesham's *Climate Action Strategy* — to promote the benefits of shopping and eating local produce.

On September 11th we had our first stab at a local produce market in the Village Square. It seemed sensible to start small with just a few stalls, some produce, some crafts and good food.

The Rendlesham Shed were selling bird boxes to raise funds for their projects; *Paul Stevenson*, a local artist, had his fabulous new range of dinosaur cards for sale and *Simply Cakes* completely sold out of her cupcakes, brownies, sponges and cheesy twists in record time.

The Barstow Family raised money for Sam's trip to the World Scouting Jamboree selling homemade jams and honey, we were lucky that *The Guilt Free Soapery* could join us and make the Square smell fantastic.

Kat's Creations got their fabric crafts business off to a flying start, and *Aime K Studio* brightened up everyone's day with her beautiful work. Geoff from *Brimwood Farm* brought some of his farm produce along to share with

us and his organic double yolk eggs were a winner too!

And *Otis Breeding's* delicious Suffolk Sourdough toasties and drinks were a huge success and *Rendlesham Radio* joined us for some chilled tunes in the background as well as hosting two buskers, *Kirk Spall* and *Sam Hughes*.

Thankfully we enjoyed one of the final summery Sundays of 2022 and the event was even better attended than we hoped.

The community even managed to collect lots of litter too!

Why have a market in the first place?

Having a local market brings us together. Small local businesses get a much-needed spotlight to show their neighbours the best of what they do.

In turn, neighbours meet each other and we all experience the benefits of low carbon shopping. That may be food grown locally, or hand crafted products but all of them are without corporate mark-ups, faceless branding and unknown origins.

With a bit of hard work, some luck and a fair wind, a market in Rendlesham will be a regular feature of 2023.

If you would like to help, to sell at a market or have any ideas or suggestions please contact Vic Proctor at: vproctor.rpccllr@gmail.com

Cllr Victoria Proctor
RPC Vice Chair



The splendid diversity of low-carbon shopping available to Rendlesham. And there's more to come!

Helen Finlinson, get your skates on!

Running the London Marathon for Zest



Rendlesham resident **Helen Finlinson** works for *St Elizabeth Hospice* and she's putting her best feet forward to run the *London Marathon* on Sunday 2nd October to raise funds for ZEST — a palliative care service for young people with incurable, life limiting conditions such as muscular dystrophy or complex cerebral palsy.

"Before we developed Zest, there was no support for young people who'd survived

beyond the upper age limit for local children's hospices. That meant they faced losing support right when they needed it most, simply because they'd lived beyond their life expectancy.

"There are also newly diagnosed young people with a condition in early adulthood that needs a model of care that better meets their needs. Zest has been created to do that.

"Zest palliative care for young people helps them manage their conditions to boost their quality of life, and helps families live life to the full. We run social groups for young adults, family drop-ins and a parent support group, Zest days and short-break weekends for young adults to come to the hospice together (where we have fun as their families receive vital respite).

"The complex care needs of the young adults require intensive nursing care support. This comes at a cost, and Zest relies on charitable funding to make our service possible!

"I have a job I love and I'd still want to do it even if I

won the Lottery. I've met the most inspiring people, who motivate me daily to ensure Zest is always there for them.

"And it's an honour to help raise funds for them. I've run a half marathon before, but a last minute space came up for the *London Marathon*, which means I've trained during the hottest summer!

"But when I see what Zest families cope with everyday, I give myself a stern talking to face up to this marathon challenge — and I know that the memories of the Zest young people that are no longer with us (and the inspiration of all the families) will spur me on to do this.

"If you can support me to reach my £2K fundraising target, I would be hugely encouraged, humbled and very grateful..."



To HELP HELEN raise her Sponsorship money, visit stelizabethhospice.enthouse.com/pf/helen-finlinson

RUN THE MARATHON WITH HELEN, but all from the comfort of Rendlesham Social Club!

From 11am onwards on Sunday 2nd October, you can track her progress on the RSC big screen...

We're helping her raise her £2K target by:

EARLY BIRD BREAKFAST with Bacon/Veggie-Bkn Rolls, Tea & Coffee

Having a **CAKE SALE...**

RAFFLE (£1 a ticket) and **TOMBOLA** (£1 for 5 tickets) Prizes donated Seckford Golf Club, iSwim, Jimmy's Farm, Stokes Sauces, Cornerstone Estate Agents, Harvey & Co, Pooleys Removals — and Dapstar has even donated a free MOT!

GUESS HELEN'S TIME (50p a go)

DISCO MoJO will provide the mood music!

THE BAR OPENS 1PM

DO COME, non-members of Rendlesham Social Club are also very welcome to join us, the more the merrier!

Enjoy the fun & dig deep, it's for a great cause!

Pitstop Forest Explorers

For all 3 – 8 year olds

Pre-schoolers and home eds

Funded 3's welcome

Based at the Deben Community Farm

www.pitstop-oosc.co.uk

AND THE
Adventure
BEGINS

Consumer Corner

SCAM: Energy rebate emails

ACTION FRAUD is warning the public about a sharp rise in reports relating to fake emails purporting to be from *Ofgem*, the energy regulator for Great Britain.

The emails claim you are due a rebate payment as part of a “government scheme” and gives links for you to follow to apply for the rebate.

The links in the emails lead to malicious websites designed to steal personal and financial information.

Between 22nd August and 5th September 2022, a total of 1,567 phishing emails related to this scam were reported via the *Suspicious Email Reporting Service*.

All the emails display the email subject header “Claim your bill rebate now”.

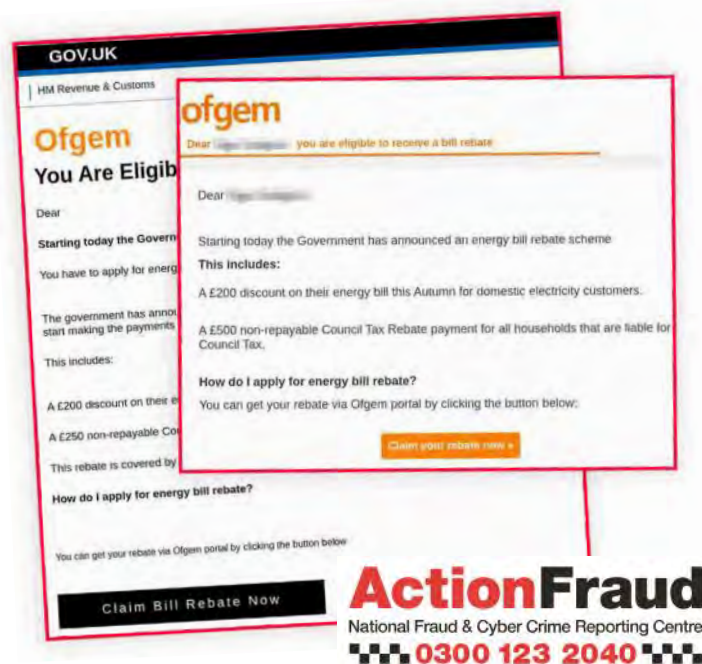
Offenders are using the *Ofgem* brand logo and colours to make the emails look as authentic as possible.

However, the emails ask recipients to “**apply for an energy bill rebate before September 2020**”, which is what prompted many recipients to realise the emails weren’t genuine.

How to protect yourself and others

If you have any doubts about a message, contact the organisation directly.

Don’t use the numbers or address in the message – use the details from the official *Ofgem* website.



REMEMBER, your bank (or any other official source) will never ask for personal information via email.

If you receive an email you’re not sure about, simply forward it to report@phishing.gov.uk.

You can also send Action Fraud emails that “feel” suspicious, even if you’re not certain they’re a scam — AF will check them for you

For advice on how to stay secure online, please visit: www.cyberaware.gov.uk

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anglianwater.co.uk/watercare

0800 011 3774

BSL anglianwater.co.uk/bsl



Scan here

Watching the Detectorists (they're so cute!)

Lucky find!

BBC4's acclaimed comedy *Detectorists* is returning for a one-off 75-minute special to bring viewers up to date with the lives of Andy, Lance, Becky and the fictitious *Danebury Metal Detecting Club*.

Due to air later this year, this special will bring fans of the cult series up to date on the lives of its characters, five years after the end of *Series 3*.

The last episode concluded with Andy (Mackenzie Crook) and Lance (Toby Jones) unearthing a stash of gold coins, having narrowly missed finding the hidden treasure trove twice before.

But the equally lucky find for Rendlesham resident and avid



Photo: Georgina Ballard

fan **Ralph Penny** (pictured above with Toby Jones) was when he and wife **Georgina** spotted the show's infamous yellow TR7 whilst out on

their bikes, and stumbled across the BBC film crew.

What are the chances of wearing your favourite DMDC t-shirt on a lazy

afternoon bike ride, and spotting one of your heroes?

As likely as finding the *Sutton Hoo* hoard in the first place...



GET TRAINED, HELP SAVE LIVES, BE THE DIFFERENCE

Your nearest defibrillators are:

Rendlesham Community Centre
Walnut Tree Avenue, IP12 2GG

or

Rendlesham Sports Pavilion
Jubilee Park, Mayhew Road, IP12 2GT

St John Ambulance

REMEMBER THIS, YOU COULD HELP SAVE A LIFE!

Always start CPR immediately — then use the defibrillator

If a trained first aider is not available, please follow the voice commands given when you turn on the defibrillator (paediatric pads may be needed)

Defibrillators can be used on any adult and on children over 1 year old

A defibrillator is safe. It will not allow a shock to be given unless the heart rhythm requires it

We recommend first aiders take our 3 hour defibrillator training to build skills and familiarity. Visit sja.org.uk/aed for more information

Your defibrillator automatically self-tests regularly to check it is ready for use. We recommend you inspect your device regularly to ensure the pads are in date and the battery hasn't expired. (If you need to replace your defibrillator pads or batteries, please visit sja.org.uk/shop)

EASE THE SQUEEZE **EASTSUFFOLK COUNCIL** **East Suffolk Community Partnerships**
Bringing ideas to life

MONEY ROADSHOWS

WORRIED ABOUT THE RISING COST OF LIVING?

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- Money saving tips
- Dealing with rising fuel costs
- Benefits advice
- Financial support
- Dealing with debt

Free refreshments depending on venue

FOR INFORMATION, INCLUDING PRACTICAL SUPPORT, FUNDING AND ADVICE, VISIT
WWW.EASTSUFFOLK.GOV.UK/SQUEEZE
OR CALL 0333 016 2000

Advice and support will be on offer from service providers and organisations ranging from locally based groups to those working across the district, county and further afield.

Have a confidential chat with a professional at the event or arrange to speak with them at a more convenient time.

Find out exactly what support is available for you and how to access it.

YOUR LOCAL MONEY ROADSHOW IS AT:
WOODBIDGE COMMUNITY HALL

DATE: 25th October **TIME: 10am-12noon**



**Need a great local venue?
Look no further...**

Rendlesham
COMMUNITY CENTRE

TO DISCUSS YOUR REQUIREMENTS
Call the Parish Council on
01394 420207 or email us at
admin@rendleshampc.org.uk

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★★★★★
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Under the spell of Suffolk's magical oaks...

THE MIGHTY OAK, once so plentiful we didn't think twice about chopping 'em up like matchwood and turning them into Henry VIII's English armada, or building our Suffolk long houses, our churches and cathedrals with them. But there's more to them than that...

The wisdom of the Oaks

Across Europe, the oak was the tallest and strongest tree in the forest. Perhaps that's why the oak is honoured and worshipped in so many ancient cultures. From the Greeks and Norse to the Druids and Slavs, many of the cultures of Europe's olden days have included the oak tree in their mythology.

Oak trees live for a long time. At 400 years young, they're considered "ancient". Our ancestors equated this longevity to wisdom and thus sought the advice of oak trees when making important decisions, one of the reasons Druids held gatherings in (sacred) oak groves.

It's also why ancient Slavs settled disputes under oak trees. They hoped the wisdom of the tree would resolve disputes fairly and without bloodshed(!), not unlike *Judge Rinder* perhaps...

But this practice wasn't just held across Europe. First American chiefs often had important meetings around a "Council Oak", an old and large oak tree.

So the importance of the oak tree to our lives was writ large, in every aspect of life, from the earliest of times.

Root and Branch

Like top basketball players, one reason oak trees were so revered was their height! The



A game of two halves. Is our Oak going to survive? We are looking at what can be done with Suffolk County Council

top branches (or so it was thought), extended up into heaven where the gods resided. The roots sank down into the underworld where some cultures thought their ancestors dwelt (that must have been cosy).

And the tree of choice for England's most legendary desperadoes? Robin and his Merry Men met at the *Major Oak* in Sherwood Forest.



Hot Prop-a-tree! Sherwood Forest's 'The Major Oak', not too proud to take a little help from its friends to keep on standing...

Look at it now. Between 800 and 1100 years old, weighing in at 23 tonnes (4 elephants), and 10 metres round the middle (that's 10 people standing in a circle arms outstretched).

At that size, you'd need help to keep your arms up too. But it's still going strong, so it proves we don't need



to give up on our own Rendlesham oaks yet.

Trees are struggling, cut down to make way for modern life, forests emptied in the name of progress (the polite word for profit).

Whilst trees are vital to our lives for building or heating, they are first and foremost sentient beings, the keepers of ancient knowledge — "libraries of light" if you like.

And if you're really sensitive, you'll feel their sadness too.

There's not much we can do for their loss so far, but we can turn that sadness into hope for their future.

Though we're a big county, Suffolk has only about 8% tree cover because of our open fields and agricultural focus — by comparison, Surrey has 30% tree cover and London has 20% — so whilst there's certainly scope for tree planting in Suffolk, there's also a need to take care of the trees we do have.



HEALING CEREMONY FOR THE RENDLESHAM OAK TREE

With my Tree Warden's hat on, I'm still looking into what we can do for the Oak on the corner of Acer & Sycamore... More news as I have it.

But such a proud and noble tree, at the heart of our community. I'm ain't giving up on it without a fight. Are you with me...?

If you are, let's meet at the tree at 10am on Tuesday 1st November to give it a hug, some sacred water and a whole lot of love...

The rest (at least for the time being) is up to the tree. So let's give it what it needs to grow, or assist it to shut itself down with ease and dignity.

It will be the tree's call...

Sarah-Jane Quick
Tree Warden

projects@rendleshampc.org.uk



Allonsfield House

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Good



Allonsfield House farm launch



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Come and view our new luxury suites



T: 01728 363 561 W: kingsleyhealthcare.co.uk/ah

Allonsfield House, Church Lane, Campsea Ashe, Woodbridge, Suffolk, IP13 0PX



Allonsfield House



Rating
carehome.co.uk



**Kingsley
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Part of the Kingsley Healthcare Group

Farewells that pack a Punch!

In the middle of August, in one of the hottest weekends on record, 30 of our 1RSG Scouts and Explorers (plus leaders) headed off to *Hallowtree Activity Centre* for an action packed five days of camping and activities.

There were over 40 daytime activities that the Scouts and Explorers could take part in, along with 800 scouts from all over Suffolk.

They ranged from more “traditional” scouting skills such as climbing, air rifle shooting, bushcraft and archery all the way to rope bridges, zip lines, bungee trampolining, tomahawk throwing, aqua-zorbing, circus skills and scuba diving. Off site activities such as clay pigeon shooting and a host of activities at

Waldringfield were also on offer.

In the evenings, there was cinema, karaoke and discos and a crate stacking competition were added to the available options, meaning that all the young people had the opportunity to do as many (or as few) activities as they wished.

Due to the weather one of the most popular things to do was to catch a minibus down to the River Deben and take part in the range of water activities, kayaking, canoeing, raft building, bell boating, powerboating and a giant sized 10 person mega stand-up paddleboard were all on offer — although jumping off the various craft seemed just as popular as staying aboard!

Thank You & Goodbye

Having moved from the village last year *Suffolk Punch* was the last 1RSG camp for me as I will be moving to a new group from September.

So I wanted to take the opportunity to say thank you to all the amazing young people who have been part of the group in the last nine years, their families for supporting us and the truly wonderful leaders — without whom the group simply would not exist, you are the best bunch of volunteers I have been fortunate enough to be able to spend time with. I am genuinely proud of how far the group has come in the 10 years since being formed and that I have been able to be a part of that story, the



1RS group has a really exciting future ahead of it.

Finally (if you got this far!), thanks to the Parish Council for the Parish Magazine and to everyone that has ever read one of my articles. It has been great to see them published, along with all the photos of camps, events and activities — and it has been especially nice to see the occasional photo find its way onto the cover, so thank you to everyone involved.

Russell McKee
Scout Leader



Arriving on Thursday afternoon, we set up camp in Water subcamp. The opening ceremony that night saw a fire entertainer give an amazing show for the delighted campers.

The closing ceremony was on Sunday evening, with a prizegiving ceremony (where we picked up the runners-up prize for crate stacking!) and a live band playing in the main tent.

On Monday we packed everything up, took the tents down and said goodbye to old friends and new, before leaving Suffolk Punch 2022.

We also sadly said goodbye to Russell, our Scout leader. Punch was his last camp with us, and a fantastic few days full of memories to take with him!

Russell, we wish you all the best and hope you won't be a stranger!

Clare Knott



WE CURRENTLY HAVE **20** YOUNG PEOPLE ON OUR WAITING LIST

| | |
|------------------|---------------|
| Beavers | (6-8 years) |
| Cubs | (8-10 years) |
| Scouts | (10-14 years) |
| Explorers | (14-18 years) |

We are always happy to hear from young people wishing to join, but we also need adult volunteers to help us meet the demand.

So are you keen to join, or to volunteer to run the group? Then get in touch with us at: info@rendleshamscouts.org.uk — or via Facebook.

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BCWM
BENTWATERS COLD WAR MUSEUM



Based in the United States Air Force hardened command post on the former Bentwaters airbase.

Displays of the history from 1943 to 1993.

Cold war jets and vehicles on show.

Plenty of car parking space and suitable for all ages, an ideal all weather visitor attraction, with a café and shop offering light refreshments and souvenirs.

Opening times 10.00 - 16.00

Easter until end October

Further information for the museum can be found at

www.bcwm.org.uk

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WHAT'S ON LOCALLY THIS MONTH?

BCWM opens its new café this October



The Bentwaters Cold War Museum has had a busy summer!

The volunteer staff have cleared up the compound where trees and undergrowth had grown since the base closed nearly 30 years ago, allowing for more room to exhibit aircraft.

And in August a very successful Anglo-American day was held with classic cars, military vehicles and guests from the *United States Airforce* at Mildenhall, who sent representatives from the *67th Special Operations Squadron* who were based at nearby RAF Woodbridge from 1970 to 1992.

It's their 70th anniversary this year and so a plaque was

unveiled in the new café to honour that achievement.

Grand opening of the new café/shop

And the new café/shop has taken shape and is planned to open in October. The old one was falling apart and was only a temporary solution that lasted longer than we thought possible!

The new building is a pair of 40 foot shipping containers welded together with windows and doors fitted and has been transformed into an *American Diner themed café* with the visitor reception and shop to one side.

Outside eating areas will be served from a purpose-built hatch and it will be possible to just drop by to enjoy a



cuppa and cake and not enter the museum if that's what you want.

Museum opening times in October

The museum itself is open in October on the first and third Sundays (2nd and 16th 10-4pm) before it closes for winter, so it's an opportunity for Rendlesham families to come and visit and enjoy your unique local tourist attraction... And, of course, kids are free too!

The staff took the opportunity this year to move exhibits around — here's the *Harrier* and *Hunter* out on the airfield taxiway in the sunshine.

Bentwaters is a significant feature of Rendlesham's history and as it is so well preserved and has a unique museum, it is something to be proud of. Nowhere else in Europe (or maybe USA) has such a museum on a modern base and original Command Post. So it certainly puts Rendlesham on the map!

Blaxhall October Art & Craft Fair 2022

Blaxhall Village Hall IP12 2DX

October 15th-16th,
10-5pm

Local artists and crafters are signed up and keen to share their sculptures, homeware, prints, textiles, jewellery, felt hats and so much more.

Lots of big names in art are exhibiting, including Derek Chambers, Ben Wardle, David Gillingwater and Susie Hammond, who will have originals and prints in the Art Exhibition Room.

There will be fabulous cakes and refreshments and tables to sit and take it all in.

We hope to provide a treasury of local arts and crafts for all to find and enjoy.

Susie Hammond says "it's a joy to bring such a beautiful creative bunch of folk together in one weekend to display and sell their wares. Blaxhall Village Hall is such a wonderful place to celebrate this event."

Lizzbuff says "Making and exploring new jewellery, knitting ideas and other creative projects keeps me joyful and sane(ish)!"

Do come and join us for this weekend of celebrating the efforts and creations of these artists and craftspeople amongst our communities.

Parking is free, as is entry to. Maps, photos from last year, and all the details you could possibly need are at:

facebook.com/BlaxhallOctoberArtandCraftFair



Church Services



| Date | Time | Place | Service | Officiant |
|-----------------------|------------------------|------------------|------------------|--------------------------|
| Sunday 2nd October | 9.30am | All Saints, Eyke | Harvest Festival | Rev Mandy |
| | 11.00am | Bromeswell | Family Worship | Greg & Charlotte |
| | 11.00am | St Felix | Holy Communion | Rev Mandy |
| Wednesday 5th October | 10.00am | St Felix | Holy Communion | Rev Mandy |
| Sunday 9th October | 9.30am | Bromeswell | Morning Praise | Stephen Nicholls |
| | 9.30am | St Gregory | Holy Communion | Rev Mandy |
| | 11.00am | St Felix | Harvest Festival | Rev Mandy |
| | 3.00pm | Wantisden | Harvest Festival | Rev Mandy |
| Sunday 16th October | 9.30am | Bromeswell | Holy Communion | Rev Kevan |
| | 9.30am | All Saints, Eyke | Morning Prayer | Rev Mandy |
| | 11.00am | St Felix | Prayer & Praise | Greg Gooch |
| Sunday 23rd October | 9.30am | St Gregory | Morning Prayer | Stephen Nicolls |
| | 11.00am | Bromeswell | Holy Communion | Rev Mandy |
| | 11.00am | St Felix | Holy Communion | Rev Kevan |
| Sunday 30th October | 10.30am for 11.00am | St Felix | Café Church | Rev Mandy/ Greg Gooch |



Photo: Richard Kevern

The Vicar's Voice



I am writing this piece, in readiness for this month's Magazine, a few hours after the death of *Our Sovereign Lady, Queen Elizabeth II*.

I make no excuses for the fact that I wept at this news. As for so many people, the Queen has been the only monarch I have known. At her coronation in 1953, she took on the commitment and obligation of duty.

There is not much I can say that has not already been said since the sad news came that our beloved Queen had died. It seemed such a shock around the world, as only two days before her death there had been photographs of an admittedly frail queen, but with her beaming smile, shaking hands with the newly elected Prime Minister.

But I would like to take this opportunity to pay tribute to a someone who, as for so many of you reading this, has been the only monarch I have known. At her coronation, she took on the commitment and obligation of duty. Through her reign, she has seen many changes, the years after the war and the end of rationing, the swinging 60s and the Beatles, the tragic disaster in Aberfan, the beginning and end of Concorde, the space age and a man walking on the moon,

the launch of Telstar, the troubles of Northern Ireland and the death of her "Uncle Dicky" Mountbatten by an IRA bomb, the death of Diana, the advent of the World Wide Web, social media and of course the recent Covid Pandemic and lockdown, during which she went reassures us all, "we will meet again".

On her 21st birthday, whilst on tour with her parents in Cape Town, she gave her most memorable and unforgettable speech,

Princess Elizabeth said those words which were, as she put it, made in her salad days, to come to fruition a few days ago. "I declare before you all, that my whole life, be it long or short, shall be devoted to your service."

And it certainly was devoted to the very end, her final duty which saw one Prime Minister out and welcomed a new one in. She was unstinting in her devotion to duty to the very end. Always with a smile and kind word. How many people have we heard during the last 48 hours who, having had the privilege of meeting her, as she visited factory, school or hospital, or perhaps at a garden party, said she had a way of making them feel special and that she was truly interested in them.

I have never met the Queen, but have been close to her on two occasions, once at a Buckingham Palace Garden Party, and once at Windsor Castle, during an evening when the *Band of the Coldstream Guards* were playing a concert for the Queen and Prince Philip. I was a few feet away from

her, I dressed in Mess Kit, and she carrying her obligatory handbag. There was a space between us. We looked at each. She smiled, and I gave a nod of the head. It is a happy memory.

Another line from her 21st birthday speech, the young princess asked God "to help her make good her vow".

Queen Elizabeth has never shied away from talking about her faith, her belief in God's grace and salvation. In her own words, she has said, "her faith, family and friendship" brought her strength and comfort. Notice that faith comes first.

During her many Christmas broadcasts, she talked of her faith, often quoting bible passages and stories.

Worship and attending church was an important and integral part of her life. Not just for the big ceremonial or state occasions, but quietly and reflectively such as in *Craithie Church* near Balmoral. She relied on her faith to see her through the good times and the bad.

The Princess during that same speech asked God "to bless all who were willing to share in that sense of duty."

I, like so many who have served in Her Majesty's Armed Forces, am proud to have served my Queen and Country through my time as Chaplain in the Army.

In one of her earliest speeches, The Queen said: "I cannot lead you into war, I do not make your laws, I do not administer justice, but I do give you my heart".

And she gave her heart for 70 glorious years.

Her marriage to Philip, Duke of Edinburgh, was also life-long and, as we know, he was her strength and mainstay.

I'd like to read you a poem. I have no idea who wrote it, but it has been going around on social media since Thursday, and I would like to share it here.

Philip came to me today,
and said "it's time to go".
I looked at him and smiled
as I whispered that "I know".

I then turned and looked
behind me, and saw I was
asleep, all my family were
around me, and I could
hear them weep.

I gently touched each
shoulder with Philip by my
side, then I turned away
and walked along with my
Angel guide.

Philip held my hand as he
led the way, to a world
where kings and queens
are monarchs every day

I was given a crown to
wear, or a halo known by
some, the difference is up
here they are worn by
everyone.

I felt a sense of peace, my
reign had seen it's end, 70
years I served my country
as the peoples friend.

Thank you for the years for
all your time and love, now
I am one of two again, in
His Palace up above.

To end this small tribute, I
use those immortal words
spoken at the *Platinum Jubilee*
just a few months ago by
Paddington Bear...

**"Thank you Ma'am,
for everything."**

Rev Mandy
xx

How does St Felix church garden grow?

When your garden's quite contrary, with a dedicated set of enthusiastic volunteers, that's how — who all came to tackle the somewhat overgrown, messy garden at the side of the church, all tooled up with secateurs, hoes, hedge trimmers and assorted tools.

Like the A-Team, they rolled up their sleeves and got to grips with the overgrown bushes, trees and pathways!

Paving stones were de-weeded and swept, weeds were pulled up and sent to the compost bin and a general tidy up was given — we even discovered a path we didn't know was there, as well as some decorative brickwork edging to a long-forgotten garden space.

We also had Rowan, our youngest volunteer, who did

a sterling job of picking up any litter lying around

Memorial Garden

An area was planned out for a dedicated space where people can come and place a plaque in memory to a loved one, surrounded by flowers and alpine. Watch this space for more information...

We would like to make the Church garden somewhere you can come and sit, reflect and enjoy the space, as well as be able to use the garden for more outdoor activities such as the BBQ and concert we held in August.

THANK YOU

A very big thank you to all who for their hard work, and got stuck in, even when the heavens opened.

And an equally big thank you goes to the lovely ladies who



kept everyone going with tea and coffee, and who prepared the sandwiches and rolls for our sustenance.

Ladies, you are the pretty maids all in a row — and worth your wait in gold!

Rev Mandy

WE'D LOVE YOU TO JOIN US

Maybe you have never been to church before?
Maybe you're new to the area?
If so, we would love to meet you...

We meet every Sunday, 10.30am at Rendlesham Primary School.

As well as our Sunday service, during the week we run groups for all ages, including youth clubs, womens groups, all age coffee mornings, and various social activities throughout the year.

If you would like to find out more please visit gracerendlesham.org

What's on in Woodbridge Library?



Woodbridge Library
01394 330855

Woodbridge Library
New Street, Woodbridge
IP12 1DT

Opening Hours

Mon: 10am - 4pm
Tue: 9am - 7.30pm
Wed: 9am - 5.30pm
Thu: 9am - 5.30pm
Fri: 9am - 7pm
Sat: 9am - 5pm
Sun: 10am - 4pm



ARTLIB FOR OCTOBER

A month-long exhibition of Gillian Chaplin's paintings and printmaking.

SUNDAYS

Book Group – 2nd October, 2pm-3.30pm

MONDAYS

Citizens Advice – Mondays, 10am-12pm

TUESDAYS

Volunteer Fair – 4th October, 10am-12pm

Meet local charities to find out more about volunteering in Woodbridge and the surrounding area.

Write Now Writing Group – 11th October, 2pm-4pm

Woodbridge Writers' Workshop – 11th October, 5.15pm-7.15pm

Lunchtime Folk/Americana Music with "TrickerLilley" – 18th October, 12.45pm-1.30pm

WEDNESDAYS

Open Space Wellbeing – 1.30pm-3.30pm

Writers Group – 5th & 19th October, 10am-12pm

THURSDAYS

An Evening with Local Poets – 6th October, 7.30pm

Join Derek Adams, Julia Duke and Alexandra Davis for an evening of poetry reading. Tickets are £6 for adults; £3 for student (and includes an interval drink).

Books, Banter and Biscuits – 13th October, 2pm-4pm

Discussing "*Apples Never Fall*" by Liane Moriarty.

Top Time Play Reading – 20th October, 2pm-4.30pm

Top Time Games Club – 27th October, 2pm-4pm

FRIDAYS

Knitting Group – Every Friday, 2pm-4pm

SATURDAYS

Woodbridge Area Gamers – 1st October, 1pm-5pm

FOR YOUNG FAMILIES

WEDNESDAYS, 10.30-10.50AM

Baby Bounce

WEDNESDAYS, 11.15-11.45AM

Tot Rock Rhyme & Rhythm

FRIDAYS, 9.30AM-10.15AM

Me, Myself and Baby (Stay & Play)

FRIDAYS, 10.30-11.00AM

Story Time

BOOK & DVD SALE

Browse the ex-stock books and DVDs for sale. Proceeds to Suffolk Libraries.

Adult Fiction:

30p each or 4 for £1

Non-Fiction:

Individually Priced

Junior Literature:

20p each

DVDs:

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(Box Sets £1 each)

ROOM HIRE & DISPLAY

Community/Charity/Private group hire – £12 per hour (min. booking of 2 hours)

Commercial or Statutory groups – £18 per hour (min. booking of 2 hours)

Display board – £10 per week

Staffed table display – £10 per half day

FRIENDS OF WOODBRIDGE LIBRARY



If you're enthusiastic about libraries, would enjoy helping to organise library events and are willing to help with our fundraising activities, please ask a member of staff for more details.

SUFFOLK LIBRARIES & CHARITY GOODIES

Show support for your local library with a Friends bookmark for £1 or "I'm a Borrower" tote bags for



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Sudoku Challenge

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | | | | 6 | | | | 4 |
| 5 | | 8 | | | | 2 | 1 | |
| | 7 | | | 4 | | | | 5 |
| | 1 | | 3 | | 4 | | | |
| | | | | 7 | | | | |
| | | | 5 | | 2 | | 9 | |
| 4 | | | | 8 | | | 7 | |
| | 8 | 5 | | | | 1 | | 9 |
| 2 | | | | 5 | | | | 8 |

In a SUDOKU, you fill in the grid so that every row, column and 3 x 3 box contains the digits 1 to 9. No maths are involved, you just solve it with reasoning and logic.

A Sudoku starts with a partially filled grid that you must solve following the rules above.

Complete the grid, and you've solved the Sudoku.

Depending on your skill and experience, a Sudoku typically takes 10 to 30 minutes to solve.

This puzzle is of MODERATE difficulty. Good luck!

Answers on Page 31



FixMyStreet

Report, view or discuss local problems

How can I report a local problem – like graffiti, fly tipping or broken paving slabs?

- (1) Enter a nearby UK postcode
- (2) Locate the problem on a map of the area
- (3) Enter details of the problem
- (4) FMS will notify the council on your behalf

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Discover Rendlesham

Rendlesham Care Centre is a purpose-built care home located in the heart of Suffolk in the village of Rendlesham.

We all want to have a plan to help look after our loved ones when they need extra support, but don't always know what's best. So we take time to get to know you and understand your individual needs to help you put these plans in place.

At Rendlesham Care Centre our fully trained care and nursing teams, chefs, hospitality and wellbeing teams all ensure that the time residents spend here is as rewarding for them as it is for us.

Whether residents join us in good health, looking to connect with new friends, or with specific care and nursing needs, each day is always shaped by their lifestyle preferences.

Wellbeing

We help residents to keep doing the things that make them feel like themselves. We give as much independence as possible, letting them choose how to live their life. So, if they prefer dinner in front of the TV, or even making their own bed, we'll make it happen.

A variety of activities, events and entertainment are on offer and we encourage residents to maintain links with outside interests, too.

Meals of outstanding choice and quality are available at any hour, freshly prepared by our head chefs to tempt all appetites and cater for any diet.

A place to call home

Our interiors are designed to feel like a home, not a care home. The lounges are perfect for socialising, complete with kitchen areas for making drinks. Explore quiet nooks with comfy armchairs and books on the shelves. To keep the mind sharp you'll find board games, cards and puzzles too.

With multiple lounges, activities room, Wi-Fi, and hairdressing salon, there's plenty to keep residents engaged and looking their best.

The landscaped gardens include seating areas and seasonal planting – a lovely spot for quiet reading or enjoyment of the outdoors.

Choice and independence

When it comes to individual bedrooms, we help our residents to put their unique stamp on their room and keep things just how they like them. All bedrooms are en-suite and have delightful furniture and furnishings.



Providing residential, nursing and dementia care on a permanent and short stay basis.

Our unique dementia care

Good care home design can have a positive impact on people living with dementia, giving them a sense of security and confidence. At Rendlesham Care Centre we combine outstanding care and dementia friendly design to help maintain a person's physical, cognitive and emotional wellbeing. And, as the only care home group with its own accredited City and Guilds dementia training, you can trust that we go further.

Finding the right care

If you're a little unsure of what type of care is needed, we're happy to help with the details. Contact us to find out more about our home or to book a virtual or in person tour today, call freephone 0808 223 5401 or visit caringhomes.org.



You'll be in good company at Rendlesham Care Centre

Book a short stay this autumn at Rendlesham Care Centre

Freephone

0808 223 5401

Suffolk Drive, Rendlesham, Suffolk IP12 2TP

Online

caringhomes.org



Rendlesham
CARING HOMES

What's been happening in Woodbridge?

WOODBIDGE TIDE MILL MUSEUM

WTMM has installed a micro-generator to demonstrate electricity generation from hydropower.

The purpose is to educate and provide activities around STEM themes for the many KS1 and KS2-3 students who visit the Mill.

The micro-generator takes its energy from the *Crown Wheel Lay Shaft* in the Mill. It is coupled to outputs such as phone chargers, a light bulb and a voltmeter for visitors to see the electricity generated. Key Stage 1, 2, and 3 students will have accompanying materials to explain the process, the

importance of sustainable energy sources and hands-on activities are planned such as simple circuit building.

Education Lead Heather

Sheehan said: "I am delighted we can use this generous grant to expand our educational offering. It is paramount we teach children about renewable energy sources and sustainability. These sessions will support teachers to do just that."

WTMM Trust Chair, John Carrington adds: "The Trustees have declared a *Climate Emergency* and stand alongside Woodbridge Town Council and East Suffolk Council to help build awareness of the importance of adopting sustainable energy sources. We are part



Photo: Simon Ballard

funded by the Coast & Heaths Area of Outstanding Natural Beauty *Amenity and Accessibility Fund* to whom the Trustees are most grateful.

"We hope this project will show visitors sustainable ways that energy can be generated and think about what changes they may be able to make to conserve the

natural surroundings, as well as consider how their lives can be enhanced."

John Carrington

01394 384695

chair@woodbridgetidemill.org.uk

Our Annual Exhibition was a success for WCC

Staged in the John Gibbins Gallery, at the *Longshed* on Woodbridge Waterfront, the Club's annual exhibition of members' work was a huge success once again.

With 68 prints and a slideshow of 74 digital images, we all enjoyed a presentation evening with *Justin Minns* choosing his favourite images.

Print Awards

The awards went to *Trevor Boyd* with 'Making Fire' and Runner up was *Chris Evans* with 'Scorn Illuminated' (both of which have been featured before in the Magazine).

Digital Image Awards

The Winner was *Christine Brown* with 'A Racing Start', featured here — with *Phillip Wade* and 'Cruising on a



Photo: Christine Brown

Sunny Afternoon' as a deserved runner up.

Our Exhibition was very well-received and we had 432 visitors over the three days the exhibition was open. (To review a slideshow of all

the entries, go to *YouTube* — and search for "Woodbridge Camera Club Exhibition Slideshow 2022".)



New members welcome

We are taking applications for new members now — details are on our web page.

Robin Garrod

www.woodbridgecameraclub.co.uk

Gardening with Thompson & Morgan

What to “sow and grow” this October

Photo: Thompson & Morgan

Crisp autumnal days bring changing colours, longer nights, and the occasional frost.

You may be harvesting fruit and veg, but you can also start planting borders and containers with spring flowering bulbs this month.



FLOWERS to sow & grow

Start hollyhock seeds undercover now. Pot up seedlings and over-winter in a cold frame.

Sow sweet peas and place them in the cold frame over winter for planting in spring.

Sow *Aquilegia vulgaris* in a cold frame ready to plant out next spring.

Oriental poppies can be sown into pots and placed in a cold frame over winter.

Sow Hellebore seeds in pots in a cold frame. (Germination can be slow, so be patient!)

DIRECT SOW OUTDOORS

There's still time to sow hardy annuals such as cornflowers, *Limnanthes douglasii* (the poached egg plant) or annual poppies, like and larkspur. They'll flower earlier next year if sown now.

Sow wildflower seeds direct to the ground to attract bees and butterflies next year.

PLANT OUTDOORS

Plant daffodil bulbs, allium bulbs and crocus bulbs for a glorious spring display. Dot them through borders, or to naturalise in grass.

Plant out any perennials & biennials you've grown from seed this year.

It's the ideal time to plant clematis. Try 'Kokonoe' for large purple double blooms in summer, or *Clematis armandii* for highly scented flowers in early spring.

HERBS/VEGETABLES to sow & grow

Remember to directly sow winter lettuce, like for early spring harvesting

Sow winter salad, and grow in greenhouses, cold frames

or cloches throughout the winter. 'Winter Gem' lettuce can be sown from September to January in an unheated greenhouse or cold frame.

Herbs like basil, dill, chives, and parsley can be sown now and grown on the windowsill throughout the winter.

Sow spring onions under cloches — they'll be ready to start harvesting in the spring.

Sow cauliflower 'All the Year Round' and keep the plants in a cold frame until spring.

DIRECT SOW OUTDOORS

Sow winter lettuce such as 'Arctic King' directly into the ground this month.

Winter-hardy pea 'Meteor' can be directly sown now for cropping next spring.

Direct sow green manures like 'Phacelia' and 'Crimson Clover' over empty beds and plots for a cheap and easy way to increase soil fertility.

Sow broad bean 'Aquadulce Claudia' outdoors for the earliest crops next year.

PLANT OUTDOORS

Plant autumn onion and shallot sets now for an early harvest next summer. Try 'Centurion' and 'Troy'.

Sow autumn garlic sets this month — try elephant garlic

for large bulbs that are perfect for roasting!

Plant out spring cabbages, like traditional 'Durham early' for harvesting in February onwards.

Plant out ornamental kale, such as 'Rainbow Candy Crush' for 'cut and come again' leaves over winter and into spring. The bright purple leaves bring colour to the winter veg patch!

Plant out winter lettuces.

FRUIT to sow & grow

Make sure you have acidic soil for blueberry plants to thrive and grow

Now's the perfect time to order strawberry runners to plant up a strawberry patch for cropping next year.

Plant blueberry plants. Make sure you have an acid soil or alternatively grow them in pots of ericaceous compost.

It's the ideal time to plant bare root fruit trees. Dwarf varieties for a balcony, or try larger rootstocks for starting an orchard — either way prepare to enjoy delicious fruit next year straight from your garden or allotment.



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The Wild Blackberry Cafe

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Transition Woodbridge

Are there any batty people out there?

ANY BATS OUT THERE?

Throughout the summer months, *Transition Woodbridge* has set up bat monitoring posts in gardens across Woodbridge and Melton.

Gardens in our *Wildlife Corridors project* have hosted the post with the bat monitor for two weeks.

Bats are a useful indicator of the biodiversity in our area. They roost in trees, hedges, buildings and underground and create corridors between them for feeding.

Amongst other things, bats eat insects like moths (which in turn feed on plants such as buddleia), so this gives an idea of our local moth populations too.

Check out:

www.bats.org.uk
for more information.

Bats and Bowlers

We're working with **Mark Bowler**, a bat expert at the *University of Suffolk*, to monitor bat types and activity across the area.

The recorders will be analysed by his students next year and the results available next Spring/Summer 2023.



Citizen Science

Our *Citizen Science* groups are starting to analyse wildlife patterns across the gardens in our scheme.

The more gardens taking part in our project, the better the picture from the data.

Get involved

If you'd like to add your garden to the project, sign up through our website at:

transitionwoodbridge.org.uk/local-wildlife-corridors/

And if you'd like to be part of the *Citizen Science* groups, get in touch.

We'll keep you posted...!



There are 18 species of bat in Britain and all are protected. They are worthy of our interest and respect.

They're the only mammals capable of controlled flight and their aerobatic skills have to be seen to be believed!

British bats eat insects and that's it. This makes them valuable allies to farmers and gardeners seeking to reduce insect numbers — as some insects damage crops and flowers.

For more information on **Transition Woodbridge** and its projects, visit:

transitionwoodbridge.org.uk

Or email them at:

hello@transitionwoodbridge.org.uk

FUN PALACE

A FUN PALACE (a mixture of environment, art and science activities) will be held in **Campsea Ashe Village Hall** on **Saturday 1st October, 2pm-5pm**.

It's a family thing, and the activities are **FREE**. Last year we built a huge bug hotel, made critters from wool & sugar paste and painted rocks...

Wonder what activities there will be this year? Come and join us and find out!

For more info email haywardkate25@gmail.com

Hair SANCTUARY

WE ARE HIRING

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Call Hair Sanctuary on 01394 420101
or email info@hair-sanctuary.co.uk

HAIR SANCTUARY | MARKET SQUARE, RENDLESHAM, IP12 2GG

Eastern Community **EA-CAT** Assistance Team

EA-CAT does what it says on the tin!

A community assistance team based in East Anglia. We help a lot of local charities with their events, including many local hospices – and we also assist local Councils in spells of bad weather.

EA-CAT needs people like you!

Visit our website to find out more about what we do and how to get involved!



www.ea-cat.org.uk

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Are you claiming Housing Benefit and/or Council Tax Support?

Have you or someone in your household had a change of circumstances?

You can report your changes over the phone, or online. It's quick and easy. Tell us now:

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- A change of employer
- An increase in hours worked
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on 0333 016 2000 or online at
www.angliarevenues.gov.uk



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Why volunteer with Rendlesham Radio?



Come and get involved with Rendlesham Radio

With summer drifting into autumn and the days getting shorter, we at *Rendlesham Radio* are snug indoors, planning loads of new shows and events to entertain and inform our local community.

And we are looking for new volunteers to help with our plans to expand the services provide for our village.

People of all ages and from a variety of different backgrounds can volunteer with *Rendlesham Radio*. There are lots of roles available, in addition to presenting and producing radio shows or helping with our existing projects — we want to work in partnership with other local groups to provide these services in Rendlesham.

Activities like befriending, helping at events, driving, fundraising, conservation activities, and supporting children and older people.

By giving your time you're helping us, and helping people and communities.

What turns that "donation" of time into an "investment" is that you get back far more than you give! So whatever



you want from volunteering, we have an opportunity that can help realise it.

Do you want to help out?

Want to learn new skills?
Are you keen to meet other people? Are you fired up to make a difference?

Volunteering can help you do all of that, and for that reason, alone volunteering can be one of the most rewarding investments you'll ever make.

Whether you have a little or lots of time to give there

should be something there for you.

Malcolm Clark, our station manager headed up a charity in Essex which has grown to become a major provider of services, food banks, housing & legal advice, vaccination centres, run by a staff team supported by volunteers of all ages.

Younger volunteers gain important life and work-related skills leading to employment. While older friends find a whole new purpose, putting their life long experience to work helping others.

Think local, act focal

An important part of *Rendlesham Radio's* plans is to run new and unique local events and attend more local events — arts & culture, environmental events, sporting or outdoor events.

The volunteering experience is for people who are interested in, or new to, community action.

To make a positive change in your community (even if you don't know where to get started yet), get in touch with Malcolm via:

info@rendleshamradio.com

Or use the contact form on our website — **rendleshamradio.com**



Rendlesham Radio broadcasts 24 hours a day, every day.

Listen online or via your smart speaker. An app will soon be available to make contact even easier. All our shows can be replayed any time — links are on our new website

www.rendleshamradio.com.



THE AGENCY UK
www.theagencyuk.com

How much is your
Rendlesham
home worth?

This year properties are selling for 6% more on average than they were this time last year.



Scan the QR code to see the value of your home!

I'm Tim Giles, and I have been helping people move home locally for the past two decades.

Although the market is boyant, many people are struggling to find their dream home, that's why I have recently launched my **'Home Finder Service'**.

So if you want to move home, but are struggling to find a home to move to, call me as I have the answer!

Tim Giles

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Mobile: 07977 218 786
tim.giles@theagencyuk.com

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With energy prices increasing, a number of grants are currently available via **Warm Homes Suffolk** to help those living in cold homes.

To find out if you are eligible, please visit
www.warmhomessuffolk.org
or call **03458 037 686**

Warm Homes Suffolk is funded by local Suffolk councils with the Department for Business, Energy & Industrial Strategy

Dancing the day away

£776 raised for Macmillan Cancer Support

Nic and Vic danced themselves dizzy!

On Saturday 3rd September Nicola Phillips and Victoria Shortley completed their

10 hour danceathon for Macmillan Cancer Support.

With a marquee set up in Rendlesham Square and lovely weather, they started

dancing from 9am all the way through to 7pm — with Harry Isaac Presley singing them out from 6pm for the last hour.



Pitstop Forest Explorers

FREE
Taster Sessions
28 September 9-11am
5, 12 & 19 October 9-11am
Deben Community Farm, IP12 1PP

Do you have a child aged 3-8 years old?
Do they love the great outdoors, exploring and being with nature?
For all pre-schoolers and home eds
Places limited to one taster session per child
To Book: email pitstop.enquiries@gmail.com
www.pitstop-oosc.co.uk

The girls are so grateful to everyone that sponsored them online or donated on the day, and they were able to raise £776 in total.

Victoria and Nicola both said: “We are so pleased with the amount we raised, it went beyond all our expectations, and we’re just so happy. It was a fun day and though some hours were tougher than others, we just wanted to do the charity proud — so we reminded ourselves what we were doing it for when we had any thoughts of flagging!”

Apparently, they’re getting their heads together for something else next year to raise more funds.

The girls would also like to thank Rendlesham Parish Council and Rendlesham Radio station for all the support received towards getting this fundraiser organised.



TOP: Victoria (L) and Nicola (R)

BELOW: Nicola and Victoria with Harry Isaac Presley

Pitstop Nursery

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Awe & Wonder
In Early Years’*



Diary Dates

Events in October

| | | |
|-------|----|--|
| Tues | 4 | Senior Youth Group, 6.45pm-9.15pm |
| Weds | 5 | Junior Youth Group, 6.30pm-8pm |
| Thurs | 6 | Over 60s Group, 10.30am-12.30pm Senior Youth Group, 6.45pm-9.15pm Bingo at Rendlesham Social Club, 7.45pm |
| Sun | 9 | Litter Pick Sunday Village Square, 10-3pm |
| Mon | 10 | RPC Planning Committee, 7.30pm |
| Tues | 11 | Senior Youth Group, 6.45pm-9.15pm |
| Weds | 12 | Junior Youth Group, 6.30pm-8pm |
| Thurs | 13 | Senior Youth Group, 6.45pm-9.15pm RPC Jubilee Park Committee, 7.30pm Bingo at Rendlesham Social Club, 7.45pm |

| | | |
|-------|----|---|
| Tues | 18 | Senior Youth Group, 6.45pm-9.15pm |
| Weds | 19 | Junior Youth Group, 6.30pm-8pm |
| Thurs | 20 | Over 60s Group, 10-12.30pm Senior Youth Group, 6.45pm-9.15pm RPC Finance & Asset Committee, 7.30pm Bingo at Rendlesham Social Club, 7.45pm |
| Mon | 24 | Half Term |
| Thurs | 27 | Bingo at Rendlesham Social Club, 7.45pm |

Coming in November

| | | |
|-----|---|----------------------------------|
| Sun | 6 | The Rendlesham Fireworks Display |
|-----|---|----------------------------------|

What's on in October?

BINGO Every Thursday from 7.30pm
FREE POOL FRIDAY 1st Friday of the Month

- Sat 1st **BAND NIGHT –**
Rude & Reckless
- Sun 2nd **HELEN FINLINSON –**
London Marathon (from 11am)
- Sat 16th **CHARITY NIGHT –**
John Finlinson & The Mavericks
- Sat 29th **HALLOWEEN PARTY –**
Fun / Play

Rendlesham Social Club
Community Centre, Walnut Tree Avenue

RENDLESHAM SOCIAL CLUB
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Thurs 7-10.30pm, Fri 7-11pm,
Sat 7-11pm and Sun 1-5pm



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DROP-IN ADVICE SESSIONS AT LOCAL LIBRARIES

WOODBIDGE

Woodbridge Library: Mondays 10am-12pm

WICKHAM MARKET

WM Resource Centre: Tuesdays 1.30pm-3.30pm

SAXMUNDHAM

Saxmundham Library: Wednesdays 10am-12pm

FRAMLINGHAM

Framlingham Library: Fridays 10am-12pm

**citizens
advice**

Useful Information



Wickham Market Medical Centre

Tel: 01728 747101

Rendlesham Surgery opening hours

| | |
|-----------|---------------|
| Monday | 15.30 - 18.00 |
| Tuesday | 08.30 - 12.00 |
| Wednesday | 15.30 - 18.00 |
| Thursday | 08.30 - 12.00 |
| Friday | 14.30 - 17.30 |

Acer Road Pharmacy opening hours

Tel: 01394 460548

| | |
|-----------|---------------|
| Monday | 08:30 - 18:00 |
| Tuesday | 08:30 - 17:30 |
| Wednesday | 08:30 - 18:00 |
| Thursday | 08:30 - 17:30 |
| Friday | 08:30 - 17:30 |

Rendlesham & District Over 60's

October Meetings:

Thursday 6th &
Thursday 20th October
10.30-12.30

Sudoku Challenge answer

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 2 | 3 | 1 | 6 | 5 | 7 | 8 | 4 |
| 5 | 4 | 8 | 9 | 3 | 7 | 2 | 1 | 6 |
| 1 | 7 | 6 | 2 | 4 | 8 | 9 | 3 | 5 |
| 8 | 1 | 2 | 3 | 9 | 4 | 6 | 5 | 7 |
| 3 | 5 | 9 | 8 | 7 | 6 | 4 | 2 | 1 |
| 7 | 6 | 4 | 5 | 1 | 2 | 8 | 9 | 3 |
| 4 | 3 | 1 | 6 | 8 | 9 | 5 | 7 | 2 |
| 6 | 8 | 5 | 7 | 2 | 3 | 1 | 4 | 9 |
| 2 | 9 | 7 | 4 | 5 | 1 | 3 | 6 | 8 |



Post Office, Costcutters opening hours

Monday/Friday 9am-5.30pm
Saturday 9am-12.30pm
Sunday Closed



The Roman Catholic Parish of Woodbridge and Framlingham

Parish Priest:
Fr Edmund Eggleston

Churches:

St Thomas of Canterbury,
Woodbridge

St Clare's, Framlingham

Mass times & contact details:
www.wfrcp.org.uk

Faith Baptist Church

Bromeswell, Woodbridge
Sunday mornings, 11am
Rev Frank Thompson
01394 420181



Citizens Advice East Suffolk

Open for advice by email,
phone or post on Mon, Tues,
Thurs and Fri from 10-2pm.

Call 01728 832193 or
Freephone 0808 278 7868.
supervisor@leistoncab.cabnet.org.uk to make contact.

Face-to-face appointments
can be pre-booked on 01728
642960 between 10am-4pm,
Mon-Fri.

Rendlesham Directory

| | |
|---|------------------------------|
| Wickham Market Medical Centre & Rendlesham Surgery | 01728 747101 |
| Acer Road Pharmacy 6 Acer Road, IP12 2GA | 01394 460548 |
| District Councillor Ray Herring | 01728 746337 07885 249218 |
| County Councillor Alexander Nicoll | 07922 586303 |
| Gas Emergency | 0800 111 999 |
| Woodbridge Safer Neighbourhood Team | 01473 613500 |
| Rendlesham Primary School Head: Debbie Thomas | 01394 462190 |
| Eyke CEVC Primary School Head: Lucy Fairweather | 01394 460328 |
| Rendlesham Parish Church Rev. Mandy Reynolds | 01394 420129 |
| Farlingaye High School Head: Dr Sievwright | 01394 385720 |
| Woodbridge Library | 01394 446510 |
| Parish Council Heather Heelis, Parish Clerk | 01394 420207 |
| Police (non-emergency) | 101 |
| Rendlesham Dental Practice | 01394 421500 |
| Rendlesham Day Nursery | 01394 420581 07917 854086 |
| Rendlesham Good Neighbour Scheme | 07486 551004 |
| Ryder-Davies & Partners Vets | 01394 420964 |
| Post Office (Costcutter) | 01394 461221 |
| Keep in Touch Rev. Mandy Reynolds | 01394 420129 |
| Grace Church Rendlesham Pastor Dave Rushbrook | 01394 809691 |
| Kesgrave Children's Centre | 01473 265833 |
| Rendlesham Community Centre Make your bookings via: admin@rendleshampc.org.uk | 01394 420207 |
| Rendlesham Care Home | 01394 461630 |
| Maharishi Peace Palace | 01394 421136 |
| Over 60s Club: Linda Barber | 01394 461094 |



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