



Rendlesham

PARISH MAGAZINE

**PREPARE FOR A
SWIFT RETURN**

**SAYING IT WITH
FLOWERS**

MOTHERSHIP NEWS

**OUR FRIENDS FROM
ACROSS THE POND**

**MAY MUSIC
MADNESS!**

SCOUTS NEWS



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May Magazine Deadline

Please send articles for submission to: admin@rendleshampc.org.uk by 15 April 2021. Rendlesham Parish Magazine will be available online and in hard copy format.

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Advertising rates

Table with 5 columns: Size, 1 month, 3 months, 6 months, Annual. Rows include Eighth Page, Quarter Page, Half Page, and Whole Page.

Community Copy Shop at the Parish Office

Table with 2 columns: Service, Charges. Rows include A4 b/w, A3 b/w, A4 colour, A3 colour, A4 card b/w, A4 card colour, Binding (A4 plastic/wire spiral, A4 no cover/back, A3 no cover/back), and Laminating (A4, A3).

triangle
A family run flower wholesalers offering a wide range of fresh, dried flowers & foliage, make your own kits & floral accessories. In-house floristry services available for collection or delivery inc. bouquets.

A colourful return to school!

Across the country, thousands of school children were getting ready to go back to school on Monday 8th March.

Realising that this would probably be quite a daunting time for the children, parents, teachers and school staff, Steff and Olly from 'Don't Pop Me Now' balloons decided to see if they could make the Back to School day more like a celebration, and approached Rendlesham Primary School with their idea.

Olly said "Mrs Thomas loved the idea of putting a huge balloon arch over the gate to welcome the children back to school, and asked if we would be willing to do a second arch as the children were coming in through two gates. We decided to do the arches in rainbow colours to match the rainbow in the school's logo".

Steff posted on the Rendlesham Community Facebook page to see if people would join in to make the Back to School day a happy one, and was pleased to see signs and decorations popping up all around the village, including a huge banner in the window of the Care Home.

Steff said "We have had so much support from the village since we set up our business during the first lockdown, and so it was lovely to be able to do something for the families here. We were overwhelmed to receive lovely messages from people thanking us for making their children's first day back more exciting."

Steff Evans



Photography by Steff Evans and Mike Stevenson



Parish Council News

2021 Parish Council Meetings

All Parish Council meetings are currently held via Zoom. Links and agendas are available on the RPC website.

Full Council	10 May, 5 July, 6 September, 1 November
Planning Committee	12 April, 12 July, 11 October
Jubilee Park Committee	8 April, 8 July, 14 October
Finance and Asset Committee	15 April, 15 July, 21 October
Youth Group Committee	7 April, 7 July, 6 October

Minutes of Meetings are available on the Parish Council web site: www.rendlesham.suffolk.gov.uk

NEXT PARISH COUNCIL MEETING

10 May 2021

By Zoom at 7.30pm

15 minute public session

By contacting Rendlesham Parish Council you agree your contact details may be held and processed for the purpose of correspondence and services we provide. We only keep information for as long as necessary. We do not share your information with third parties.



Thoughtless dog owners
We're watching you!

9 out of 10 dog owners clean up after their dogs. Are you the one who doesn't...?

FREE DOG BAGS from Rendlesham PC
Home Delivery service during Lockdown.
Ring **01394 420207**, we'll drop them off!



BAG THAT POO – ANY
RUBBISH BIN WILL DO



KEEP
BRITAIN
TIDY

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Rendlesham IP12 2GG
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E: admin@rendleshampc.org.uk

Office opening hours
The office is closed to the public until further notice due to Covid.



2021 Rendlesham Show cancelled

In line with Government guidance on preventing the further spread of coronavirus (COVID-19), Rendlesham Parish Council regret that the Rendlesham Show, due to be held in June, is cancelled.

The date for the 2022 Show is set for June 10th/11th.

We will be using the time to plan an even better 2022 Show!

Parish Councillors

Mike Stevenson: Chairman
Ex-officio on all Committee
SALC Rep

Martyn Redfern: Vice Chairman
Personnel Committee
Planning Committee
Youth Group Charity

Ali Gibbs
On sabbatical

Dave Moore
Finance & Asset Committee
Personnel Committee
Planning Committee
Youth Group Charity

Douglas Burness
Jubilee Park Committee
Personnel Committee

James Carter
Jubilee Park Committee
Personnel Committee
Planning Committee
SALC Rep

Malcolm Booth
Planning Committee

Peter Wyartt
Finance & Asset Committee
Jubilee Park Committee
Tree Warden

Steff Evans
Youth Group Charity

Victoria Proctor
Jubilee Park Committee
Planning Committee
Youth Group Charity

Parish Council update

At the Parish Council meeting last Monday we welcomed Steff Evans and Malcolm Booth to the Council... Steff has lived in Rendlesham for 7 years and loves the fantastic community spirit we have here. She has a lot of enthusiasm and energy to offer and, as a children's entertainer, has a relationship with lots of the families in the area and wants to help Rendlesham continue to thrive as a lovely place for families to live.

Malcolm retired at the end of June 2020 from the position of CEO for the National Federation of Occupational Pensioners (NFOP), which coincided with his move to Rendlesham with his wife. He has a wealth of experience and spare time, which he would like to put to good use to benefit his local community.

Rendlesham Skatepark

It's been quite an exciting month starting with a virtual meeting with some of the future users of the skatepark. There were some really good suggestions in the final changes to the skatepark design, as well as some great ideas coming forward - including changing the centre rail and instead, bowling out a section of the skatepark for a mini dish, which will create more flow. One of the features about the design is that it's great for all ages and abilities and will appeal to all riding groups; skaters, scooters and BMXers - and as Russ himself said after the meeting 'the suggestions were very helpful and will introduce a whole new range of skating opportunities', so well done everyone!

The design is also future proof as the features will grow with the riders and the elements contained within it are timeless, so whether you are just starting out or an expert this really will

be a skatepark for all, and the first of its kind in Suffolk.

So what's next... well Russ from Maverick is going to make the changes to the design before sending it back to us (we'll be putting it on FB and our website to make sure you have a final look) and whilst this is happening we'll be putting together the planning application ready to submit in about 4-6 weeks. We'll keep you all posted as things progress.

Quiet Lanes

One of the topics for discussion at the last full Council meeting was the matter of a Quiet Lane route from Rendlesham to Wickham Market.

So what is a Quiet Lane? Well, it's actually somewhere you can walk, cycle and ride in safety. Quiet Lanes are designated minor rural roads intended to pay special attention to the needs of walkers, cyclists, horse riders and the mobility impaired. They are designed to enable users to enjoy country lanes in greater safety and encourage car drivers to respect more vulnerable

road users. Local authorities are able to designate country lanes as 'Quiet Lanes' in rural areas, under the Transport Act 2000. And that's what Suffolk County Council are doing this year. A few years ago the Parish Council designed a route and put it forward for consideration and we've been successful in being one of the parishes to secure the funding to make it happen. We are just waiting for the final technical bits around signage to be approved by Suffolk County Council Highways then hopefully it'll be good to go.

Mother's Day Litter Pick

Another 19 bags of rubbish were collected on the litter pick this month. Thank you to all those litter heroes that turned out on Mother's Day, you've done another awesome job!

Heather Heelis

*See pages 10 - 11 for Mother's Day photos from Rendlesham Care Centre and Allonsfield House.

Below: 19 bags of rubbish collected on the monthly litter pick



Photography by Heather Heelis



MAVERICK



RENDLESHAM
SKATEPARK

TENDER CONCEPT

- 01. Wall 1200mm high
- 02. Quarterpipe 1200mm high (Q21)
- 03. Railer 1200mm high
- 04. Mini ramp 1200mm high
- 05. Spine 1200mm high (S11)
- 06. Jumpbox 1000 - 1200mm high
- 07. Railbank 1200mm high
- 08. Round flat 1200mm high
- 09. Quarterpipe 1200mm high (Q21)
- 10. Halfpipe 1200mm high (H11)
- 11. Railbank 1200mm high
- 12. Round flat with 1200mm high
- 13. Halfpipe 1200mm high (H11)
- 14. Quarterpipe 1200mm high (Q21)
- 15. Concrete Stone Link Path
- 16. 2 x Benches
- 17. 2 x Bins

PARK DIMS
8.5m x 40m

Prepare for a swift return

The countdown is almost over, only a few weeks to go! The moment is almost upon us and I've been waiting for it since the end of last August.



Above: Sickle-winged swifts take to the sky on annual migration.

The swifts are nearly back for their annual UK breeding season. Close your eyes, imagine sitting outside, favourite beverage in hand, watching their aerial acrobatics among the rooftops as they feed and frolic, hearing that synonymous with summer sound of swift screams.

Apus apus only spend a fleeting four months with us in the UK. Although I like to think they come 'home' every year, really it's a holiday, the rest of the time they spend in Central and Southern Africa following the rains and taking advantage of booms in insect populations. Our UK swift numbers are estimated at around 250,000 pairs. Once they pair, they stick together for life, which can be as long as 20 years.

The chicks born in the eaves of my house last year will hopefully return and this year find their mate, however it will take 4 years of prospecting and practising before they finally manage to nest successfully. This year and every year after that the pair manage to migrate, they will rear two or three chicks. While we sit and stare at their gyroscopic sky-dancing we can imagine how busy and frenetic they are in achieving this mission before the insect numbers drop and their journey home is forced to begin. The chicks that fledge the nest are almost indistinguishable from the adults, despite being only six weeks old they are ready to take on their mammoth migration back to Africa. Our summer holiday may only be just beginning in August but atmospheric changes mean they

know Autumn is on its way and as abruptly as they all appear, they're gone.

There are two facts about swifts that for me make them truly incredible. The first is that they only land to nest build and breed. They eat, drink, mate and sleep on the wing, the only time they ever use their tiny legs to stand on is in the nest. They commonly do not land at all in their first few years of life. You will never see them perched on a telephone wire or a fence like a swallow! The second super swift fact I love is that both the eggs and the young can go into a state of developmental pause without warmth or food from a parent if necessary to survive. If food is scarce or a period of bad weather comes in the parent birds can fly further away to find food and although fledging may be slightly delayed, the embryo or chick will survive. What little wonders!

Swifts weigh at the most 50 grams and have a wing span of 42-48 centimetres, they are a dark grey colour but often look black from below. They have been visiting our villages, towns and cities since the Roman times. Before that they would nest in caves and crevices in trees but since familiar looking buildings became more common their nesting behaviour has adapted. As well as knowing that the little black bird perched on a wire isn't a swift, if you see a nest you can also be assured it does not belong to a swift. They make their rudimentary nests in gaps, high up in buildings.

In Rendlesham you will usually find them in the eaves of your roof but they also favour church spires, under tiles and in ventilation spaces. So long as they have a direct flight path and they can drop from the sky in their dramatic fashion the young swifts will be banging with their wings and screaming into the access hole to case the joint.

You can often hear me talking about the importance of good insulation and efficient buildings to minimise energy wastage. Unfortunately this move to air tight, secure housing has meant that there are far fewer potential nest sites available. If there is nowhere suitable there can be no young that year and the year after when they return they will probably find their breeding area, where they themselves were born, has even less options for them. While we upgrade our houses, barns are demolished, old buildings are refurbished and the swifts are rapidly declining in number. Research shows that the swift population in South East England halved between 1994 and 2007 with a further third of the remaining birds lost between 2009 and 2016. They are now classified as an Endangered breeding bird.

The swift is an commensal bird, this means that it is closely associated with the activities and behaviour of humans. While this has been the root of the problem of declining numbers it can also be the genesis of the solution. Suffolk Bird Group and Suffolk Wildlife Trust have come together to coordinate this under the title *Save Our Suffolk Swifts (SOS Swifts)* as one of many local projects throughout the UK taking Action For Swifts. It is very easy for you to get involved too!

So what can you do?

Do you have a swift colony as summer neighbours?

Record it at www.suffolkbis.org.uk/SuffolkBRO. The recording of this information is crucial to monitoring population numbers and importantly if a Swift population is already identified in an area set for development, District and Borough Planning Officers are able to set a planning condition to include Swift bricks (specially designed brick inserts for new-build houses that mimic the nooks and crannies favoured by swifts) in the requirements for the new development and oblige architects and developers to include them in their designs.

Protect them When you come round to repairs, maintenance or upgrades to your roof, talk to the builders to ensure that space is left for the birds. Swifts are very neat nesters with little impact on us. Unlike house martins, there are no piles of droppings outside and their small nest of feathers and dried plant material is kept neat and tidy.

Make more space If you already have a colony returning every year, help it grow putting up nest boxes near to where they have been nesting. They should be 4-5 metres at least from the ground with a clear flight path, under eaves, up a tower, on a factory wall or any suitable space. Of course you can make your own, just investigate their specific design criteria, otherwise nest boxes are available from Suffolk Wildlife Trust for a suggested donation of £20. Playing the calls of swifts encourages returning pairs but also attracts adults that have lost their previous nests, first time breeding juveniles and birds from over crowded colonies. You should play their calls between 7 and 9 AM and PM via a Bluetooth speaker from a nearby windowsill.



Photograph courtesy of Suffolk Bird Group

- You can download the calls from www.swift-conservation.org for £3
- Portable kits are available for £26 by contacting swiftcallboxes@gmail.com
- Bespoke 240V systems from www.peakboxes.co.uk for £45

Do you want to become more involved in Swift conservation?

Map them When out and about if you are lucky enough to spot them flying or nesting you can submit this information via the app Swift Mapper, available on the App Store and Google Play.

Spread the word Once you've started Swift spotting you won't be able to stop! Point them out to your friends, especially if you see them near houses and buildings because a quiet word with someone could mean a whole new colony being created and a huge boost to their numbers.

Above: Nest boxes provide additional nesting opportunities as their traditional sites decrease.

The chicks that fledge the nest are almost indistinguishable from the adults, despite being only six weeks old they are ready to take on their mammoth migration back to Africa.

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Our UK swift numbers are estimated at around 250,000 pairs. Once they pair, they stick together for life, which can be as long as 20 years.

Photograph courtesy of Suffolk Bird Group



Celebrate the swift! I for one will be making sure I enjoy every second of their company this year because I've missed them so. Covid-19 regulations depending, shall we do this together? Other groups across the country have been having a 'Swift Walk and a Pint', taking the time to watch, admire, learn about and monitor their local populations followed by refreshments, now that's the way to spend a Summer evening! We've been offered the opportunity to hold our very own in Rendlesham with a talk from Eddie Bathgate from SOS Swifts and Suffolk Bird Group. The details for this will be publicised widely once confirmed.

From the time of reading this at the beginning of April we have a few weeks to prepare for one of the most joyous moments of the year. There is plenty of time to get a box or two up and sort out a way to play their calls and I'll hopefully see plenty of you on the first Rendlesham Swift Walk and a Pint!

Victoria Proctor

Above: Gracing us with their presence for just 4 months, this swift may not land again for a whole year.

Swifts only land to nest build and breed. They eat, drink, mate and sleep on the wing, the only time they ever use their tiny legs to stand on is in the nest.

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Consumer Corner

Did you know you can get additional support from our Water and Power providers for a variety of reasons?

Our regional water provider is **Anglian Water:**
www.anglianwater.co.uk
03457 919 155

They can provide additional support if:

- you're self-isolating due to Coronavirus (COVID-19)
- you're going through life changes e.g. medical treatment, divorce, job loss etc
- you need to use vital medical equipment e.g. dialysis
- you're an expectant mother, or have a baby under 12 months old - will contact you as a priority if your water supply is going to be interrupted, to give you time to prepare
- you're deaf or have a sight, hearing, or speech impairment - will send your bills in large print, Braille, or audio formats. Or send your bills to a friend or relative if that's easier for you
- you have restricted mobility or a disability - can offer to read your meter for you if you find this difficult. Once able to visit customers again, will wait to give you more to give you time to answer
- you have a serious or long-term illness - will look at the best ways to support you and give you priority support during any changes to your water supply
- you need mental health support - every year, one in four of us will experience a mental health problem. If that's you, Anglian Water want to help: you can phone, email, or live chat – they'll work out a way to support you
- you're caring for a loved one - can add you to nominee

scheme so you can manage your loved one's account for them. If they're also signed up to the Priority Services Register, the company can get in touch with you directly to let you know about any interruptions to the water supply.

- you want help managing your account - you can ask a carer, family member or friend to speak for you and allow them to manage your account. Advise who they are, and Anglian Water will make them your 'nominee'. That person can also sign you up for Anglian Water's Priority Services Register if you need help to do that.
- If you need a plan to help you pay your bills: contact their Extra Support team on 0800 169 3630

Our regional Power Supply Network is **UK Power Networks**
www.ukpowernetworks.co.uk
0800 029 4285 (this is the company that deals with the infrastructure, not the company you pay for your supply)
They maintain a Priority Services Register and can provide additional support if you:

- rely on medical equipment
- have refrigerated medicines
- have a serious or chronic illness
- have a disability or someone you care for is living with dementia
- are of pensionable age
- have children under five in your household
- need extra support for a short time period (e.g. If you are recovering from medical treatment).



Citizens Advice Leiston & Saxmundham

As the country comes out of lockdown (again!) we are expecting to see more changes for many people in our area with their employment and finances.

Citizens Advice Leiston Saxmundham and District works closely with organisations in the community. We are therefore aware of support available to people who have financial worries. So, for example, with schools now back, no doubt many children have grown out of their uniforms during this lockdown period. If you are struggling to get your secondary school children equipped, do get in contact as we may be able to help.

Citizens Advice also helps clients with a financial health check to review your income and outgoings. It means checking that you are receiving all the income you should be and that you aren't paying more for services you need - or even paying for services you don't need at all.

We continue to remain open but with no face to face meetings - you can reach us by phone, email or post.

How can we help you?

We're here to help. Whatever the problem.
For free and independent advice.
We remain open for advice by phone and email (Mon, Tues, Thurs and Fri – 10am-2pm).
Call us on 01728 832193 or Freephone 0800 278 7868.
Or email: supervisor@leistoncab.cabnet.org.uk to make contact.

Saying it with flowers? Mum's the word

Thank you so much for doing your village proud (and spick and span) on Mothering Sunday. No twig or leaf unturned, you collected an astounding 19 bags of litter (especially remarkable because you had all only turned out three weeks ago for the last litter pick).



Above: A veritable fountain of flowers to brighten up the residents' lounge at Rendlesham Care Centre



We really do appreciate your efforts – and hope all Mums left at home appreciated the flowers you gave them, as a token of your love, and the Parish Council's gratitude.

But Mums in care homes didn't get forgotten, nor did their staff, and the bunches that remained after the last stick and hoop were stacked away were gifted to Rendlesham Care Centre and Allonsfield House, to brighten

up a chilly March Sunday afternoon.

The staff at both homes gladly popped them into the residents' rooms, and onto their dining tables, to bring a little light and love to mealtimes. They might have had to work through really tough conditions with their residents in the last year, but you wouldn't know it from these pictures...

Left: Flowers always make people better, happier, more relaxed! They are sunshine, food and medicine for the soul. The staff at Rendlesham Care Centre say "thank you very much"!

Springclean for FORS

Friends of Rendlesham School

We are having a village-wide textile collection! Put your bags out after 5pm on **Wednesday 14th April**, we will pick them up – or take your bags to **Pooleys Removals**, Base Business Park, between 9-5pm before then.

We desperately want to keep our fundraising going to support the children, whose learning has been so interrupted this last year.

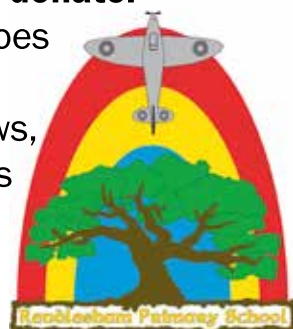
Your spare textiles can help us...

What you can donate:

- Clothing
- Shoes (in pairs, tied together please)
- Socks
- Pyjamas
- Bed linen (sheets, pillow cases)

What you can't donate:

- Damaged shoes or clothing
- Duvets, pillows, sleeping bags
- Underwear
- Electricals
- Toys



To everyone who has ever loved a Mum, been a Mum, lost a Mum, or is looking forward to being a Mum soon, we hope you all had a wonderful day, full of memories, breakfasts in bed, flowers, maybe even the odd chocolate or two – and let's hope we can all gather together again to celebrate you wonderful women in 2022...



Right, from top: Sylvia enjoying a laugh with Ang (Allonsfield's Cook)

Philomena recovering in her room after a bout of pneumonia. Nothing says "get well soon Mum" like a bunch of daffodils

Carolyne, (dining host) with resident Jan and Support Worker Maria - such a joyous, cheery colour (and such a wonderful menu!), both sure to stimulate even the weakest appetites



Below: Who needs the Cheltenham Gold Cup when Rendlesham Care Centre has one of its own?



Below: 13 ACROSS – Clue is Bright Yellow Flowers that brighten the Dining Room at RCC. Hmm, can you guess it? D*FF*ILS





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ON ZOOM, led by Rachel Parsons

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JOIN RACHEL ONLINE as she leads Rendlesham residents through:

Simple Songs

Mondays 7:30 – 8:00pm

Your first Session is FREE – After that, please make a small weekly donation (and pay-as-you-are-able).

Hymn Sing

Fridays 7:30 - 8:00pm,
with Rev. Mandy Reynolds

Suggested donation of £2.00
Proceeds to Rendlesham Church – via www.rendleshamchurch.org/give

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The Vicar's Voice

Dear friends,

Perhaps as you read this, the hot cross buns will have been eaten aplenty! (although it's easy to have them all year round now, I remember when it used to be only on Good Friday that they were eaten) and the Easter Eggs are now but chocolatey crumbs and screwed up foil wrappings.

At least this year, we have been able to celebrate Easter more traditionally than last, even if it has been with social distancing. But like Christmas, Easter doesn't end with a Bank Holiday.

Easter is a season which goes on all year round, because every Sunday is thought of as a Resurrection Day. Through Christ's resurrection, Christians believe life has triumphed over death, good over evil, hope over despair. The resurrection is a sign of God's great power. Nothing is too great for God to achieve, and this is comforting and encouraging for Christians in difficulty.

And that is what we celebrate each Sunday in our churches. We celebrate the joy of the

Easter story through our prayers and praises, and especially through music and the singing of hymns. Sadly, because of the pandemic, hymns have had to be put on hold, but we are all looking forward to the day we can lift our voices together in song and hymn.

Singing God's praise has taken place throughout the ages. The Book of Psalms, contained in the Bible, is generally believed to be the most widely read and most highly treasured of all the books in the Old Testament. It is a collection of beautiful poems, hymns, and prayers that express the feelings of faith for God's peoples, whether it be joy, fear, despair or hope.

The most famous and perhaps best known of the psalms is the 23rd psalm, which begins with the words 'The Lord is my Shepherd, I will not want', written by a young shepherd boy David, who slayed a giant and went on to become a great King. The pop group Boney M made a hit record of Psalm 137, 'By the rivers of Babylon' which tells of the yearnings of

the Jewish people during their Babylonian exile.

One of my favourite psalms is Psalm 100, 'Make a joyful noise unto the LORD, all ye lands. Serve the LORD with gladness: come before his presence with singing'.

It is one of shortest psalms and I always have to smile when we read it because, if you have

ever heard me singing, then you know it is just that - a noise!! But whether it's a joyful noise or not...well, that would have to be up to you to decide!!

Singing is good for the spirit and the soul - so, hopefully soon, we will all be able to make a joyful noise together.

With love and blessings,
Rev Mandy Xx

Easter Services 2021

Palm Sunday 28th March

9am	St Gregory's	Rev Mandy
11am	All Saints, Sutton	Rev Mandy
11am	St Felix	Rev Kevan

Maundy Thursday 1st April

7.30 - 10.30pm	St Felix - 'Stay Awake With Me' A 'dip in and out' reflective time with Jesus in the Garden	Rev Mandy
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Good Friday 2nd April

12 noon	All Saints, Eyke Stations of the Cross	Stephen Nicholls
6.30pm	St Gregory's - Taize	Janet Bishop (TBC)

Easter Eve 3rd April:

Lighting of the Paschal Candles (TBC)

Easter Sunday 4th April:

9am	All Saints Eyke	Rev Kevan
9am	Shottisham	Rev Mandy
11am	All Saints Sutton	Rev Judith
11am	St Felix	Rev Mandy



Information

Baptisms, marriages, funerals & pastoral needs:

Rev Mandy Reynolds
01394 420129
revmandy.rendlesham@yahoo.com

General enquiries:

info@rendleshamchurch.org

St Gregory the Great

Ashe Road,
Rendlesham
Woodbridge
IP12 2QY

Church Wardens:

Liz Morrison 01394 460582
Caroline Bunbury 01394 460235

St Felix of Dunwich

Walnut Tree Avenue
Rendlesham
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IP12 2GG

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Sudoku Challenge

					5		
	2		8		5	9	3
5			3		9		7
6		4					2
			2		4		
3					7		5
	6		1		8		9
4		9	6		7		3
		5					

In a Sudoku you fill in the grid so that every row, every column and every 3 x 3 box contains the digits 1 through 9. There is no maths involved. The grid has numbers but you don't have to perform any calculations. You just solve the Sudoku with reasoning and logic.

The Sudoku starts with a partially filled grid that you must solve following the rules above. If you complete the grid, you've solved the Sudoku. Depending on your skill and experience your solving time for a Sudoku will typically vary between 10 to 30 minutes.

Answers on Page 39

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Our friends from across the pond

For forty-two years the United States Air Force (USAF) occupied RAF Bentwaters and turned the Rendlesham area into a ‘Little America’ as several thousand service personnel and their families lived, worked and socialised there.

At the Bentwaters Cold War Museum we have researched many of the Americans who served at the base and some have become friends and supporters of the efforts of the museum to record the history of both RAF Bentwaters and the nearby RAF Woodbridge. In 1951, the USAF was in transition from the WWII era aircraft and military threats caused by the German and Japanese attempts to dominate the world to a new ‘Cold War’ - as Britain’s Prime Minister, Winston Churchill described the conflict between the western allies of the USA, Britain and Europe and the Soviet Union, China and it’s satellites in eastern Europe and the far east.

Many of the Americans arriving in the 1950’s to the quiet of Suffolk had already served in the conflicts of WWII and Korea where a war raged between North and South. They brought with them their experiences to help defend the skies over Britain and Western Europe.

A good example of the type of American who arrived in Rendlesham was Brigadier General Ben B. Cassiday 1922-2017.

Below: Republic P-47 Thunderbolt Fighter Bomber as flown by Brig. Gen Cassiday when commanding the 87th Fighter Squadron Photo: USAF



Brigadier General Ben B. Cassiday, 1922-2017



Commander of the 81st Fighter Group in 1953, Brigadier General Cassiday Photo: USAF

Commander of the 81st Fighter Group in 1953, Brig. Gen. Cassiday had an outstanding career in the USAF and he was one of the many senior officers who served at Bentwaters with distinction.

Born in Hawaii, a descendant of the first British settlers and a graduate of the famous US Army academy West Point in 1943, General Cassiday fought in France and Italy in WWII with the 79th Fighter Group and commanded the 87th Fighter Squadron, flying 116 missions with the P-47 Thunderbolt fighter.

In 1947 he was assigned to the 81st Fighter Group, initially continuing with the P-47, but then converting to the first US swept wing fighter, the F-86A Sabre, at Wheeler Air Force Base in Hawaii. A spell in 1950 was spent as an exchange pilot with the US Navy, in which he flew 43 missions in Korea in F-9F Panther jets from the aircraft carrier the USS Philippine Sea.

Back to the 81st in 1951 as group executive officer, General Cassiday was part of the formation that made the only Atlantic crossing in the F-86A to the UK in September and from December 1951 to April 1953 he was the 91st Fighter Interceptor Squadron commander. Rising to the rank of Colonel and Group Commander of the 81st, he then moved to the new US Air Force Academy in 1954 as Deputy Commandant of Cadets. He was back in the air in 1959 as deputy commander of the 78th Fighter Wing at Hamilton AFB California flying F-104 Starfighter and F-101 Voodoo air defence fighters, followed by desk jobs from 1961 to 1966. His final flying assignment was as commander of the 36th Tactical Fighter Wing at Bitburg Germany with the F-4D Phantom until April 1967. Promoted



Colonel (as he was) Cassiday at Bentwaters in 1953 “getting his bird” an informal ceremony where an aircraft is allocated to the wing commander by his ground crew. Photo Louis Schutzenberger via BCWM archives



F-86A Sabre fighter of the 91st Fighter Interceptor Squadron at RAF Bentwaters in 1952. The aircraft is undergoing checks to align the guns, a procedure carried out on the boresight range. Photo Louis Schutzenberger via BCWM archives



F-86A Sabre high over the East Anglian countryside on a perfect day. Note the 91st FIS Squadron badge, the blue band of the squadron colours on the nose indicating the photo was taken in 1953/54. Both Generals Cassidy and Gaddis flew this type at Bentwaters in the 1950’s. Photo Harry Eckes via BCWM archives

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Many of the Americans arriving in the 1950’s to the quiet of Suffolk had already served in the conflicts of WWII and Korea where a war raged between North and South. They brought with them their experiences to help defend the skies over Britain and Western Europe.

to Brigadier General he served as part of an aid mission for the US military to Turkey and then commandant of the Air Force Reserve Officer Training Corps until retirement in 1972. With over 4,500 flying hours and 290 combat hours, his military decorations included Silver Star, Legion of Merit with two oak leaf clusters, Distinguished Flying Cross, Soldier’s Medal with oak leaf cluster, Air Medal with seven oak leaf clusters and two Navy gold stars, Presidential Unit Citation Emblem with oak leaf cluster, Navy Unit Commendation Ribbon, Navy Outstanding Service Medal, British Distinguished Flying Cross (earnt whilst under RAF command in the Western Desert in WWII). He retired to his birthplace of Hawaii and passed away peacefully at the age of 95 in 2017.

General Cassiday gave a video interview when he was 92 which can be viewed at <http://video.flyingheritage.com/v/117048871/brigadier-general-benjamin-cassiday-jr.htm>

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Opening times 10.00 - 16.00
Easter until end October.

Further information for the museum can be found at www.bcwm.org.uk

Building 134, Bentwaters Parks, Rendlesham, Woodbridge, Suffolk IP12 2TW

Senior Master Sergeant Carl Anthony Koller, USAF (retired) 1912-1999



Senior Master Sergeant Carl Anthony Koller, 81st Air Base Squadron at his desk at RAF Bentwaters in 1953 with the window through which he kept a watch on airmen and the daily life of the base. Photo: via BCWM archives

A New Yorker, SMSgt Koller served at RAF Bentwaters from 1951 to 1954 and was part of the original cadre of personnel to arrive at the base to set up the facilities needed to operate a fighter wing. Before WWII SMSgt Koller had joined Pan American World Airways to work in the creation of the Clipper service of flying boats that crossed the Pacific Ocean, stopping at tiny islands and atolls and establishing a passenger service from San Francisco to Manila in the Philippines. After this adventure he put the skills learnt to good use joining the US Army Corps of Engineers involved in airfield construction, just in time for the beginning of WWII. He continued in this field and even ended up in Korea building airfields as the Cold War began with the Korean conflict. With the formation of the United States Air Force when it separated from the United States Army Air Force, the opportunity arose to transfer to the new organisation and a career in the USAF began at Larsen Air Force Base, Moses Lake in Washington State. Assigned to the 81st Air Base Group to organise the move to the UK he once said it was his job to get raw airmen trained up and organised so he could ‘lead his tribes out of Egypt (Moses Lake) to the Promised Land.’ And so it was in 1951 that the 81st gathered up its equipment and aircraft, and the men of the several support squadrons, together with their

HQ of the 81st Air Base Squadron and the Base Engineer’s office, RAF Bentwaters. Entering the door is work order clerk, Airman Joe Tufts - no doubt reporting to Sgt. Koller, who could watch everything going on and view every airman who was required to read the bulletin board on the door each day. Photo: USAF



supplies, and moved to England by their separate routes (train to the east coast, ships across the Atlantic and flying where possible) to arrive at the former World War II base of Bentwaters.

What he and his fellow service personnel found was a gaggle of Nissen huts, semi-circular corrugated iron shelters with wooden clapboard ends, all gathered around a gaunt black water tower. The typical war-time triangular “A” shape layout of three tarmac runways had become damaged from neglect and frost, the un-insulated huts had only rusting iron coal stoves for heating, and to many of the men used to a warmer climate in some parts of the USA, it was very, very cold.

Already promoted to First Sgt. he quickly set up his orderly room and began the task of arranging his unit into an operational force that included the civil engineers, the fire department, mess halls staff, sergeants’ and officers’ messes. Only one runway could be prepared in time for the arrival of the first aircraft and was patched up with minimum expenditure to receive the F-86 Sabres and their fighter pilots in September 1951.

Sgt Koller worked in Building 17 on the Technical Site at RAF Bentwaters and by 1953 had been promoted to a Master Sgt. in the 81st Air Base Squadron, where he would watch through the window to keep a careful eye on the airmen working under his command. Like many of his fellow countrymen he explored the local area and discovered both ‘fish and chips’ and ‘the pub’!

He met and married Grace, a Felixstowe lady, and soon afterwards moved to France to another assignment and more travel around the world - including a time in Thule, Greenland to work on the construction of the Ballistic Missile Early Warning System, so important to the Cold War strategic defence of the West.

He retired from the Air Force in 1969 and returned to Felixstowe where it was said ‘he went native’ and passed away in 1999.

Republic F-84F Thunderstreak of the 91st Fighter Bomber Squadron taking off from Bentwaters in 1954-55 with the help of rocket assistance (known as JATO – jet assisted take off). The aircraft was used for nuclear strike and with the added fuel necessary to reach the target in Eastern Europe and its heavier bomb load, it required increased thrust to take off - even with the extended runways of Bentwaters. General Gaddis flew this type whilst serving at Bentwaters. Photo: Harry Eckes via BCWM archives.



Brigadier General Norman C. Gaddis, 81st Wing Standardization Officer and pilot



Brigadier General Norman C. Gaddis 81st Wing Standardization Officer and pilot served at Bentwaters in 1954 Photo: USAF

Norman Carl Gaddis was born in 1923 and grew up through the Great Depression on a farm and suffered the hardships like many of their generation when there was no work and poverty was all too common. He was drafted along with his brother in 1942 after the USA entered WWII following the Japanese attack on Pearl Harbour in 1941. Serving as a mechanic in the United States Army Air Force repairing medium bombers, he soon moved into the aviation cadet programme and graduated in 1944 to fly fighters though the war ended before he saw active service and he was released back into civilian life to pursue a career in medicine. But with the Cold War ‘hotting up’ in 1949 he was called upon to join the newly created United States Air Force and was deployed to Germany to fly fighters in support of the Berlin Air Lift (the supply of food, fuel and materials to the western sector of the city to overcome the Soviet blockade). Promoted to 1st Lieutenant he was given the call sign ‘Snapper’ following a ‘snap-roll’ manoeuvre as he flew a P-47 fighter at 1500 feet and 300 mph across an airfield.

From 1952 to 1954 he was heavily involved in the early operations of jet fighters and nuclear weapons leading to his assignment to the 81st Fighter Interceptor Wing RAF Bentwaters as the Wing Standardization Officer. The role covered the evaluation of aircrew and to perform spot checks ensuring proficiency was maintained across the wing. Initially flying the F-86A Sabre interceptor and defence fighter, the wing converted to the F-84F Thunderstreak, a nuclear strike bomber. A mere eighteen months later Gaddis moved again to Germany and his career accelerated through a number of positions throughout the USAF involved in training and development of weapons systems, and by 1966 he was a full Colonel deployed to South East Asia and the Vietnam war.

As a senior officer he flew combat missions in South and North Vietnam and in 1967 he was sent to Da Nang Air Base in South Vietnam and Korat Air Base in Thailand to fly missions with the F-4 Phantom wing. On his 73rd combat mission he flew in an operation against a target in the southwest part of Hanoi, the capital of North Vietnam, where he was hit by a surface-to-air missile that exploded near the aircraft and pieces of metal debris were sucked into the left engine. The aircraft began to rotate end-over-end and Gaddis ejected with his co-pilot while the plane was upside down. He was captured immediately on landing, but his fellow airman was killed during the ejection or immediately after he landed.

The most senior officer at the time to be captured, he spent the next 6 years in captivity enduring interrogation, brutal torture, solitary confinement (for 1,004 consecutive days) and deprivations at the Hoa Lo Prison, known as the ‘Hanoi Hilton’.

After a brief interlude for convalescence, he returned to pick up his USAF career and held positions commanding training wings and staff posts in the Pentagon, retiring as a Brigadier General in 1976 having served 30 years with over 4,300 flying hours, and endured 2,124 days as a POW. His military decorations and awards include the Distinguished

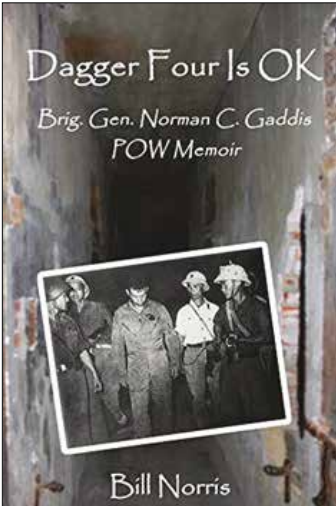
Service Medal, Silver Star with oak leaf cluster, Legion of Merit, Distinguished Flying Cross, Bronze Star Medal with oak leaf cluster and ‘V’ device, Air Medal with five oak leaf clusters, Air Force Commendation Medal, Army Commendation Medal, Purple Heart with oak leaf cluster, Air Force Outstanding Unit Award Ribbon, and the Republic of Vietnam Gallantry Cross with palm.

In retirement he joined his sons at their farm and travelled extensively giving talks and inspiring others to endure the challenges of life. He wrote a book about his experiences as a prisoner ‘Dagger Four is OK’ published in 2015 and still lives in North Carolina with his family.

You can watch a video on General Gaddis recounting his life and time in captivity at: www.youtube.com/watch?v=z9R4fdIrgwQ

These are just some of the stories that the museum has recorded about those who served at the base. In future issues of the magazine, I’ll share more of the stories of personnel and events that occurred in the 50 year history of the base. If you would like to know more of the history then consider joining the museum’s support group, the Bentwaters Aviation Society, which also provides volunteers to maintain and run the museum. If you would like to get involved and help at the museum then please contact us at info@bcwm.org.uk

Simon Gladas
Member of the Bentwaters Aviation Society and volunteer at the Bentwaters Cold war Museum



The book Brigadier General Norman Gaddis co-wrote about his experiences as a prisoner in Vietnam, ‘Dagger Four is OK’ published in 2015

If you would like to get involved and help at the museum then please contact us at info@bcwm.org.uk

HAVE YOUR SAY ■ ■ ■

“ Magazine Feedback

An improvement in every way, the content, the placement of the ads, the layout, the whole thing, everything is a wonderful improvement — it truly puts the village up there, so really really really well done!

NIGEL KARN
Garden Square

Thank You!



1st Rendlesham Scout Group

Return to face-to-face Scouting.

In line with government policy we are pleased to be able to restart face to face meetings with our Beavers, Cubs, Scouts and Explorers outdoors from 29th March and indoors from 12th April.

These meetings remain subject to strict risk assessments, remain socially distanced and with COVID security very much in mind.

Meetings will be limited to 15 young people at a time and as a result we have never had a greater need for additional adult volunteers.

Current roles we specifically need to fill include: Assistant Cub Leader, Assistant Explorer Leader, Group Committee Chairperson and Group Treasurer but all of our

sections are in need of some additional help from pretty much anyone that has any amount of time to spare.

If you are interested in getting involved with Scouting in Rendlesham please don't hesitate to contact our Assistant GSL, Keith Gleen, to find out more about how you can help via:
gsl@rendleshamscouts.org.uk or 07483 211922

Thank You Captain Tim

It is with great excitement but also a little sadness that we return to face-to-face Scouting without one of our founding leaders, Tim Barnard, who has decided that now is the right time for him to step down as Scout Leader for 1st Rendlesham.

Tim was one of the parents who back in 2012 attended a meeting at Rendlesham School about the idea of setting up a Scout Group in the village and stepped forward to help run the original Cub Pack and later the Scout Troop.

Without his tireless work over the last nine years we are confident the group would not be where it is today. Tim's experience with the Parachute Regiment, his work ethic and the skills and experiences he was able to share with our young people will be difficult to replace - and camps (when we are able to have them again) simply will not be the same.

Thank you Tim from everyone at 1RSG.



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Swarm Explorers

The Brain Tumour Charity:
Nell, Will and their fellow Explorers ended up walking over 623 miles in total, which if you were to set off from Rendlesham would take you to Golspie in the Scottish Highlands!

They have raised more than £10,000 across their two fundraising pages, received a personal thank you from the charity and are planning further fundraising adventures in the future.

Thank you to everyone who has donated to their amazing cause. If you haven't yet and would like to make a donation please visit:

<https://gofund.me/9ebf1bc1>

Or go to:

www.justgiving.com and search for andersfamily.

Russell McKee



Nell, Will and their fellow Explorers ended up walking over 623 miles in total - the equivalent of Rendlesham to Golspie in the Scottish Highlands!



Thank you to everyone who has donated to their amazing cause.



Woodbridge News



Woodbridge Art Club

Some of us at Woodbridge Art Club have found solace and appreciated extra time for Art over the last year, others have sorely missed out on the social and creative opportunities the Club provides, but we have all done our best to keep in touch and encourage each other throughout this difficult time.

Now, like many others, we're hopeful about meeting together face to face again – in accordance with Government guidelines of course! We are so looking forward to being able to open an Art Exhibition at our lovely waterfront Clubhouse and welcome you all once again! We're hopeful to have good news about this very soon!

In the meantime, I thought you might like to see these stunning pictures of two local scenes painted in the style of L S Lowry for one of our weekly painting challenges.

Find out what's happening at www.woodbridgeartclub.org.uk or on our Facebook page.
Rosie Evans

*Above, left: by Jean Maxwell
Left: by Andrew Wright*

Friends of Woodbridge Library

The Library is open!

Mid-way through February came the welcome news that the Library was open again. FOWL members should have received email notification of this. The only services available at present are well known to regular users. Reservations can be made by phone or online. The select and collect service is also running: you tell the librarians what you are interested in and they put together a bundle of books for you to collect. They will also try to make sure that the bundle does not include any book that you have already borrowed. Opening times for collections are: Tuesday - Saturday from 10am to 4pm. The Library is currently closed on Sunday and Monday. NB: Going to collect books from the Library is now deemed a valid reason for leaving home!

A new service will be launched from the Library. Called 'Devices to Your Door', it is a loan service aimed at customers without computing facilities at home. There is no launch date yet but it is coming soon.

Coming in April

Twenty-five years ago the Academy of American Poets introduced the idea of a National Poetry Month. The idea has since spread to many countries. Poetry readings have always been a popular component of the FOWL events programme and April will be our poetry month. We plan a couple of online readings by local favourites after Easter. Details of these free events - which poets will be reading and when and how to join the readings - will be in our April Newsletter. These events will help to pave the way for a return to a full FOWL programme later in the year.

FOWL purchases for the Library

In the February Newsletter we reported on the AGM and the healthy state of our finances. We also mentioned that, despite closures and lockdowns, the FOWL Management Committee has developed plans for improving Library facilities. It is good to be able to report that some new window blinds have now been installed in the children's library area. This is an important addition: the side windows of the Library are very large and, while they are therefore good for letting in light, they are also open to the sun during afternoons from late Spring to early Autumn. That area of the Library becomes very hot and bright and is not always comfortable for children and their parents to sit and read or engage in group activities.

The provision of mobile shelving in the adult fiction area has been warmly welcomed and has been really useful during FOWL events. The ability to move some shelving units to one side has meant that it has been possible to increase audience sizes. The Management Committee now plans to introduce mobile shelving into part of the children's area. Expenditure has been approved and the chosen company will install once they are able to return to work.

Another facility that has been a welcome addition has been the water cooler. It has been really well used - and has been particularly popular with students revising for exams! However it does require the handling and storage of quantities of large plastic bottles (both full and empty). Your Management Committee has investigated the purchase of a drinking fountain and hopes that it may be installed before long.

Contact points

Library: 01394 330855

E: woodbridge.library@suffolklibraries.co.uk

Friends email: friendsofwoodbridgelibrary@gmail.com

www.suffolklibraries.co.uk/branches/woodbridge-library

www.suffolklibraries.co.uk/about/member-organisations/friends-of-woodbridge-library-fowl

Reporting anti-social behaviour

If you are experiencing anti-social behaviour in the village please report it in the first instance to the police by phoning 101, ideally as it's occurring or as soon as possible afterwards.

The Parish Council would also welcome feedback on incidents of anti-social behaviour. Please send us date, time and as much detail of the incident as possible. Email: admin@rendleshampc.org.uk

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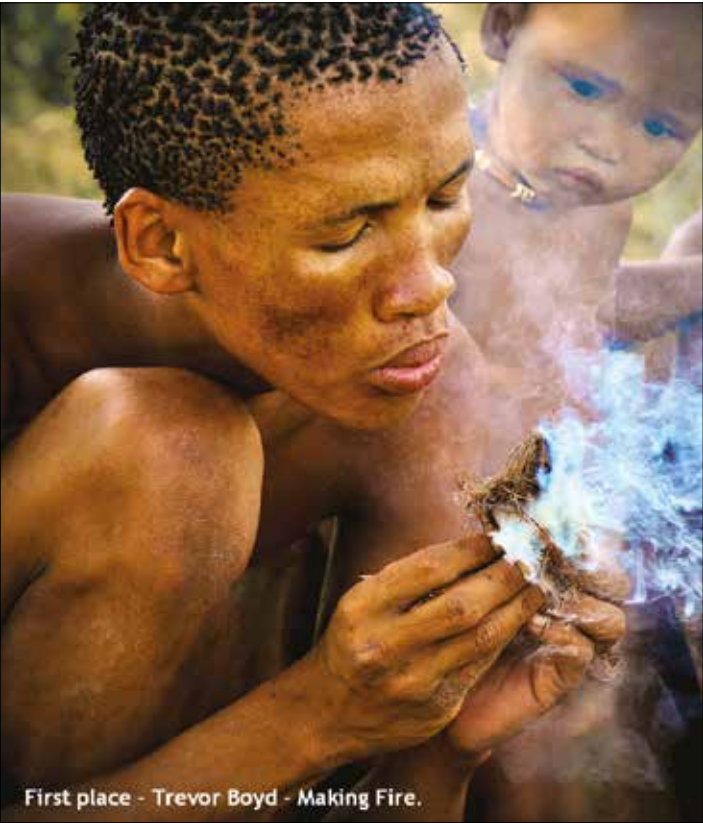
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First place - Trevor Boyd - Making Fire.

Woodbridge Camera Club Zoom Ahead

Members enjoyed our first Competition of 2021 on Tue 16th Feb. The Zoom competition had 57 entries from 20 members with 25 members participating via zoom. Judge Gerry Metcalfe from Cambridgeshire gave constructive critique of the images holding back the top 9 entries for his final deliberation. The winners were.....

1st Place - Trevor Boyd - Making Fire.

2nd Place - Barry Jones - Migration in motion.

3rd Place - Steve Stammers - Swallowing on a Rainy Day.

Thanks to Gerry for Judging and all members who entered.

To see all the entries, visit our website:
woodbridgecameraclub.co.uk

Our first zoom meeting in March was all about editing, 'I did it my way'.

Members participated by editing the same set of images to correct faults and express their own interpretation.

We had some innovative new images shared and members exchanged ideas and techniques.

We all look forward to our next speaker, Graham Dean - 'The Camera Never Lies' But Photographers do.



We're back...

Al fresco dining returns to Ufford Park from Monday 12th April and we cannot wait to welcome you all. We are lucky to be able to offer two large outside terraces, both with fantastic views across our 120 acres of parkland.

We will be serving from our NEW seasonal bar snack menu, as well as the return of our popular afternoon tea menu.

Eat locally, distance socially!

Family and dog-friendly - everyone welcome.

Opening hours may vary at this time.

Please visit our website for the latest information.

01394 383555 www.uffordpark.co.uk

Yarmouth Road | Woodbridge | Suffolk | IP12 1QW



Second place - Barry Jones - Migration in motion.



Third place - Steve Stammers - Swallowing on a Rainy Day.

Other news

An invitation from Tunstall Bowls Club

Lawn Bowls is the English version of a family of sports popular worldwide where the common thread is that several larger balls or biased bowls are rolled or thrown at a smaller target ball.

The sport takes a variety of forms - Bocce (Italian), Bolla (Saxon), Bolle (Danish), Boules or Petanque (French) and Ula Maika (Polynesian). The original English version of the game came about, like many games, on a lawn because it suited the English climate. In France and Italy, where hotter weather makes lawns a rare commodity, they play on gravel or dirt pitches. The other distinguishing features of English Bowls is that the balls are rolled rather than thrown and that they are slightly 'eccentric' and weighted which gives them a 'bias'.

The important and skillful aspect of Lawn Bowls is that bowls do not travel in a straight line.

Probably the most famous story in lawn bowls history is of Sir Frances Drake and the Spanish Armada. On July 18, 1588, Drake was involved in a game at Plymouth Hoe when he was notified that the Spanish Armada were approaching. His immortalised response was that "We still have time to finish the game and to thrash the Spaniards, too." He then proceeded to finish the match which he lost before embarking on the fight with the Armada - which he won. Whether this actually took place has been heavily debated. But it's a good story...

Are you ready to let the good times roll?

Bowls is a great sport for all ages, and you don't need doublet and hose to take part these days.

Lawn bowls isn't just for the retired, some of the most accomplished players in the country are under the age of 30.

Tunstall Bowls Club is practically on our doorstep. The club has existed since c.1923 - one of the oldest in our area and its centenary is fast approaching. It is situated just beyond Tunstall Community Hall, where there is ample car parking.

The club is open to everyone - whether you want to play competitively or socially.

TBC plays in the local Woodbridge league and also runs its own local competitions, inviting bowlers from other clubs from all over the county.

As with all other sports, Lawn Bowls was disrupted last year. However, from Monday 29th March TBC will be open and offering Covid-safe facilities for anyone who would like to participate, including wipes, sanitisers and full instructions on how to proceed safely when using equipment.

The only requirement is that you wear flat soft-soled shoes (so as not to damage the green).

The season begins on Saturday 10th April, from 10am.

This will be the first day that players can come and have a practice - and all are welcome, but if you're unable to attend, there are subsequent 'rollup' days which are usually Tuesdays and Saturdays.

Membership is only £35 for the year. You are invited to come and try at no cost; if you decide you like it then take the plunge and become a club member!

For more information contact:

Secretary Steve Karlsson-Waller (mobile 07561 827387) or Bob Cook, TBC Chairman (mobile 07717 168205).



Bowls is a great sport for all ages, and unlike Sir Francis Drake, you don't need doublet and hose to take part these days.

Announcing SKULDUGGERY in Stowmarket April 24th & 25th 2021

Stowmarket Library's Skulduggery team are excited to present a free online event and live interviews with two of the country's leading crime authors.

To register and pre-book your free place, log onto the Suffolk Libraries' website at www.suffolklibraries.co.uk/skulduggery

Join in on Saturday 24th as **Michael Jecks** - author of the Templar and Jack Blackjack series of historical mysteries - talks live online to our interviewer about the pull of historical plots and his writing life.

On Sunday 25th join in as **Simon Brett, OBE** - author of the Charles Paris, Mrs Pargeter, and the Fethering and Blotto & Twinks crime series - talks live online to our Skulduggery interviewer about his writing, characters and the secrets of cosy crime...





POLICE CONNECT

Keeping you informed, keeping your community safe



Left to right: Tim Woodward Regional Surveyor from the Country Land and Business Association (CLA), PCC Tim Passmore, Sgt Brian Calver from Suffolk Constabulary's Rural & Wildlife Crime Team and Charles Hesketh, Suffolk Country Adviser from the National Farmers Union

Hare coursing is a blood-sport where dogs are used to chase, catch and kill hares. It is illegal in the UK under the Hunting Act 2004

A warning to Hare Coursers

Suffolk Constabulary is demonstrating the potential consequences for offenders who are caught hare-coursing. The force is warning that strong action against those involved in this illegal activity will be taken, with one potential outcome that any vehicles used could be seized and crushed. Although the vehicle depicted wasn't used in a hare-coursing incident itself, it provides a clear example of the consequences if arrested and convicted of the crime. Anyone convicted of the offence can receive a fine of up to £5,000 by a magistrates' court. Hare coursing is a blood-sport where dogs are used to chase, catch and kill hares. It is illegal in the UK under the Hunting Act 2004, which makes it an offence to hunt wild mammals with dogs. Legislation also gives police the powers to seize and detain

vehicles until the court hearing. Powers to seize vehicles may also be granted under section 30 of the Game Act 1831. Hare coursers typically become active when large tracts of land are left without standing crops. During this period, offenders are known to travel to Suffolk from around the country to hunt hares with dogs. Reports of hare coursing have been increasing in recent years, although in Suffolk during the period 1 September 2019 to 31 March 2020, there were 139 incidents reported, while so far, since the start of September last year there have been 80 incidents.

Under the banner of 'Operation Galileo', forces from across the country work together, sharing information and intelligence on hare coursers planning to trespass on farmland. Sgt Brian Calver from the Suffolk Rural Crime and Wildlife Team said: 'Hare coursing is a huge issue for farmers and landowners with many people living in fear of these criminals. This illegal activity damages property, threatens people's incomes and subjects people to fear and intimidation. 'Many of those are very unpleasant with violent and unscrupulous backgrounds, many of whom have links to organised criminality. Significant sums of money can change hands in the form of illegal betting and gambling on the outcome. 'The crushed car in the photo, whilst not used in a hare coursing incident, does aim to demonstrate the consequences if you are caught and convicted of hare-coursing, so let this be a warning to those who commit this crime.'

Members of the public who witness hare coursing taking place are advised not to approach the participants but to phone police immediately on 999.

Signs to spot:

- 4x4 vehicles with dogs, particularly if they are being driven around fields.
- They may be seen driving slowly or parked on verges, field entrances. Sometimes they'll park up on the edge of fields - away from public rights of way - to try and avoid being seen.
- Estate cars could also be used or professionally sign written vans, so nothing should be discounted, if it looks out of place. Traditionally offenders walk in a line across a field with their dogs, to flush hares, before releasing the hounds.
- They will always use sight hounds, such as greyhounds, salukis and Lurcher types.

Police and Crime Commissioner Tim Passmore said: 'Suffolk is particularly vulnerable to hare-coursers due to our wonderful open spaces and population of brown hares, so it is very important to make it clear that this despicable behaviour will not be tolerated in our beautiful county. 'I am very proud that Suffolk Constabulary continues to invest in the team of dedicated rural and wildlife officers working in the Neighbourhood Partnership teams across the county. This team focuses on crimes such as livestock rustling, metal and oil thefts and wildlife crime and takes strong action against those involved in hare coursing. These dedicated rural crime officers also offer specialist advice to all other officers to ensure there is a good force-wide understanding of crime specific to our rural communities.'



POLICE CONNECT

Keeping you informed, keeping your community safe

NFU County Adviser Charles Hesketh said: 'Hare coursing is a serious problem in the countryside, which leaves farmers feeling isolated, desperate and powerless to stop coursers trespassing on their land. As well as the illegal killing of wildlife, coursers damage crops, hedges and gates and they are prepared to use violence and intimidation against farmers if challenged. 'Police in Suffolk are taking action and have had a number of successes recently in catching offenders, but we want the legislation strengthened to help them tackle hare coursing. This includes amendments to make it

easier for the police to seize dogs from coursers and for the courts to impose tougher penalties.' Country Land and Business Association Regional Surveyor Tim Woodward said: 'Those involved in this crime are hardened criminals who will not think twice about threatening and intimidating anyone who attempts to stop them from pursuing this illegal activity. Our members regularly tell us how they have had crops damaged and fences, gates and hedges vandalised as hare coursers gain access to fields. The animal welfare concerns of this activity are also extremely worrying.

'Strengthened legislation that would allow for tougher punishments for those caught hare coursing would help ensure there is a more effective deterrent to stop this criminal activity from taking place, which is currently widespread across the East of England.

Ways to report crimes to Suffolk Police
Via the Website:
www.suffolk.police.uk/contact-us/report-something
www.suffolk.police.uk/contact-us/existing-report-update
Via Crimestoppers:
0800 555 111, or via their online form: www.crimestoppers-uk.org
Via a Phonecall:
In the event of an emergency always call 999, or if an immediate police response is required.
But for non-urgent matters, try calling 101 instead.



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Rendlesham Day Nursery

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Secure Web Cams – watch your children play

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Open 51 weeks a year (closed Xmas to New Year)

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FOR MORE INFORMATION
CALL **01394 420581** OR EMAIL
info@rendleshamdaynursery.co.uk



REPORT YOUR CHANGES



Are you claiming Housing Benefit and/or Council Tax Support?

Have you or someone in your household had a change of circumstances?

You can report your changes over the phone, or online. It's quick and easy. Tell us now:

- If someone has moved in/out of your home
- A change of employer
- An increase in hours worked
- A change to childcare payments
- An increase in private pension
- An increase in savings

Report your changes by phone on **0333 016 2000** or online at www.angliarevenues.gov.uk



Grass cutting to promote biodiversity

East Suffolk Council (ESC) advised local Parish Councils of its intention to identify areas where a more conservation-based approach to grasscutting could promote biodiversity. This is an area ESC is keen to explore after declaring a climate emergency and drafting its environmental vision.

In essence, these conservation sites are where ESC left the grass to grow longer and planted wildflowers to help wildlife thrive. ESC has since seen an increase in wildflowers as well as insect and pollinator levels and was pleased with the positive response it received from residents and visitors. Indeed, some of the ESC “pardon the weeds – we are feeding the bees” signs even made their way onto social media! These conservation sites were cut back for winter and the signs removed but will be returning over the next couple of weeks.

So bolstered by the support, ESC has identified a further 60 “conservation” areas on top of the 40 identified last year where it will manage the land differently.

ESC estimates that approximately 35.5% of all open spaces where active land management is practised (including churchyards and cemeteries), has some element

of conservation grassland management taking place to benefit wildlife/biodiversity opportunities.

Furthermore, in addition to creating more ‘conservation areas’ ESC is also committed to reducing its herbicide spraying by 45% for council-owned open spaces and play areas to further encourage and protect local wildlife. As part of its commitment to biodiversity, more trials will now be carried out using foam control on unwanted weeds, especially on pavements, to reduce herbicide use further.

The conservation areas chosen to date have been selected on the basis that this change is likely to be uncontroversial for local residents, presents no safety issues, and that the space is at a scale that will provide an environmental benefit to wildlife.

A list of the newly identified areas includes churchyards and cemeteries the length of East Suffolk; the Castle Brook open space in Framlingham; the seafront slopes at Lowestoft; Hospital Green in Southwold; All Saints Wickham Market; Old Melton Churchyard; St Mary’s Ufford and the Yarmouth Road verges in Ufford; the space behind the swimming pool in Woodbridge.

East Suffolk Council is committed to promoting environmental sustainability and to ensuring responsible stewardship of our open spaces – because even the smallest of changes will have an impact over time.

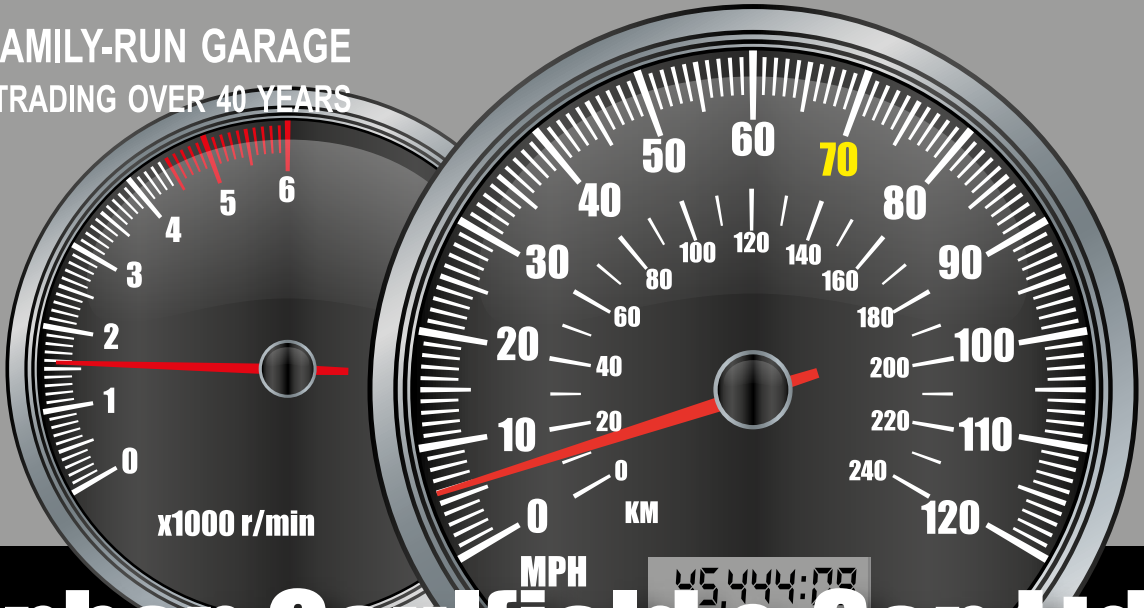
James Mallinder
Cabinet Member for The Environment
East Suffolk Council

If you have any questions or concerns about this policy, you can contact James via ESC Head of Operations, Kerry Blair on Kerry.Blair@east Suffolk Council

And if you are aware of any other areas of open space that could be included in ESC’s conservation approach to grass cutting next year, let them know. They’re keen to hear from the community.



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Deben Community Farm



We’ve been busy during lockdown getting ready to open our doors (or gates) once again on 18 April to welcome back our young volunteers and visitors. We’ve missed you all!

Welcome to ‘The Veg Plot’

One of our big projects this year is to get people involved in ‘The Veg Plot’, our new growing project in the new Community Garden.

Our aim is simple... to get people growing, whether you’re a newbie and never opened a packet of seeds, a beginner just wondering where to start or a green fingered expert, this project’s for you.

With two polytunnels and our new raised beds there’s going to be plenty to do!

We’ve even built a new wooden shelter (very kindly funded by Cllr Alexander Nicoll) which will harvest the rainwater for the raised beds. So let’s get growing this year!

Below: Our new wooden shelter, very kindly funded by Cllr Alexander Nicoll.

And while we are on the subject of growing here’s a quick list of things to do in your veg plot this month:

Stock up on peat-free compost as it’s time to get sowing!

Things to sow under glass:

- Beans (all types)
- Bell peppers
- Broccoli
- Sprouts
- Cauliflower
- Cabbage
- Herbs
- Courgette
- Leeks
- Melon
- Pumpkins
- Tomatoes

Direct in the ground:

- Beetroot
- Carrots
- Parsnips
- Turnips

Strawberry plants are spring into life this month so plant up the runners if you harvested them last year and make sure last year’s plants have some new compost mixed in if grown in pots.



Above: The amazing signs made by one of our volunteer families for our pigs!

Volunteering at the farm

From 18 April we’ll be taking on new volunteers at the farm, including Duke of Edinburgh placements (Bronze, Silver and Gold). If you’re interested come along on a Sunday 12-4pm... and bring wellies!

Just some of the jobs we do on a Sunday include grooming the ponies, collecting eggs, cleaning out hens, ducks, feeding the animals, mending fencing, gardening, and lots more. One of our volunteer families has made some amazing signs for our pigs!

The farm is free to visit and open to everyone. To find us, we are at the bottom of Saddlemakers Lane in Melton near Woodbridge, IP12 1PP. Parking is limited so if you can walk that would be great, otherwise there is parking just off the High Street and it’s a short walk up to the farm.

Looking forward to seeing you all on the 18th!

Deben Community Farm

E: debencommunityfarm@gmail.com

T: 07732 681125

GET TRAINED, HELP SAVE LIVES, BE THE DIFFERENCE

Your nearest defibrillators are:

Rendlesham Community Centre

Walnut Tree Avenue, IP12 2GG

or

Rendlesham Sports Pavilion

Jubilee Park, Mayhew Road, IP12 2GT

St John Ambulance

REMEMBER THIS, YOU COULD HELP SAVE A LIFE!

ALWAYS START CPR IMMEDIATELY, then use the defibrillator. If a trained first aider is not available, follow the voice commands given when you turn on the machine (paediatric pads may be needed). Defibrillators can be used on any adult or children over 1 year old. A defibrillator is safe. It will not allow a shock to be given unless the heart rhythm requires it.

Need a great local venue?

Look no further...

CALL US NOW to discuss your meeting or event requirement on 01394 460005 or 07599 998974 – or send us an email on rendlesham.comcentre@gmail.com

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~ DR. VASANT LAD

32

33

Rendlesham Community Radio

It's our first birthday!

On May 8, 2020, to celebrate VE Day and provide entertainment to the many stay-at-home street parties that were going on, we did our first official live broadcast.

Peter Osborne, who has been a regular presenter on RCR since, took to the presenter's chair and aired his 'Best of British' show which accompanied the Parish Council's Tour of Rendlesham with a giant poppy and accompanying cast of WW2 dressed characters to hand out flags along with a live broadcast of nostalgic wartime



themes. It was a scorchingly hot day and our small team walked around seven miles in total - the highlight being the smiles on the faces of Rendlesham care home residents who joined in with the dancing to Dame Vera Lynn and 'We'll Meet Again'.

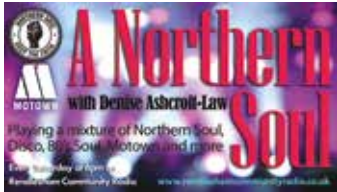
Since then, our popularity and schedule has grown - we now have listeners worldwide, including many US Veterans who lived in Rendlesham during their tour of duty at RAF Bentwaters, with whom we closely associate.

To celebrate our birthday we have joined forces with Radio

Mothership, who simulcast all their shows to us, as well as Team Audio, without whose generosity we would not be here.

Rendlesham Youth Group

Since our inception, the RCR studio has occupied the Youth Group space within the Community Centre as lockdown has forced closure of so many local amenity groups. However, we will soon be moving into our new 'fit-for-purpose' studio which a very exciting and welcome development in our progress.



MAY MUSIC MADNESS

52 HOURS OF NON-STOP LIVE BROADCASTING

5PM FRIDAY MAY 7 - 9PM SUNDAY MAY 9

RENDLESHAM COMMUNITY RADIO

Radio Mothership Mothership Studios

TEAM AUDIO

Moving forwards

One of the key factors in establishing a community radio station was that it could be a way not only to connect with the community during lockdown, but going forward, to offer opportunities to anyone who would like to have a go at presenting, producing or simply being involved behind the scenes. Working with Rendlesham Youth Group is part of that strategy.

To celebrate our first birthday, we are planning a marathon 52-hour live broadcast, commencing at 5pm, Friday, May 7, through to 9pm, Sunday 9 May.

All the usual live shows will be on and those that are normally pre-recorded to run through the night, will be live. We will have some very special one-offs to

add to the mix, and some of our week-day broadcasters will be doing additional shows.

Everything will be streamed to YouTube and whilst our live presenters are doing their best to keep it going, our roving reporters will be out with radio mics doing on-the-spot interviews and getting YOU involved in competitions as well as giving away a lot of freebies!

If that wasn't enough, we will have live music running throughout the weekend.

What's not to love?

Well, we will be asking you to dig deep - Rendlesham Youth Group are getting a swanky new look to the room we have been occupying but we want to add to that and help make it an even cooler place to hang out.

Look out for details!

Kesgrave, Caterpillar and Rendlesham Children's Centres

Rendlesham Children's Centre is part of the Suffolk Health & Children's Centre Service.

Our Surestart Centres are welcoming, friendly places where children and families can drop in and find support, help and information on a wide range of subjects.

Our wish as a team is to 'Help you grow safely' and ensure that in the area where you live every child has the chance to have the best start in life.

We offer a FREE programme of activities at all three centres. For more information, get in touch via our Facebook Page.

SEARCH FOR: Kesgrave, Caterpillar & Rendlesham Children's Centres


Suffolk County Council


Rendlesham Community Radio


Schedule

Monday	
9 - 10pm	Ambient Music World from Mothership Radio
Tuesday	
5 - 6pm	Uptown Transmission with Gary James
7 - 9 pm	Strange Days with Steve Boyce
9 - 4 am	Ambient Music World from Mothership Radio
Wednesday	
3 - 4pm	Old Friends with Malcolm Clark
5.30 - 8pm	Something for the Weekend catch-up with Leanda Hoyland-Linch
8 - 9pm	Life of a Pig Skin with Darren cook
9 - 4am	Ambient Music World from Mothership Radio
Thursday	
7 - 9pm	Izaak's Hours with Izaak de May
9 - 4am	Ambient Music World from Mothership Radio
Friday	
5 - 7pm	Weekend Starter with Steve Calver and Tom Couchman
7 - 9pm	Dance Sessions with Steve Calver
9 - 10pm	House in Town with Carl Sparrow and Steve Aldous
10 - 11pm	Tom Couchman DJ Sessions
11 - 1am	Girl in a Gale with Clarissa Vincent
Saturday	
8 - 10am	Saturday Morning Breakfast with Glenn Knights
10-12.30pm	Something for the Weekend with Leanda Hoyland-Linch
12.30pm	Rendlesham Roundup with Heather Heelis
3 - 4pm	Sporting Matters with Daniel Potter
4 - 5pm	Pop in with Phil Jackson
5 - 6pm	Coming Up Shortley with Victoria Shortley
6 - 7pm	A Northern Soul with Denise Ashcroft-Law
7 - 8pm	Beauclerk
8 - 9pm	House in Town with Carl Sparrow and Steve Aldous
9 - 10pm	Uptown Transmission with Gary James
10 - 11pm	Vintage Club with Julian Marsh
11 - 4am	Girl in a Gale with Clarissa Vincent
Sunday	
10 - 12pm	Wayne at the Weekend
12 - 2pm	Sunday Bimble with Peter Osborne and Patrick Lewis
2 - 3pm	The Eco Show with Victoria Proctor
3 - 4pm	Baby Boomers with Malcolm Clark
6 - 8pm	Chillout Collection with Tom Couchman
8 - 4am	Ambient Music World from Mothership Radio

Follow us!

 @rendleshamdj

 @rendleshamdj

 rendlesham_community_radio



The Eagle has landed!

On a very windy day in March, we took delivery of what will be the new home for Rendlesham Community Radio. High winds prevented the building being put into its permanent place straight away but in the words of Mike Stevenson, Parish Council Chairman, who oversaw the operation, "The eagle has landed!" The new building will be fully accessible, featuring a wheelchair ramp (as shown), two presenter's desks, a producer's desk and a dedicated live lounge area.

STAY CONNECTED...

www.rendleshamcommunityradio.co.uk

Just ask Alexa...

Friends and Sponsors

In addition to a highly committed team of volunteers, RCR are proud to be associated with the following organisations who very generously sponsor the project with financial support, equipment, streamed content, technical expertise and their valuable time!



www.rendleshamcommunityradio.co.uk

News from the Mothership

Hailing all frequencies!

The Lockdown saw the Mothership blasting off from Bentwaters on a voyage exploring brave new virtual music worlds with a crew made up of music makers!

Jan Pulsford, a music composer/producer and veteran of online streaming told us, "When the lockdown started I took some basic equipment from Mothership studios and set up at home in the 'Virus Free Zone' to broadcast a daily show of music and chat so that people could feel part of something. We expected it would be for three weeks but as time went on we realised we would have to do things very differently to keep music alive."

A year later and Radio Mothership now simulcasts many of their shows from across the virtual runway to Rendlesham Community Radio.

"It's great to be involved with a supportive community like Rendlesham. We do this because we love music. There's a lot happening online but musicians and the live entertainment industry still need a lot of support. Everyone lost most of their work last year, but music makes us stronger and brings us together."

Radio Mothership playlists expanded with local favourite Gary James from the bands Floormat Doormat and Slow Down Missy. Gary broadcasts Tuesday at 5PM and Saturday 9PM with the Vinyl show and Uptown Transmission.

Gary James has been resident in Woodbridge for 15 years. Aside from the two one-hour Uptown Transmission radio shows a week broadcast on Radio Mothership and Rendlesham Community Radio, Gary manages The Pavilion Cafe in Woodbridge for Access Community Trust. Creative steam is let off in the band Slow Down Missy and as one-man band and lockdown response, Floormat Doormat. Both can be found on Bandcamp.

Girl in a Gale plays live from Ellwood studio all day Friday and 9PM in the chat room which you will find at mothershipstudios.info – her two-hour Sunday techno brunches have become quite legendary and she has collected many followers with a unique style and tireless love of making new electronic music.

Thursday and Saturdays Phil Jackson pops in with stories and songs from his life touring with the legendary Rutles and as a singer-songwriter and Rock n Roll piano player and video maker. Always an interesting hour!

Every Saturday night we go back to the 90s with Julian Marsh and some Vintage Beats remixed from his studio in Madrid.

Merlyn Bruce lends his technical and creative expertise to live streaming shows and events on YouTube and Twitch. He co-hosts the Eclectic Sundays, Open Mics and CD launches and set up the virtual recording studio with a Zoom Room for mentoring and interviews.

Jan hand picks hours of ambient music to relax and unwind for the rest of the week. The positive calming effect of ambient music has been proven for mental health and well-being and is something Jan feels passionate about filling the airwaves with beautiful music, much written and performed by her (and do ask her about performances in virtual worlds sometime, complete with avatars and particles!)

Jan and Merlyn are now busy preparing for the return of live music in June 2021 with the Spirit of Place series at the Longshed in Woodbridge on selected Sundays from June 27th through November. 'We hope to really see you there!'

Radio Mothership



Mothership Studios

www.spiritofwoodbridge.com
Mothershipstudios.info
Radiomotherhip.com
Facebook: radiomotherhip

'It's great to be involved with a supportive community like Rendlesham. We do this because we love music'

ADVERTISE YOUR BUSINESS TO OVER 1500 LOCAL HOMES!



If you would like to advertise in the Rendlesham Parish Magazine, please contact: 01394 420207 or email: admin@rendleshampc.org.uk



FOXHALL RE-USE SHOP

Following government lockdown guidelines, the Foxhall re-use shop will temporarily close until further notice.

Foxhall Re-use Shop sells items which have been donated for re-use across Suffolk's Recycling Centres. This includes furniture, toys, bicycles, books, electrical items and more! We check and test all items will be in order to re-sell.

Why not pop in, and grab yourself a bargain?

The shop is operated by The Benjamin Foundation who work with young people, homeless and unemployed across Norfolk and Suffolk. They work in partnership with Suffolk County Council and the FCC Environment to run the shop. www.suffolkrecycling.org.uk/reduce-your-waste/foxhall-re-use-shop



Disability Advice Service – East Suffolk
Free independent disability advice
14 The Square, Martlesham Heath
Ipswich IP5 3SL

We give FREE independent advice to disabled people and carers living in the Suffolk Coastal area, which includes:

- * Welfare benefits and appeals representation
- * Appointments with Job Centres and medicals
- * Housing rights and adaptations
- * Accessible transport and leisure
- * Education and employment
- * Care and support

We're open Monday to Thursday, from 10am to 3pm.

We offer telephone and email advice, drop-ins, appointments and home visits – and we can sometimes accompany people attending Job Centre interviews and medical assessments.

We run advice surgeries in other parts of Suffolk Coastal as well – so if you can't come to us, we'll come to you!

PHONE: 01394 387070 FAX: 01394 387670
advice@daseastsuffolk.org.uk | www.daseastsuffolk.org.uk

Sudbourne & Tunstall Baptist Church

Sunday Morning Services

10:30 am

Sudbourne Baptist Chapel

COVID restrictions apply. Please contact Dave for if you would like to come

Online
Website: www.stbaptist.co.uk



Sudbourne & Tunstall Baptist Church



www.facebook.com/sudbournetunstallbaptist/

Pastor Dave Rushbrook:
pastor@stbaptist.co.uk / 01394 809691



SUDBOURNE & TUNSTALL
BAPTIST CHURCH

Useful Information



Rendlesham Surgery opening hours

Monday	15.30 - 18.30
Tuesday	08.40 - 12.00
Wednesday	15.30 - 18.30
Thursday	08.40 - 12.00
Friday	14.45 - 17.00

Acer Road Pharmacy opening hours

Tel 01394 460548

Monday	08.30 - 13.00 14.00 - 18.30
Tuesday	08.30 - 13.00 14.00 - 17.30
Wednesday	08.30 - 13.00 14.00 - 18.30
Thursday	08.30 - 13.00 14.00 - 17.30
Friday	08.30 - 13.00 14.00 - 17.30

Wickham Market Medical Centre

Tel 01728 747101


Sudoku Challenge answer

8	9	3	7	6	1	5	2	4
7	2	1	8	4	5	9	6	3
5	4	6	3	2	9	1	7	8
6	7	4	5	1	3	8	9	2
9	5	8	2	7	4	3	1	6
3	1	2	9	8	6	7	4	5
2	6	7	1	3	8	4	5	9
4	8	9	6	5	7	2	3	1
1	3	5	4	9	2	6	8	7

Rendlesham Women

No meetings until further notice

Contact Sue:
01394 421340



Post Office, Costcutters opening hours

Monday - Friday 9am - 5.30pm
Saturday 9am - 12.30pm
Sunday Closed



The Roman Catholic Parish of Woodbridge and Framlingham

Parish Priest:
Fr Edmund Eggleston


Churches:
St Thomas of Canterbury, Woodbridge
St Clare's, Framlingham

Mass times and contact details:
www.wfrcp.org.uk

Faith Baptist Church

Bromeswell, Woodbridge
www.fbcuk.org

Pastor Thompson
01394 420181



During the lockdown measures, Leiston & Saxmundham District Citizens Advice Bureau will continue to remain open to take calls (10 - 2pm Mon, Tues, Thurs, Fri on 01728 832193) and emails on: supervisor@leistoncab.cabnet.org.uk from clients in need.

We have funds available to help families affected by Covid who need support with energy bills or school uniforms for Secondary Schools.

Rendlesham Directory	
Wickham Market Medical Centre & Rendlesham Surgery	01728 747101
Acer Road Pharmacy 6 Acer Road, IP12 2GA	01394 460548
District Councillor Ray Herring	01728 746337 07885 249218
County Councillor Alexander Nicoll	07922 586303
Gas Emergency	0800 111 999
Woodbridge Safer Neighbourhood Team	01473 613500
Rendlesham Primary School Head: Mr Kevin Speirs	01394 462190
Eyke CEVC Primary School Head: Lucy Fairweather	01394 460328
Rendlesham Parish Church Revd. Mandy Reynolds	01394 420129
Farlingaye High School Head: Dr Sievwright	01394 385720
Woodbridge Library	01394 446510
Parish Council Mrs Heelis, Parish Clerk	01394 420207
Police (non-emergency)	101
Rendlesham Dental Practice	01394 421500
Rendlesham Day Nursery	01394 420581 07917 854086
Ryder-Davies & Partners Vets	01394 420964
Post Office (Cost Cutters)	01394 461221
Keep in Touch Revd. Mandy Reynolds	01394 420129
Sudbourne & Tunstall Baptist Church Revd Dave Rushbrook	01394 809691
Rendlesham Children's Centre Leader: Carolyn LeMay	01394 462191
Rendlesham Community Centre	01394 460005 07599 998974
Rendlesham Care Home	01394 461630
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Over 60s Club: Kay Thomas	01394 460458
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