



Rendlesham

MAGAZINE

THE DAY THE BIG CAT ROARED
RENDLESHAM REMEMBERS
LIGHT UP RENDLESHAM!



Rendlesham Magazine advertising rates

Size	1 month	3 months	6 months	Annual
Eighth Page	£13.00	£32.50	£52.00	£78.00
Quarter Page	£23.00	£57.50	£92.00	£138.00
Half Page	£42.50	£106.25	£170.00	£255.00
Whole Page	£78.50	£196.25	£314.00	£470.00

PLEASE NOTE!
Advertising rates will be increasing from 1st January, 2022.

Be part of something amazing! Planning for the Rendlesham Show 2022 is underway!
Come to our next meeting on Tuesday, February 1 at 7.30pm in Room 16 at the Community Centre. All welcome.

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January Magazine Deadline

Please send submissions to: admin@rendleshampc.org.uk by 5 December, 2021. Rendlesham Parish Magazine will be available online and in hard copy format.

Technical information is available at: www.rendleshampc.org.uk/magazine

Views expressed in the Rendlesham Parish Magazine are not necessarily those of the Parish Council or of other contributing groups. The publication of content in the Rendlesham Parish Magazine is at the sole discretion of the Parish Council. The Rendlesham Parish Magazine does not endorse the accuracy or reliability of any article or advertising within this publication.

DON'T MISS OUT ON THE LATEST NEWS AND EVENTS HAPPENING IN AND AROUND RENDLESHAM

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Rendlesham

MAGAZINE



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Dear Rendlesham Homeowner

with unrivalled market knowledge our clients achieve the very best market prices, if you are thinking of selling and would like a free market appraisal on your home call us now on 01394 470590

regards
Shane Marks

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Parish Council News

What would you spend £5,000 on....?

Every two years the Parish Council holds an event called Participatory Budgeting. This is where the public get to put forward suggestions on how to spend £5,000. The top five suggestions (those that receive the highest number) are the put to the public vote. To take part you need to be a resident of Rendlesham and aged 8 years or above or on the electoral register.

In this month's magazine you will find a suggestion slip. All you need to do is fill it in and return it to the Parish Office. Alternatively, you can email us your suggestion to admin@rendleshampc.org.uk with PB in the subject line.

The deadline for submitting your suggestions is 31 December 2021. The top five suggestions will be published in the February magazine and the big vote will take place on Saturday 12 March 2022.

Some of the previous winners were:

- Skatepark
- Landscaping
- Jubilee Park perimeter path
- Outdoor gym

What would you like to see in your village?



Planting Trees, and planting hope for the future

You may have heard of the Queen's Green Canopy (QGC) project happening all over the UK. An ambitious initiative to mark Her Majesty's Platinum Jubilee in 2022, the QGC encourages the planting of trees to create a legacy in honour of the Queen's leadership of the Nation, benefitting future generations.

We couldn't let such a momentous occasion pass Rendlesham by, so along with many other Platinum Jubilee celebrations next year, there will be 70 trees planted in Jubilee Park, one to mark each year of the Queen's reign.

So many of us are wondering is there anything I can do to help tackle Climate Change? As individuals, many positive actions are intangible (such as switching energy supplier or bank), so it can be frustrating not to be able to do more. But projects work best in the short and long term when they are community led. That is why the Queen's Green Canopy in Rendlesham will belong to you. Each one of the 70 trees will hold special significance to a person, family, collective or business — meaning that as a community, we can all care for them, protect them and be proud of them.

In this edition of the Magazine, you will find a form giving you the first opportunity to Sponsor a Tree. You can do this as an

individual or a group, with your funds including the tree itself, all it needs to be planted and protected and crucially, a plaque. The form has a place where you can let us know what you want the plaque to say, whether that is a dedication, your family or business name or something else (within reason!) Initially, there will be 40 trees available for personal sponsorship and 10 for businesses, who have a separate rate. This gives us room to be flexible — and for some trees to be sponsored by smaller amounts donated.

Would you like to Sponsor a Tree?

Please fill in the form in this issue and return it to the Parish Office, along with your choice of payment method. This could make a great Christmas present!

These trees will be an amazing start to our commitment to increase tree cover and enhance green spaces stated in Rendlesham's Climate Action Strategy. We all know the benefits of trees, including carbon dioxide sequestration and providing food or habitat to local wildlife. The majority of the trees will be located along the path, creating shade as well. What's good for the planet is good for us too! There will be two small clusters of trees as focal points where the path

bends and amongst the species to be found there will be apple, pear, nut trees and of course, oaks.

Projects like this bring a community together with a shared objective, positive outcomes for wellbeing and so many opportunities to learn. They will also bring us together for the actual planting over a weekend in February.

In all this, we will be supported by the brilliant team at Swann's Nursery to get the trees in the ground, staked, tied and guarded and the sponsor(s) of each tree will be invited to play a key role.

Rendlesham has a long-standing relationship with Swann's Nursery (where the trees will be sourced from) who have provided their expert advice and consultation. At the time of reading this you will probably be about to appreciate the gorgeous Christmas Tree that Swann's Nursery donate to the village, as they do each year!

This is an opportunity to be part of a tangible, long term, on-your-doorstep project that symbolises your love for where you live, a commitment to tackle climate change and honouring the reign of Her Majesty Queen Elizabeth II.

Vic Proctor

Take care of the trees, and they'll take care of you!

Trees are amazing. These complicated, wonderful lifeforms have been on our planet for thousands of years and they're integral to our survival. But how much do you really know about them?

1. There are more than 3 trillion trees on earth – that's 422 times as many trees as people! But at the beginning of human civilisation there were 6 trillion. We've destroyed around half the planet's trees by clearing land for agriculture, urban development and more.
2. Trees can 'talk' to each other and even share nutrients through the wood wide web, using special fungi on their roots called mycorrhiza. Trees in forests are connected in giant webs that allow them to communicate and share vital resources like water and even carbon.
3. There are around 60,000 species of trees in the world – and about 300 are critically endangered. More than half of all tree species only exist in a single country too, so it's vital that we protect them from threats like deforestation and disease.



4. A tree's leaves aren't naturally always green. A chemical called chlorophyll makes them green and during the autumn, less sunlight means less chlorophyll is produced. That's why leaves turn red, yellow, orange and even purple during colder months.
5. Trees release chemicals called phytoncides and research has shown that when we breathe them in it can reduce blood pressure, lower anxiety and even increase our pain threshold. Trees can make us happier, more relaxed and more creative.
6. As many as 5 billion trees are cut down every year for agriculture and some estimates put this figure as high as 15 billion. We need every tree we have for the sake of our planet's future.
7. A recent survey found that only 1% of families in Britain could identify our most common trees.
8. 2% of the UK's land is covered by 'ancient woodland,' meaning woodland that has existed since the 1600s in England and Wales (and since the 1750s in Scotland).
9. The UK's oldest tree is thought to be a yew in Scotland - estimated to be an incredible 3,000 years old.

Want to play your part in protecting our planet's trees? Share these facts now and let everyone know why you're a #ForceForNature.

The Tree Council 2021

By contacting Rendlesham Parish Council you agree your contact details may be held and processed for the purpose of correspondence and services we provide. We only keep information for as long as necessary. We do not share your information with third parties.

Community Copy Shop at the Parish Office		
Copying	B/W	Colour
A4	10p	20p
A3	20p	35p
A4 card	10p	20p
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A4 plastic/wire spiral, with cover and back		£2.50
A4 no cover/back		£1.50
A3 no cover/back		£1.50
Laminating		
A4		35p
A3		70p

2022 Parish Council Meetings

Youth Group Committee	5 January
Full Council	10 January
Jubilee Park Committee	13 January
Planning Committee	17 January
Finance and Asset Committee	20 January

Minutes of Meetings are available on the Parish Council web site: www.rendlesham.suffolk.gov.uk

NEXT PARISH COUNCIL MEETING
10 January at 7.30pm. 15 minute public session

Parish Councillors

Mike Stevenson: Chairman
Ex-officio on all Committees
SALC Rep

Martyn Redfern: Vice Chairman
Personnel Committee
Planning Committee
Youth Group Charity

James Carter
Jubilee Park Committee
Personnel Committee
Planning Committee
SALC Rep

Dave Moore
Finance & Asset Committee
Personnel Committee
Planning Committee
Youth Group Charity

Jubilee Park Committee

Douglas Burness
Jubilee Park Committee

Victoria Proctor
Jubilee Park Committee
Planning Committee
Youth Group Charity

Mike Parry
Finance & Asset Committee
Jubilee Park Committee
Planning Committee
SNT Representative

Peter Wyartt
Finance & Asset Committee
Jubilee Park Committee
Tree Warden

Ali Gibbs
Mark Stones

Parish Office

Rendlesham Community Centre
Walnut Tree Avenue,
Rendlesham IP12 2GG
T: 01394 420207
E: admin@rendleshampc.org.uk

OFFICE OPENING HOURS
Monday and Tuesday
12pm - 4pm
Thursday
10am - 2pm

Rendlesham Fireworks

Friday November 5th and Saturday November 6th saw the much-anticipated return of Rendlesham Fireworks. It didn't disappoint!



Photograph by Mike Stevenson

As the funfair rolled into Jubilee Park, the portaloos arrived, the picnic benches appeared and pitches were marked out, the excitement was palpable for an event that was sorely missed by Rendlesham residents last year. While the funfair and caterers warmed up on Friday evening, it became clear that Rendlesham was ready to forget the difficulties of the last few years and enjoy a wonderful weekend of fireworks, food and fun! Rendlesham Scouts worked their socks off both on days, providing their legendary BBQ, homemade cakes and sweet stall, making much needed profits for their fundraising. Our other caterers were rushed off their feet over both days including a late addition - Heather's Soup Kitchen!

The fireworks, provided by Fully Fused, were absolutely incredible and lit up the skies above a packed Jubilee Park for at least 15 minutes, the finale being met with a huge round of applause. As always, the event was free, with any voluntary donations going towards the cost of next year's event. The total amount collected in donations reached a staggering and record-breaking £2446! The event was supported by EA-CAT and Falcon Fire and Rescue were also in attendance as well as many volunteer Stewards. Rendlesham Parish Council would like to thank everyone who volunteered to help or supported the event in any way.



The total amount collected in donations reached a staggering and record-breaking £2446!



Roast sprouts with walnuts & pomegranates

Sprouts. The Devil’s own vegetable. Nasty little green bomblets of noxious aftergas! But perhaps you love ‘em and can’t wait for the official moment to enjoy these pellets of poison, but just want another way of cooking them? From ‘*Delicious*’ Magazine.



Well, you don’t need bacon to pep up the flavour of your Crimbo Sprouts, as this super simple, quick recipe proves, topped off with walnuts and pomegranate seeds.

Ingredients
800g trimmed and halved brussels sprouts
Vegetable oil
50g walnut halves
a handful of fresh sage leaves
2-3 tbsp pomegranate molasses
A handful of pomegranate seeds

Method
Heat the oven to 200°C/180°C fan/gas 6. Toss 800g trimmed and halved brussels sprouts with a glug of veg oil on a roasting tray, then roast for 10 minutes. Add 50g walnut halves and a handful of fresh sage leaves, toss to coat, then return to the oven for 5 minutes.

Nutrition
Calories 130kcal
Fat 7.1g Fat (1g Saturated)
Protein 4.7g
Carbohydrates 8.8g Carbs (6.2g Sugars)
Fibre 6.1g Fibre
Salt Trace Salt

Drizzle 2-3 tbsp pomegranate molasses over, shake the tin to coat everything, then tip onto a warmed serving plate or bowl and scatter over a handful of pomegranate seeds.

What’s on in December?

Bingo every Thursday, 7-10pm, plus...

Sat 11th	Children’s Xmas Party 4pm-6pm (Members only)
Sat 18th	Family Quiz Night £1 per person (max of 6 per team)
Sun 19th	Xmas Raffle & Country Road
Fri 31st	NY Eve (Members Only) £10 adults, £5 Children 5-16 Under 5’s Free

XMAS OPENING HOURS
Xmas Eve 7-10pm
Xmas Day 12-2pm
Boxing Day 12-2pm

RENDLESHAM SOCIAL CLUB
Rendlesham Social Club
Community Centre, Walnut Tree Avenue

2ND SUNDAY OF THE MONTH

Community Litter Pick

The family that picks together sticks together!

12 Dec

Next Pick

We ♥ Rendlesham

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Explore Rendlesham

It was a day of Remembrance, history and nature as 24 enthusiastic walkers, with litter picks in hand, started out on the Explore Rendlesham Historic Route, which took us out through Suffolk Drive, the old officers’ quarters (taking in some stunning Ink Cap toadstools on the way, past St Gregory’s Church where we remembered those that had fallen during the wars and of the American pilot who lost his life in 1993 when his plane crashed whilst on flying over Norfolk.

A minute’s silence was observed at 11am before continuing on and into the woodland to admire the mature oaks in all their autumnal colours before passing by Ivy Lodge and back to the community centre via Broom Belt and Whitmore Copse to a much welcomed

lunch of soup and bread, kindly prepared by Sarah-Jane who was holding the fort for the monthly litter pick in the village square. Our litter haul from the walk added to the growing pile of black bags waiting for us on our return.... Although we did admit defeat on retrieving the abandoned fridge in Ivy Lodge Road!



Below: R-Platoon getting ready to tread boldly where no residents have officially gone before, off on the Historic Rendlesham Footpath. (Taking in the sites and the country, and armed to do a bit of litter picking too).



Photography by Heather Heelis and Sarah-Jane Quick

Rendlesham Remembers

Have you seen the waterfall of scarlet poppies descending from the Oak tree next to the Community Centre and surrounding the silhouette of ‘Tommy’?

Below: Jane Bultz, Doreen Wyartt & Sarah-Jane Quick.



This stunning tribute was the brainchild of Parish Clerk, Heather Heelis whose armchair army of knitters and crocheters, lovingly created an incredible 719 poppies over several weeks.

The initiative gave rise to the formation of a dedicated group who met up to knit, crochet and chat. Even complete novices were welcomed and given instruction, wool and a pattern.

It was a heartening turnout and a very jolly afternoon shared by both experienced ninja knitters some new to the village, like Lynn Duffney - and complete novice no-marks in the form of Sarah-Jane Quick and Ben Lincoln.

Once all the poppies were collected, Heather painstakingly arranged them to form the display, as seen opposite.

As well as being a superb community effort and a fantastic tribute, the result is simply beautiful.

Many thanks to all those who helped create this extraordinary sea of woollen poppies:

Annie Whatling
Ben Lincoln
Brenda Fradd
Chris Blight
Doreen Wyartt
Heather Heelis
Jane Bultz
Janet Cook
Janet Cant (from Ipswich)
Jean Murray
Jenny Groom
Jenny Ingram

Jenny Roe
Kay Nash
Linda MacFarlane
Liz Morrison
Lynn Duffney
Mandi Cox-Osborne
Michelle Fairweather
Nienke Jordan
Sam Tye
Sarah-Jane Quick
Sue Hudson
Sue Lincoln
Val Edwards
Val Stannard
Wendy Nicholls

Thank you everyone for your selfless efforts! And we mustn't forget Heather, our indefatigable Clerk, who spent three nights on the trot tying all 719 poppies to the display.

If we have accidentally left your name off this list, apologies. No offence is intended, we were simply inundated by kind offers and bags of your amazing handiwork. Please let us know if we need to amend our list.

Mandi Cox-Osborne (Suffolk Community Fundraiser for the Royal British Legion Poppy Appeal) said: "An amazing tribute to the fallen and recognising the RBL's 100th year. Every stitch, every Poppy created by crafters gifting their time and either using their own materials or the kind donations from Rendlesham Parish Council - thank you to everyone involved. I also loved the Poppy 'rocks' that stood proud in the hedge line opposite Costcutters' car park."

As well as being a superb community effort and a fantastic tribute, the result is simply beautiful.

Below: The waterfall of poppies, knitted by members of the community to commemorate the 100th anniversary of the Royal British Legion.



Above: Lynn Duffney & Janet Cook

Right: Mandi Cox-Osborne (Suffolk Community Fundraiser for the Royal British Legion Poppy Appeal)

Below: Heather Heelis, our indefatigable Clerk, who spent three nights on the trot tying all 719 poppies to the display.





Aldeburgh Music Club Choir
Tom Appleton, Conductor

HALLELUJAH!
Highlights from Handel's Messiah and Christmas Music

Prometheus Quartet
with William Saunders, Organ
Charles MacDougall, Tenor

Saturday 11th December, 5pm
at St Bartholomew's Church, Orford

Tickets: £15.00 (£7.50 for Under 18s)
Snape Maltings Box Office: 01728 687110

Consumer Corner

As our email accounts continue to be hacked on a daily basis, Suffolk Trading Standards have some advice.



With so many of us spending time online, it's more important than ever we protect our accounts.

Create stronger passwords with three random words. Find out how you can stay Cyber Aware at www.ncsc.gov.uk/cyberaware/home

If a hacker gets into your email, they could:

- reset your other account passwords
- access information you have saved about yourself or your business

Your email password should be strong and different to all your other passwords. This will make it harder to crack or guess.

Using 3 random words is a good way to create a strong, unique password that you will remember.

You should also protect your other important accounts, such as banking or social media.

Using 3 random words is a good way to create a strong, unique password that you will remember.



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Fun Christmas Facts

'Jingle Bells' was the first song played in space.

So you're the first crew in space, floating amongst the stars. What tune do you put on the juke box? Well, the crew of NASA's Gemini 6A space flight got into the Christmas spirit and made history when they played 'Jingle Bells' on 16 December 1965, earning the jolly jingle the Guinness World Record for being the first song ever played in space.

The NORAD Santa Tracker was created out of a child's innocent mistake.

The North American Aerospace Defense Command (NORAD) has been tracking Santa's journey around the world since 1958. The innovation was triggered in 1955, when a young child accidentally dialed the unlisted phone number of the Continental Air Defense Command (CONAD) Operations Center in Colorado Springs, Colorado, believing she was calling Santa Claus after seeing a promotion in a local newspaper. The duty commander, Col. Harry Shoup, saw an opportunity to create a little Christmas magic, and assured the child that CONAD would guarantee Santa a safe journey from the North Pole - sparking the idea to track Santa's travels each year, to the delight of children all over the world.

A Christmas tree in Spain is worth £11 million.

Most of us have Christmas decorations that we hold dear for sentimental reasons, but the ornaments that adorn the Christmas tree at the Kempinski Hotel Bahia, near Marbella, has a different type of value. The tree is festooned with red, white, pink, and black diamonds, as well as jewelry from Bulgari, Cartier, Van Cleef & Arpels, and Chanel. And just for good measure, you'll also find

that famous tune, count all the gifts bestowed upon the lucky singer in the lyrics—French hens, turtle doves, calling birds, and so much more—you'll end up with 364 presents.

In Ukraine, spiders are symbols of good luck at Christmas.

When you think about Christmas creatures, spiders don't automatically spring to mind. But in Ukraine, families often add spider-web ornaments to their trees as a reminder of a lovely seasonal story about how these 8-legged critters once used their silky string to decorate the tree of a poor widow and her children.

3D-printed chocolate peacocks, feathers, ostrich eggs, and bottles of perfume on the tree, which is worth a whopping £11 million!

Tinsel was once made of real silver.

Throwing some tinsel on your tree has been a quick and inexpensive way to jazz up your holiday décor, for years. But it used to be a much pricier adornment. According to the BBC, tinsel has its origins in the early 1600s in Nuremberg, Germany, where people used thin strands of real silver in their trees to reflect candlelight, as they used to put real candles in their trees. Since silver was expensive, being able to use tinsel in your tree was something of a status symbol.

Eggnog dates back to medieval times.

For many, Eggnog is the go-to drink of the festive season, one that has a history dating all the way back to medieval times and a drink called 'posset.' Made with sweetened and spiced milk that was curdled with ale or wine and served hot, monks in the 13th century "enjoyed" this mixture with the addition of eggs and figs.



The first Christmas card ever sent is worth almost £20,000.

On 24 November 2001, a Christmas card was sold at auction in Devizes, Wiltshire, for £20,000, making it the most valuable Christmas card in the world. That's because it was "considered the world's first Christmas card," according to Guinness World Records, which notes that it "was sent by Sir Henry Cole, a Bath-born businessman, to his grandmother in 1843 and is hand-coloured by London illustrator John Calcott Horsley." The lithographed illustration depicts a multigenerational family enjoying a Christmas party and there are only 12 of the original 1,000 cards still in existence.

How can we help you?

We are now able to resume face-to-face appointments. These must be pre-booked by phoning 01728 642960 the lines are open 10am-4pm Mon-Fri.

We remain open for advice by phone and email (Mon, Tues, Thurs and Fri – 10am-2pm).
Call: 01728 832193 or Freephone 0808 278 7868.
Or email: supervisor@leistoncab.cabnet.org.uk to make contact.

We're here to help. Whatever the problem. For free and independent advice.

Leiston, Saxmundham & District
www.leistoncab.org

Church Services

Date	Time	Place	Service	Officiant
Wednesday 1st December	10.00am	St Felix	Holy Communion	Rev Mandy
Sunday 5th December Advent 2	9.30am	All Saints, Eyke	Holy Communion	Rev Mandy
	11am	Bromeswell	Family Service	Greg & Charlotte
	11am	St Felix	Holy Communion	Rev Mandy
	11am	Shottisham	Morning Praise	Helene Berry
Wednesday 8th December	10.00am	St Felix	Informal Worship	Rev Mandy
	5.30pm	Shottisham	Carols around the village	Rev Mandy
Sunday 12th December Advent 3	9.30am	Bromeswell	Christingle Service	Stephen N
	9.30am	St Gregory	Holy Communion	Rev Mandy
	11am	St Felix	Carols and Lessons	Rev Mandy
	11am	Sutton	Morning Praise	Helen Shand
	3pm	Wantisden	Carols & Lessons	Rev Mandy
	6pm	Shottisham	Evensong	Mel/Helen
Wednesday 15th December	10am	St Felix	Informal Worship	Rev Mandy
Sunday 19th December Advent 4	9.30am	Bromeswell	Holy Communion	Rev Kevan
	9.30am	All Saints, Eyke	Morning Prayer	Rev Mandy
	11am	St Felix	Prayer and Praise	Greg Gooch
	11am	All Saints, Sutton	Holy Communion	Rev Mandy
	6pm	Shottisham	Carols and Lessons	Rev Judith
	6.30pm	St Gregory	Carols and Lessons	Rev Mandy
Wednesday 22nd December	10am	St Felix	Informal Worship	Rev Mandy
Friday 24th December Christmas Eve	3pm	St Felix	Christmas Communion	Rev Mandy
	4pm	All Saints, Sutton	Family Carols	Helen/Will
	4.30pm	St Felix	Carols & Crib Service	Greg & Charlotte
	5pm	Bromeswell	Carols & Crib Service	Rev Mandy
	5pm	All Saints, Eyke	Family Christmas Service	Stephen N
	9.30pm	Shottisham	Midnight in Bethlehem	Rev Mandy
	9.30pm	St Gregory	Midnight in Bethlehem	Rev Kevan
Saturday 25th December Christmas Day	9.30am	All Saints, Eyke	Holy Communion	Rev Mandy
	11am	Bromeswell	Christmas Eucharist	Rev Mandy
	11am	All Saints, Sutton	Christmas Eucharist	Rev Judith

Below: Breakfast at St Felix with the Archdeacon



Breakfast with an Archdeacon

On the first Saturday in October, we had another of our Saturday Breakfasts in St Felix, which included a talk from our guest of the month, Archdeacon Sally Gaze, who told us a little about the Suffolk Diocesan initiative, Lightwave. We had heard about Lightwave, but no one really knew what it's aims were.

Lightwave is an initiative for rural communities to meet in places other than church, which we are aware, isn't for everyone.

Lightwave groups can meet in pubs, clubs, homes, offices and schools, working in a variety of ways of praying and worshipping alongside the more traditional way of worship. Lightwave groups are ways of praying with and supporting others in their journey of faith.

Sally's talk made it clearer as to what Lightwave is all about, and she was prepared to answer some tough questions on how best we can get out and about here in Rendlesham, by doing things a little differently. She certainly gave us food for thought. Thank you Sally.

Christmas Coffee Morning

Hot Drinks & Tempting Treats

Craft Table & Stocking Fillers

Christmas Raffle

Come & join us!

St Felix Church

Saturday 11th December 10-12.30pm

The Vicar's Voice

Dear friends,

December, and the month when we get excited about Christmas... or the month we dread !

No doubt, as December draws on, many of you will be making preparations for the big day. Writing and sending a myriad of Christmas cards, buying a new real tree or getting the old well used one out of the attic, together with all the decorations and tinsel, doing the food shopping including the treats that only come along at this time of year, visiting family who we haven't seen for a couple of years, especially during the pandemic, and of course, there is the choosing, buying and wrapping of just the right gift for family and friends.

And, no doubt, as we hand over the gift, we will eagerly await the reaction from our loved one, and hopefully, it will be a reaction of joy and delight.

And of course, just as we are busy watching their faces, they'll be watching ours too. And after



all, it's the thought that counts isn't it?

I well remember one Christmas when I was a little girl, all I really wanted was a pink Petite typewriter, and I hoped so much for it. But, my mum and dad, being as practical as ever, bought me a proper typewriter, and they said it would stand me in good stead later. Well, I was soooo disappointed, but I didn't want them to know that as they

would have been so hurt. I hugged them and said my "Thank You's" and after Christmas was over and we tidied everything away, I duly hid the gift under my bed for a number of years! I'm sure they never noticed!!

On Christmas morning, we will celebrate the greatest of all gifts given, the birth of the Babe of Bethlehem. And, as with all gifts, we have the choice to

accept this precious gift with joy and thanksgiving, or we can say "how lovely was that?" after the Nativity Play or Carol Service is finished, and then not give Jesus another thought until next year.

With the birth of Jesus, God says to us all, "Here is my gift to you, the gift of your salvations, hope and love". And it is pure, unconditional love for everyone for all time.

No matter how rich or poor we are, we all need the gift of love. To love and be loved. The birth of Jesus in a stable all those years ago is the gift of love given to everyone.

I would like to take this opportunity, of behalf of St Felix and St Gregory's churches and congregations, to wish you all a very blessed Christmas, and a peaceful New Year

With my love and prayers as always,

Rev Mandy Xx



Information

Baptisms, marriages, funerals & pastoral needs:
Rev Mandy Reynolds
01394 420129
revmandy.rendlesham@yahoo.com

General enquiries:
info@rendleshamchurch.org

St Gregory the Great

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Woodbridge
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Church Wardens:
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Caroline Bunbury 01394 460235

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Walnut Tree Avenue
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Church News

Rev Mandy visits the new British D Day Memorial at Ver Sur Mer, which was officially unveiled on 6th June this year

Normandy Re-visited

At the end of October, I was privileged to visit the new British D Day Memorial at Ver Sur Mer, which was officially unveiled on 6th June this year, and which overlooks Gold Beach and the remains of the Mulberry Harbour.

We had eight Normandy Veterans with us, all now in their very late 90's and even one in his 101st year. I have been the Chaplain to Normandy Veterans for 12 years, and once again had the honour of officiating at a service in the coastal town of Coleville Montgomery, standing under the imposing statue of Field Marshall Montgomery with his grandson, Henry, Viscount Montgomery in attendance.

I also led a Service of Remembrance at the new British Memorial.

The veterans each laid a wreath in memory of their mates, the ones who didn't come home. A service was also held

We also visited the town of Arromanches, and spent a lovely afternoon looking at the Memorial Garden up on the cliffs, overlooking the town. We also enjoyed a trip to Juno Beach, the Canadian beach, and had a tour of the museum there.

We were all treated to a delicious banquet by the Mayor and people of Arromanches, a reception by the Mayor of Caen in the beautiful town hall or Mairie, and the Veterans were applauded wherever they went.

We had an amazing week, and the weather held out beautifully for us. The numbers of the veterans are sadly but inevitably dwindling, and so, it is a sheer pleasure and joy to cherish the ones we have left.

*Rev Mandy,
Chaplain to the Normandy Veterans*

*Below: Taking a short service at
Ranville Commonwealth War
Cemetery;*

*Below: With Henry, Viscount
Montgomery at the new British
Memorial.*



Photograph by Rev Mandy Reynolds

We had eight Normandy Veterans with us, all now in their very late 90's and even one in his 101st year.

*Below: Rev Mandy with Veteran Joe (98yrs young) and The "Boys" visit
Pegasus Bridge*

Right Rev Mandy with "The Boys" beside a Horsa Glider



Light up Rendlesham

Join us on Sunday, December 5th
from 3pm in the Village Square

3pm The party starts with DJ Glenn from RCR
3.15pm Chloe Kinrade School of Dance display
3.30pm Rendlesham Primary School Choir
3.50pm Father Christmas arrives!
4.30pm Countdown to the lights switch-on
4.35pm Visit Father Christmas in his magical Winter Wonderland-themed grotto!

Also...

Scouts' BBQ and hot drinks from Coffi-Hut
 Free non-alcoholic punch
 Mince pies sponsored by **Costcutter**
 Children's ride, candy floss, popcorn,
 donuts and sweets



Let there be light!

....and music, dancing, singing, delicious food and drink, festive fun, Father Christmas, and, oh, did we mention a rather fantastic Winter Wonderland?

Light Up Rendlesham!

We all know that Christmas 2020 was, well, a bit of a compromise as we were unable to enjoy all the usual parties, celebrations and events that help to make it special.

Plans to spend it with family and loved ones were dashed due to Covid restrictions and even a visit to see Father Christmas in his grotto was not allowed.

However, Rendlesham Parish Council bought the Main Man and his team of elves to you with 'Santa's Grand Tour', delivering chocolate to many very excited and happy children across the village.

This year, we are going one better and will welcome Father Christmas to Rendlesham not once, but twice!

The annual lights switch on in the Village Square has given us a great excuse to celebrate a gradual return to normality and we have lots planned!

On Sunday December 5th at 3pm, the Village Square will come alive with a fantastic party atmosphere and entertainment including music and fun from DJ Glenn Knights, a dance display by the Chloe Kinrade School of Dance, Rendlesham Primary School Choir, a children's ride and of course, Father Christmas and his elves

who will arrive on his magnificent sleigh to switch the on lights at 4.30pm.

After the lights switch on, Father Christmas will take up residence in his magical Winter Wonderland themed grotto. We are not giving too much away about this but we guarantee, there will be A LOT of snow, stunning twinkly lights and a lot of trees, with possibly a few reindeer to spot!

Excited? We certainly are!

As well as all this, we are delighted that Rendlesham Scouts are joining us yet again to provide their fantastic BBQ and Thea's Coffi-Hut will also

be there serving delicious hot drinks and cakes.

There will also be donuts, popcorn, sweets and candyfloss for sale.

Our friends, Zee and Danny at Costcutter have very generously offered to sponsor the mince pies - so come along to the Parish Council gazebo to grab yours along with a free cup of non-alcoholic punch.

If you fancy something a little stronger (it is Christmas after all!), pop in to the Boardwalk Bar which will be open.

Father Christmas will return on Tuesday December 21st for his Grand Tour of Rendlesham!

Photograph by Mike Stevenson



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Santa’s Grand Tour

It’s back!
A magnificent sleigh, cheeky elves, a sack-full of goodies, jingle bells, Christmas tunes the big man himself...
Who’s excited?

Coming to a road near you!
On Tuesday, December 21st, Rendlesham welcomes back a very special visitor! Last year Coronavirus prevented many events from taking place and the annual visit to Santa’s grotto couldn’t happen. However, this year, not only can you visit Santa in his grotto at our Light Up Rendlesham event on December 5th, he will also be visiting you!
From 4pm, Santa, in his magnificent sleigh, will be doing a grand tour of Rendlesham with a sack full of chocolate goodies for all the children in the village.

There will be jingle bells, twinkly lights and Christmas tunes to accompany him all the way as our mobile PA system will be following Santa on his route.
To make things even more exciting, use the Santa Tracker to follow his location on Google Maps - his location will be updated every 30 seconds so it’s a great way to make sure your family is ready as he approaches your road.
Details of the Santa Tracker link will be published nearer the time on www.rendlesham.suffolk.gov.uk as well as on Facebook.
We don’t want any child to miss out on a treat from Santa because of food intolerances so we have asked him to put a few sugar free, dairy free and nut free treats in his sack of goodies.
If you have a child with an intolerance, please advise one of the elf team as the convoy nears your home and they will do their best to help. Unfortunately, due to time constraints, we cannot take instructions prior to the event to deliver to specific addresses.
Keep your eyes peeled on Social Media for news of any of Santa’s missing items to be found - last year he lost his sleigh licence!



Rendlesham Primary School

The Eco Council have done a fantastic job with the autumn/winter planting in the village square.

Led by Mike Bone, Village Handyman, the group planted over 100 pansies in the planters providing a splash of colour over the next few months.
A huge thank you ‘Mr Bone’ who organized the work party.



Photograph by M. Bone

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Sudoku Challenge

	1	4				2		
9	2							7
		5	7					
		7	8		1	3	5	
	9						8	
	3	6	2		5	7		
					4	5		
1							9	3
		9				1	2	

In a Sudoku you fill in the grid so that every row, every column and every 3 x 3 box contains the digits 1 through 9. There is no maths involved. The grid has numbers but you don't have to perform any calculations. You just solve the Sudoku with reasoning and logic.

The Sudoku starts with a partially filled grid that you must solve following the rules above. If you complete the grid, you've solved the Sudoku. Depending on your skill and experience your solving time for a Sudoku will typically vary between 10 to 30 minutes.

Answers on Page 47

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- Technical help with tablet or pc
- If your relative or friend normally relies on you for the shopping and you are away, we might be able to step in
- Anything that you would normally ask a friend or family member to help with but for whatever reason they cannot, we will try to help.

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The day the big cat roared

Across from Rendlesham at the former Bentwaters United States Air Force base, in a Hardened Aircraft Shelter, there lurks a very special rare beast..

Photograph by Simon Parker



Since it opened in 2007, Bentwaters Cold War Museum has been involved in the restoration of aircraft that were seen in Suffolk skies throughout the Cold War, including those that were based at the airfield.

One of them is very special and is believed to be the only fully functional example in RAF specification left. The SEPECAT Jaguar was a jet fighter built for the British and French air forces in the 1960's and 70's by a joint venture between British Aircraft Corporation and Breguet which formed the Société Européenne de Production de l'avion Ecole de Combat et d'Appui Tactique (SEPECAT) to develop and sell the attack and training type.

With the first flight in 1968, it could fly at supersonic speeds,

Left: The Jaguar team includes retired RAF pilots who flew the type during their service career. They are able to perform the taxi runs and provide an authentic look for the photographer

Below: The team of re-enactors and Al Vernon, team leader, second from right.

deliver bombs and missiles, carry out reconnaissance and provide a tactical nuclear strike role. Such was its success that it was exported to India (still in use), Oman, Ecuador and Nigeria and used in numerous conflicts and military operations in Mauritania, Chad, Iraq, Bosnia, and Pakistan. For the United Kingdom and France it was a major contributor to NATO in the latter half of the Cold War and then played a significant part in the Gulf War where the Jaguar was praised for its reliability and performance.

It was not until 1 July 2005 that it was withdrawn from French operations and the Royal Air Force in April 2007 when it was replaced by the Tornado and the Eurofighter Typhoon.

Those who flew and worked on the Jaguar had nothing but praise for the type, something that could not often be said of its contemporaries.

Those who flew and worked on the Jaguar had nothing but praise for the type, something that could not often be said of its contemporaries which proved both difficult to fly and a maintenance challenge!

The museum had acquired several airframes and gained experience with restoration techniques, so when SEPECAT Jaguar GR.1A XX741 became available it was eagerly purchased in 2009 with the help of a very generous donation by long time society member Brian Smee (who sadly passed away last year).

Whilst there was always a desire to effect a restoration to the highest standard (as with all

airframes), it soon developed into an ambitious project to return XX741 to ground running, and ultimately fast taxiing condition. To do this a dedicated Jaguar restoration team was formed, latterly led by Al Vernon who had worked on the type in RAF service. Museum Manager, Graham Haynes, also being ex-RAF, has been the guiding force behind the project. The financing, which is of eye-watering magnitude, has also been managed separately from the museum. Over the years, a number of Jaguar-experienced ex-RAF personnel have joined the volunteers and provided the knowledge and skills necessary to operate a military jet with

Right: Museum volunteers dressed in Nuclear, Biological and Chemical suits designed to protect against attack from weapons that were expected in a conflict with the Soviet Bloc. Not the most comfortable of clothing but essential for training in case the Cold War turned hot!

Below: With the darkness comes atmosphere and museum re-enactors add realism. The clothing and equipment worn is in keeping with the period the Jaguar was in service. Here, a large bomb is being loaded by an original loader.



Photograph by Simon Parker



Photograph by Simon Parker



afterburners! This includes aircrew to perform the taxi runs. As each step was achieved, the ambition grew.

The first-phase roll out occurred in 2013 with many of the basics restored and working. A quantum leap was needed to get to fast-taxi condition which took another seven years. In early 2020, the magnificent sight of a roaring Cat was witnessed by the team as it hurtled down the Bentwaters runway in a test at fast taxi speed...over 100 mph!

Recently, a special photo shoot was organised for aviation

enthusiasts who came from far afield to see the Jaguar (some from Belgium and the Netherlands as well as Scotland, Wales and Cornwall), to photograph it in an authentic setting with re-enactors dressed in the correct clothing and using original ground equipment.

It was held late afternoon and into the evening to make full use of the fading light and create the atmosphere of a Cold War frontline attack jet being readied for a mission.

A great deal of planning and work was involved in holding

Below: Over 80 photographers attended the photo shoot and mobile floodlights illuminate the Jaguar with the rain reflections adding to the atmosphere. The Big Cat is towed back to its lair. A very successful day and lots of fun for both the guests and the museum volunteers.



the event for the 80 guests with safety a priority. Access to the Jaguar to take the photos and having a good time was the aim of the museum with guests escorted around the airfield, food outlet and toilets set up, and original military mobile lighting trolleys in place out in the dark unlit area chosen as the set. As someone remarked, it was like a Hollywood film set! Despite the rain and cold the feedback from everyone was very positive.

Plans are being made to see the Jag in action again with it is hoped a taxi run in the spring.

The restoration of the Jaguar has been an astonishing achievement and the museum and the volunteers are rightly proud of being able to claim the only Jaguar to have been returned to working order and capable of a fast taxi. The Big Cat lives to prowl and roar again!


Simon Gladas


Right: The pilot greets the crew after a mission...re-enacting scenes such as these are what the keen aviation photographers come from far afield to shoot.

Below: Jaguar XX741 arriving at the museum in 2009 less wings, engines and great deal of other parts.

XX741 returns to its hangar after a successful photo shoot at night







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Spotlight on a local business

Bright lights need bright sparks!

Glenn Knights is a Rendlesham resident, DJ and Electrician. He chatted to us about his new venture - Glenn Knights Electrical Services. Find out more about what Glenn can do.

Glenn says: "You all know me as DJ Glenn, but with everything that's happened over the last 18 months, it was time to switch up my business model. So I launched GLENN KNIGHTS ELECTRICAL SERVICES at the end of September 2021. I'd been talking about it off and on for ages, but the timing was finally right and I haven't looked back.

"Of course, I'm no newbie, I actually started my electrical career in 1985 and have worked in most areas of the industry. So I offer over 30 years' experience and am fully qualified and switched on to the latest BS7671 wiring regulations.

"I provide installation, maintenance and repairs in all domestic, commercial, industrial and agricultural settings and am happy doing large and small projects."

With experience in so many different settings, Glenn can test and inspect all types of installation, undertake portable appliance testing (PAT), manage electric heating installations and repairs, positive ventilation systems – and all types of maintenance and repair in large and small installations, even sound & lighting installations...

But the ace up his sleeve is that he has very good experience of working on the ex-American houses in Rendlesham and Sutton, and in working on the buildings over on the old base.

His promise to local residents? "My quotes are free and I take time to understand your requirements. If I can't fulfil them, I will say so, but then suggest someone who would be able to help. But most important of all for you is that I state my hourly rate before any work begins and only carry out the work that is agreed. I won't sneak in any extras or additions without talking them through and getting your approval first. So you can be certain of a good job with me, to your

specification, at the right price and on time."

Your peace of mind is further guaranteed by the fact Glenn is registered in the NAPIT Competent Persons scheme — which means that not only is he subject to random inspection by them but can sign off his own work and notify the appropriate building control department when needed, potentially saving the customer time and money.

Find Glenn on Facebook @ Glenn Knights Electrical Services

Glenn shared some safety tips for Rendlesham householders, because there's some big sparkly event coming up soon...

Glenn's safety tips for Christmas lights

- Never:
- Use any lights outdoors unless they are specially designed for outdoor, all-weather use.
 - Connect different lighting sets together.
 - Connect lights to the supply whilst they're still in their packaging.
 - Remove or insert lamps while the chain is connected to the mains supply.
 - Overload your sockets and try to avoid the use of extension leads or multi-plug adaptors.



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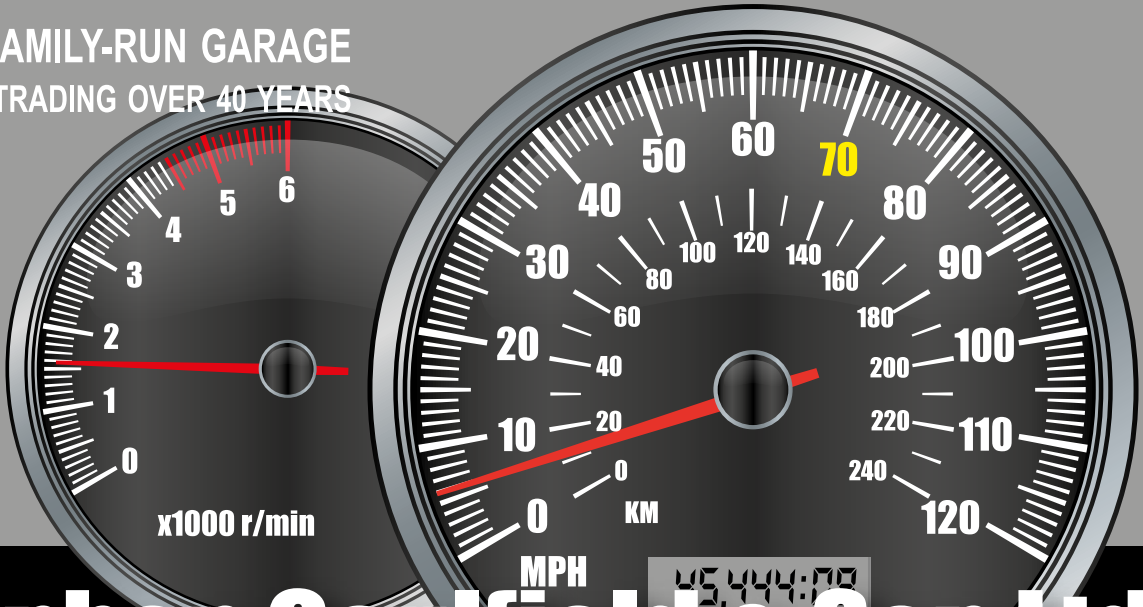
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1st Rendlesham Scout Group

Fundraising

With limited fundraising opportunities over the last few years, and with the Scout Association making it a requirement due to COVID to reduce the number of young people in each tent when camping, we are delighted that with the support of Community Action Suffolk, we were successful in being awarded a £1200 community restart grant from East Suffolk Council to purchase new tents.

We would also like to extend a huge thank you to Rendlesham Parish Council, our Beaver, Cub, Scout, Explorer and adult volunteers and everyone that came and made a purchase from our BBQ, cake, coffee and glowstick/sweets tents at Rendlesham Village Fireworks.

Thanks to your efforts and support, we raised £1200 across two days which will be spent replacing and upgrading much needed equipment for all our sections.

Remembrance

After being unable to put our Remembrance Display out last year it was wonderful to see it return this year. The display was made in 2019 with help from Beavers through to Explorers along with the residents of Rendlesham Care Centre. Each cross bears the name of those from Rendlesham, Eyke and Tunstall who died in WW1 and WW2.

The Remembrance Service was held outdoors at All Saints Church, Sutton and all of our sections were represented.

We thank Rev Mandy for welcoming us to be part of the service and all our young people and parents who attended with a special mention for our flag bearers, Ollie, Archie and Mason who did us proud.



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Woodbridge News



Creativity and A Light Trail of Woodbridge

Members enjoyed two fascinating meetings last month. Our creative speaker via Zoom, Heather Burns, captivated us all with her presentation, starting with her photographic journey as Triple Master Craftsman, Judge and Panel Member with

the Guild of Photographers. Heather showed examples of her creative work followed by an inspirational Photoshop demonstration on compositing an image.

Our next meeting was an outdoor photoshoot around Woodbridge. 15 members captured lights, buildings and



light-trails around the town and had a great evening with refreshments at the Anchor.

We will share our images at next month's Zoom meeting. Our next competition is Landscape, to be judged by local Essex Photographer Tony Bramley. www.woodbridgecameracub.co.uk

Above: Drummer in Blue and Quay Church Hands by Robin Garrod

Below, left: Rendlesham Fireworks by Sue Garrod



Re-use Ipswich

FOXHALL RECYCLING CENTRE

Snap up a bargain from the many items donated for re-use at Suffolk's recycling centres. Furniture, toys, bicycles, books, electrical items and much more. ALL TESTED, all ready to re-sell.

Back in business from June 15th
Open Mon-Fri, 9am-5pm

PRE-BOOK | suffolk.gov.uk/recyclingcentres



Love to Sing Christmas concert

in aid of
Riding for the Disabled
(Woodbridge & District)

SAT 11TH DECEMBER
7:30 PM
WOODBRIDGE COMMUNITY HALL

Craft Stalls
Festive Food
Grand Prize Draw

Bring your own drinks & glass

Sponsors of this event

KESGRAVE AGGREGATES
Sand - Ballast - Shingle

Tickets: £10 in Advance, £12 on door. Under 18's Free. Must present ticket.

Email: love2singchoir@gmail.com
Text: 07925 245490

Doors & Stalls open 6:45pm
All stalls cash only.

Woodbridge Art Club

Our November exhibition (weekends, 12 - 4pm) continues until 5th December. Here's a preview of what is on display.

The lace group have a beautiful display of snowflakes, jug covers and other delicate decorations and there's lots of wonderful pottery too.

Below: Abstract by Brian Beaney



There are some lovely oil paintings of winter scenes by Stephen David whose work is quite impressionist and he uses colour effectively.

Dorothy Stokes' work has been very popular this year. Dorothy knows how to use colour well and has worked her usual magic on 'Peony Still Life'.

Jane Cochrane's atmospheric 'Winter Guardian' captures the beauty of nature in Winter. Brian Beaney's lively abstract painting really pops whilst Stephen Emms' 'Winter Sunset' captures the feel of a frosty evening on the River Deben.

Anticlockwise from below: 'Snowy Scene' by Stephen David; 'Winter Sunset' by Stephen Emms; 'Winter Guardian' by Jane Cochrane; 'Peony Still Life' by Dorothy Stokes; 'Snowy Scene' by Stephen David; 'Magical Lace'; 'Glazed Bowl' and 'Lots to see!'

People often say they would like to join the Art Club, but worry their work won't be 'good enough!' If that's you, please be assured that we are about learning together and enjoying the creative process. Maybe with



the new year coming you would like to focus on your artistic skills? We are a friendly club and welcome new members. Find out more and contact us: www.woodbridgeartclub.co.uk Rosie Evans



Tide Mill Charity Calendar for 2022 out now

Following on from its popular Photo Competition, Woodbridge Tide Mill has launched its Charity Calendar for 2022 to raise funds for the Tide Mill Charitable Trust.

The high quality A4 laminated calendars feature the Competition's winning photos, as well as the best of the hundreds of entries as selected by a highly discerning panel of judges that included Eamonn McCabe of 'The Guardian' and Sarah Brown of the East Anglian. The spectacular images of the Mill on the Deben capture it during the seasons and remind us how lucky we are to have had a mill on the site for over 850 years.

Woodbridge Tide Mill Trust Chair, John Carrington says: "The Woodbridge Tide Mill Charity 2022 Calendar is entirely designed to raise funds for the Charity. The Mill costs about £5,000 a month to keep open and running. By buying the calendar people are helping us address issues such as

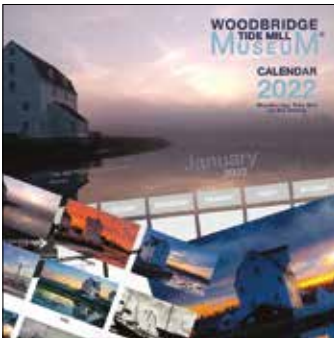
maintenance, fulfilling our role as a museum and helping more people to access the Mill".

The Calendar will be available from the Tide Mill's online shop as well as the Mill itself, just £9.99 (inc. p&p), and a quick glance round the online shop shows there are plenty of other items that will make perfect gifts, many of them by local artists.

Mill volunteers will also be selling the Calendar, other merchandise and the Mill's Stoneground flour outside Boots on Woodbridge Thoroughfare on Saturday 4th December from 8.30am to 1pm — and at the Christmas Regatta at Whisstocks Place on Sunday 5th December, 11am to 4pm.

And if you've never seen it in operation, The Mill will also be open to buy merchandise on both those days from 2pm to 5pm, with a chance to watch the wheel turning at 3pm

Above, right, clockwise from top: Woodbridge Tide Mill; John Carrington, Chair of Woodbridge Tide Mill Trust and the cover of the 2022 Tide Mill Calendar.



UFFORD PARK
WOODBRIDGE
HOTEL | GOLF | SPA

Boxing Day Lunch

Had a busy Christmas Day?
Let us spoil you and your loved ones with a delicious lunch served between 12:30pm and 3:00pm.

£35.00 per adult | £19.50 per child (3yrs - 12yrs)
Children under 3yrs **FREE**

Local saxophonist, Mr Tim, will be playing between 1pm and 3pm.

Why not arrange to meet for a pre-lunch drink?

01394 383555 ext. 300

www.uffordpark.co.uk

Yarmouth Road, Melton, Woodbridge, Suffolk, IP12 1QW

YOGA

Wednesdays Butley VH 6pm
Fridays Hollesley VH 6pm

£7 / Class Pass £18
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Woodbridge News

Woodbridge Library

Mon: 10am - 4pm
Tue: 9am - 7.30pm
Weds: 9am - 5.30pm
Thurs: 9am - 5.30pm
Fri: 9am - 7pm
Sat: 9am - 5pm
Sun: 10am - 4pm

All regular library activities are up and running again, including Book Club, Play Reading Group, Games (Scrabble) Group and Knitting Club. Details of all events and activities are at: www.suffolklibraries.co.uk/visit/locations-and-times/woodbridge-library

Our exhibition space is now in use again so do enquire if you'd like to exhibit some work. With monthly slots available ArtLib was set up to showcase local talent and is free to hire although we do take a small commission if you sell anything.

Writers Group

Weds 1st & 15th December, 10am-12pm
Are you writing a book, or have you written one? Join our group for friendly, reciprocal feedback, encouragement and support from like-minded people. Join us in the Library's Meeting Room. For more information, email. jane@bakwon.com

Craft Fair and New Children's Book Sale

From Thurs 2nd December. An event to include a sale of locally handmade crafts, a new children's book sale all donated by Woodbridge publisher 'Top That' and more. Money raised will go towards the Children's section in the library.

Chess Club

Fri 3rd December, 5.30pm-7pm. A new chess club will be starting on the first Friday of December, recurring every Friday after that. Adults (16+) preferably. Times are subject to change. Contact the Library for further information on 01394 330855.

Family Fun Quiz & Raffle

hosted by FOWL. Sat 4th December, 6pm-8pm
Friends of Woodbridge Library invites you to book a table for this Family Quiz for mixed-aged teams. Bring the family or join with another. Teams up to 6 people. Children play free, Adults £5 each. Refreshments and plenty of raffle prizes to be won. Visit the Library or phone 01394 330855 to book. You will need to provide a contact name telephone number and team name.

Sunday Book Group

Sun 5th December, 2pm-3.30pm
The group meets to discuss their latest book in the meeting room at Woodbridge Library. Come along and get involved in our friendly and informal book group. All are welcome!

Top Time Book Group

Thurs 9th December, 2pm-4pm
A book group that's open to everyone, Top Time meet on the second Thursday of every month, and they will be discussing Grandmothers by Salley Vickers.

Woodbridge Area Gamers

Sat 11th December, 1pm-5pm
Come along to play modern strategy board games, both simple and complex, with a range provided that's suitable for all age groups. This is an open doors group. All welcome.

Creative Writing for all

Tues 14th December, 2pm-4pm
Are you a budding author? Have you written a book, or are you writing one now? Join our group for friendly, reciprocal feedback, encouragement and support from like-minded people.

Top Time Playreading

Thurs 16th December, 2pm-4.30pm. A playreading group that reads all varieties of plays in a shared format, on the third Thursday of every month.

Knitting Group

Every Friday, 2pm-4pm. For all types of knitters, from expert to beginners. But also sewing to crochet. Come share your knowledge or pick up some tips.

Games Club

Thurs 23rd December 2pm-4pm. Improve your vocabulary and exercise your mind with Scrabble or practice strategy and balance with Dominoes.

High Spirits

Mondays, 10.30am-12.30pm, starting 29th November. Are you visually impaired and living in East Suffolk? Are you a fan of radio drama? Join our project to create a brand-new radio play inspired by Suffolk ghost stories. Sessions are free, guide dogs and companions welcome. Book via email coherearts@gmail.com or text/call 07748 070647.

Calling All Crafters

Do you have a talent for making homemade crafts? Woodbridge Library needs your help! We are asking for donations of handmade loveliness to raise much-needed money for the Library. All donations are greatly appreciated and should be handed in by 30th November, addressed to Amy.

Realise Futures

1st Tuesday of every month (2nd November), 10am-12pm. Peer support, walk-in advice and guidance service. Book your slot via 07753 447607.

Open Space

Every Wednesday, 1.30pm-3.30pm. Open to all members of the public, Open Space aims to improve the wellbeing of those attending in two-hour weekly sessions. A partnership between Norfolk & Suffolk NHS Foundation Trust (NSFT), Julian Support (offering housing support for individuals with mental health difficulties), Suffolk Mind and Suffolk Libraries.

To guarantee a space, sign-up in person or on the phone. Our timetables of discussions and activities are built from group suggestions but there is always colouring, word searches and games available, along with a hot drink and a biscuit.

Wordplay

Baby Bounce

Every Wednesday, 10.30-10.50am
Soothing songs and gentle nursery rhymes for babies and their grown-ups

Tot Rock Rhyme and Rhythm

Every Wednesday, 11.15-11.45am
Music, songs and action rhymes for toddlers with their parents and carers.

Story Time

Every Friday, 10.30-11.00am. Stories for young children accompanied by an adult. (Booking not necessary, but this may change if numbers increase)

Me, Myself and Baby (Stay and Play)

Every Friday, 9.30am-10.15am. Meet new parents and share experiences in a relaxed environment.

Book Sale

Ex-stock books for sale. Proceeds to Suffolk Libraries. Adult Fiction 30p each or 4 for £1. Non-Fiction, individually Priced. Junior Literature 20p each.

Meeting Room and Display Boards available for hire

Community/charity/private groups: £10 hr (min. 2-hour booking)
Commercial/statutory groups: £15 hr (min. 2-hour booking)
Display boards: £10 per week
Staffed table display in the main library: £10 per half day

Suffolk Libraries & Friends charity goodies

Carry a cotton shopping bag bearing the 'Friends' logo for £3. There's also a Friends magnetic bookmark for £1 so you won't lose your page.

Also available is a Suffolk Libraries 'I'm a Borrower' tote bags for £3.50, or for £5 you can have both the tote bag and as much fiction as you can fit inside!

The Friends of Woodbridge Library

If you're enthusiastic about libraries, would enjoy helping to organise library events and are willing to help with our fundraising activities, please ask a member of staff for more details.

Woodbridge Library

New Street, Woodbridge, IP12 1DT
01394 330855

SUFFOLK LIBRARIES

Enjoy Local Food and Drink for Christmas

Have you seen the Local Food Project 2021 leaflet produced by Transition Woodbridge?

This informative fold-out leaflet lists producers creating some of the UK's very best food and drink within 21 miles of Woodbridge. Shops, pubs, cafes and restaurants in Woodbridge and Melton where you can buy and enjoy those high quality foods and drinks are listed too.

There's information about the benefits to all of us of shopping and eating locally, and a handy map to help you find what you're looking for. During the summer, the leaflet was delivered to every household in Woodbridge and Melton but you can still pick up a copy in

Woodbridge Library, various local shops and cafes, or online at www.transitionwoodbridge.org.uk

A quick look at the leaflet will give you plenty of ideas for sourcing delicious local food and drink for every day, but also how about thinking ahead for Christmas?



WOODBRIDGE PROBUS CLUB
A LUNCH, A TALK & GOOD COMPANY
The perfect way to spend a Lunchtime!
Held on the FIRST Monday of each month at **Woodbridge Golf Club**.
For more information, please visit woodbridgeprobus.org.uk
Roger Brown (Treasurer)
07881 627591

Woodbridge Library
Christmas Family Quiz
Saturday 4 December
6 – 8pm
Teams of up to 6 people – bring the whole family!
Raffle & refreshments
Adults £5 / children free. Book your table at the Library 01394 330855

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What is Anti-Social Behaviour?

Anti-Social Behaviour can be:

- any behaviour likely to cause harassment, alarm or distress.
- unruly or drunken behaviour
- threatening or abusive language
- graffiti, criminal damage and noise pollution
- drug and alcohol misuse and abuse
- neighbour intimidation
- vehicle annoyance and inconsiderate use of motor vehicles.

Reporting Anti-Social Behaviour?

Your local council and police work together with other services to stop anti-social behaviour in your area.

If Anti-Social Behaviour is affecting your quality of life - REPORT IT!

We need it reported if we are going to STOP IT!

How to report Anti-Social Behaviour

Online
www.suffolk.police.uk/contact-us/report-something
OR
www.eastsuffolk.gov.uk/community/anti-social-behaviour
Telephone
Suffolk Police on: 101
or in an Emergency: 999



Don't tolerate it! Report it!

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News from the wider community

Saying thanks to our Keyworkers

From December 3rd, artist Oliver Hill's beautiful new light installation comes to life outside Snape Maltings Concert Hall — giving children (of all ages!) the chance to play among its multicoloured bars of light.

“Keyworker Thanks” is all about thanking those who helped us get through the last two years, especially NHS staff and other essential workers.

You can write a short message of thanks to anyone who has helped or supported you during this time. You can then come and view your messages between 5 and 5.10pm each day.

It's easy to get involved, just fill out the short online form to submit your message.

www.snape.maltings.wufoo.com/forms/keyworker-thanks-submit-your-message/

COP 26 - open letter from East Suffolk Council

Dear Resident,

Cop26 is a perfect opportunity for all of us to stop and to think about what sort of future we want for ourselves and our children.

If we continue as we are, much destruction will take place of our natural habitats, not only in the UK but around the world. This

will cause major shifts in weather patterns, something we have already started to experience.

From the 1970s with the introduction of credit, we moved largely into a consumption economy, combined with big global companies who lose their connection with their processes of production.

The environment has just become a resource. This resource is increasingly being exploited.

If a chicken costs less than a pint of beer or you can buy a pineapple for less than a pound, something is not appreciated and valued. This combined with most of our durable goods being made in the Far East, little information is available on how they are produced, or their carbon footprint. Just because the carbon footprint is offshore, it does not make the UK successful in our reductions.

Here at East Suffolk, we continue with a strong environment vision to use all our powers to introduce a new type of local governance where we remove politics, and we all work together to focus on making the right environmental decisions for our communities. As a principle of our Strategic Plan this commitment has been emphasised by our declaring of a climate emergency in 2019. Not just words but this has followed by substantial action in changing how the council functions. We

must continue to reduce our carbon footprint, but we must protect nature which equally has an important role to remove the carbon. We must consume less, reuse, repurpose and recycle where we can and reduce our waste.

And, of course, for future proofing we need tree planting, but equally, if not more important we need to preserve and value the trees that we have in our landscape. We are blessed here in East Suffolk with a diverse landscape from shingle beaches to the deepest forest and everything in between and we continue to balance the demand from visitors, business and our residents, to make sure all work in partnership. Not removing the environment as a pressure, but the environment being an important consideration in policy development and formation.



All of us our expecting big fundamental changes in policy resulting from Cop26 and these big changes, combined by the small changes we can make in our lives will halt and repair the damage on our planet. The time is now and delay in action is no longer an option. Between residents, town and parish councils and your district council we can and will make a difference and put the environment at the heart of East Suffolk.

Cllr James Mallinder Cabinet Member for the Environment

Cllr Louise Gooch Labour Party Environment Spokesperson

Cllr Caroline Topping leader of GLI group (Green party, Liberal Democrats and Independent)



Disability Advice Service – East Suffolk

14 The Square, Martlesham Heath, IP5 3SL

www.daseastsuffolk.org.uk
advice@daseastsuffolk.org.uk

FREE independent advice or support for disabled people and carers in East Suffolk — including welfare benefits, Job Centre or medical appointments, housing rights and adaptations, accessible transport and leisure, education and employment, care and support.

Open for phone or email advice, drop-ins, appointments and home visits. (We can also sometimes accompany people to Job Centre interviews and medical assessments.)

Ring us on **01394 387070** | Monday to Thursday, 10am to 3pm

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Kids’ page

Merry Christmas Word Search

Search for the words going up, down, left and right.

c	h	r	i	s	t	m	a	s	s
t	o	s	d	t	r	e	e	u	t
w	l	a	m	a	a	s	v	l	o
i	e	c	a	l	t	t	h	i	c
n	g	k	r	e	n	n	g	g	k
k	n	h	a	s	a	e	i	h	i
l	a	i	t	n	s	s	e	t	n
e	g	u	s	i	o	e	l	s	g
g	l	i	t	t	e	r	s	z	m
f	r	u	d	o	l	p	h	l	l

tinsel

sack

lights

Rudolph

glitter

angel

stocking

presents

Santa

tree

sleigh

Christmas

twinkle

star



Make your own bird feeder

Make your very own reusable, eco-friendly, bird friendly bird feeder

This is really simple and makes a great Christmas present (not only for the birds)!

- What you need...
- Small terracotta pot
 - Approximately 40 cm thick string or a shoelace
 - Bird seed
 - Lard
 - Twig
 - Mixing bowl
 - Spoon
1. Thread your string or shoelace through the middle of the pot and tie the 2 ends.
 2. Put your finger over the hole at the bottom of the pot and fill with bird seed, pour the seed into a mixing bowl.
 3. Gently melt the lard and pour over the seed.
 4. Mix thoroughly.
 5. Spoon the mixture into the terracotta pot and press down to compact (so it doesn't fall out when it's set).
 6. Stick your twig into the mixture.
 7. Leave to harden.
 8. Hang in a tree.
- If you're feeling creative you can decorate your pot to add a festive touch. Remember to use natural materials rather than plastic/glitter.

Happy Christmas!

Don't forget to visit Father Christmas in his magical grotto on Sunday December 5th!

Colour me in!



Dear Children,

Are you looking forward to Christmas this year? I certainly am! Christmas is a very exciting but busy time for me.

The elves are busy making toys, the reindeer are practising their sleigh runs and I'm busy preparing my list of who's been good.

I will be getting my sleigh ready for the long journey on Christmas Eve. In between I will try and reply to as many of you as possible.

Please send your letters to:

Santa/Father Christmas
Santa's Grotto
Reindeerland
XM4 5HQ

Pitstop Out of School Club

Raising funds for Children in Need

The children at the Pre-School and After School Club have been busy baking and making to raise funds for Children in Need.

From rice krispie cakes to chocolate truffles it was a week of creativity that would have made Mary Berry proud.

Thanks to all our parents for supporting us by buying these tasty treats and to those that were passing by, who helped raise the fantastic amount of £73.40, which will go towards changing lives of children and young people across the UK.

Wishing you all a fun filled Christmas from us all here at Pitstop.



Photography by Heather Heelis

"a beautiful recipe book of wonderful ingredients carefully mixed together with experience, passion and a love of Early Childhood."

FREE Forest Schools sessions at Deben Community Farm

- All areas of the EYFS met through the ethos of Play
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The Curiosity Approach

WORKING TOWARDS OUR ACCREDITATION

Down on the Farm



Time to help the birds over winter

It's starting to get chilly down on the farm as we move into winter, which means only one thing... it's campfire and smore time! And of course, time to start thinking about feeding the



The pumpkins pour in...

We want to say a huge thank you to everyone who dropped off pumpkins, we had over 100 donated in all shapes and sizes and the animals absolutely loved them! Next month we'll have a shout out for all your real Christmas trees ... watch this space.

It's not too late to get those cabbages started

Planning ahead for an early spring crop of cabbages in the polytunnels, our seeds have sprouted and doing well. We've also got some broccoli on the

From everyone down at the farm we wish you all a very happy Christmas and a peaceful new year.



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Developing Skills in Health and Social Care

The developing skills in health and social care (DSHSC) project is providing fully funded qualifications to staff living and working in the adult health and social care sector across Norfolk and Suffolk

The project is funding a range of specific qualifications including:

- Functional Skills in Maths, English and ICT
- Level 1 Course to embed the Care Certificate
- Level 1 Course in strengths based and person-centred approaches
- Level 2 Units in Dementia, End of Life Care, Mental Health, Learning Disabilities and Autism
- Bespoke Level 4 Aspiring Manager Programme

All participants will have access to 1:1 mentoring support to help them throughout their training.

This project is part funded by the European Social Fund

For more information, visit www.norfolk.gov.uk/developingskills

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~ DR. VASANT LAD

Design inspired by Patricia
a Caring Homes Resident

Book a festive break at Rendlesham Care Centre



Our all-inclusive festive breaks offer something for everyone

Enjoy carols around the tree or mince pies and mulled wine, while making new friends. Plus you'll have the added reassurance of discreet help when you need it, always with the promise that you'll be in safe hands.

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IP12 2TP

Rendlesham
CARING HOMES



www.rendleshamcommunityradio.co.uk

Monday	
9 - 10pm	Ambient Music World from Mothership Radio
Tuesday	
5 - 6pm	Uptown Transmission with Gary James
9 - 4 am	Ambient Music World from Mothership Radio
Wednesday	
3 - 4pm	Old Friends with Malcolm Clark
7 - 8pm	Back to the 80's with Glenn and Karen
8 - 9pm	Life of a Pig Skin with Darren Cook
9 - 4am	Ambient Music World from Mothership Radio
Thursday	
9 - 4am	Ambient Music World from Mothership Radio
Friday	
5 - 7pm	Weekend Starter with Steve Calver & Tom Couchman
7 - 9pm	Dance Sessions with Steve Calver
9 - 10pm	House in Town with Carl Sparrow & Steve Aldous
10 - 11pm	Tom Couchman DJ Sessions
11 - 1am	Girl in a Gale with Clarissa Vincent
Saturday	
8 - 10am	Saturday Morning Breakfast with Glenn Knights
10-12.30pm	Through the Decades with Karen
12.30pm	Rendlesham Roundup with Heather Heelis
3 - 4pm	Sporting Matters with Daniel Potter
4 - 5pm	Pop in with Phil Jackson
5 - 6pm	Coming Up Shortley with Victoria Shortley
7 - 8pm	Beauclerk
8 - 9pm	House in Town with Carl Sparrow and Steve Aldous
9 - 10pm	Uptown Transmission with Gary James
10 - 11pm	Vintage Club with Julian Marsh
11 - 4am	Girl in a Gale with Clarissa Vincent
Sunday	
3 - 4pm	Baby Boomers with Malcolm Clark
6 - 8pm	Chillout Collection with Tom Couchman
8 - 4am	Ambient Music World from Mothership Radio

The Wendy House Clinic

Ear Syringing

£20:00 per ear

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Rendlesham Youth Group

VACANCY
Youth Worker

Junior Youth Group Sessions

Wednesday nights 6.30pm–8.00pm

Based in Rendlesham Community Centre

TERM TIME ONLY

The successful applicant will be part of a team providing youth services for young people in Rendlesham. The post involves planning and delivering a range of activities for children in years 4, 5 & 6 and will be subject to a DBS check.

For an application pack or more information please contact **HEATHER HEELIS** on **01394 420207** or email clerk@rendleshampc.org.uk

CLOSING DATE FOR APPLICATIONS

* 17 DECEMBER 2021 *

NEW TIMES

Rendo Realz OK

Rendlesham YOOF GROUP

JUNIORS

Years 4, 5 & 6

Weds, 6.30-8pm

£1.00 subs for Juniors to cover craft materials

SENIORS

Years 7 & 8

Tues, 6.45-9.15pm

Years 9+

Thurs, 6.45-9.15pm

Rendlesham Community Centre

Diary Dates

December		
Weds 1	Youth Group, Junior Session Community Centre.	6.30 - 8pm
Thurs 2	Youth Group, Senior Session Community Centre. Bingo at Rendlesham Social Club Community Centre.	6.45 - 9.15pm 7 - 10pm
Sun 5	Light Up Rendlesham Community Centre.	3 - 6.30pm
Tues 7	Youth Group, Senior Session Community Centre.	6.45 - 9.15pm
Weds 8	Youth Group, Junior Session Community Centre.	6.30 - 8pm
Thurs 9	Over 60s Group Community Centre. Youth Group, Senior Session Community Centre Bingo at Rendlesham Social Club Community Centre.	10.30am - 12.30pm 6.45 - 9.15pm 7 - 10pm
Sat 11	Rendlesham Social Club, Children's Xmas Party (Members Only) Community Centre	4 - 6pm
Tues 14	Youth Group, Senior Session Community Centre.	6.45pm - 9.15pm

A *Light*
in the
Darkness

Christmas Services at Sudbourne & Tunstall Baptist Church

Sunday 19th - Carol Service at Rendlesham School – 5:00 pm

Tuesday 21st - Carol Singing at Chantry Farm, Orford – 6:00 pm

Saturday 25th - Christmas Morning Service at Rendlesham School - 10:30 am

Please join us if you can!



Weds 15	Youth Group, Junior Session Community Centre.	6.30 - 8pm
Thurs 16	Over 60s Group Community Centre. Youth Group, Senior Session Community Centre Bingo at Rendlesham Social Club Community Centre.	10.30am - 12.30pm 6.45 - 9.15pm 7 - 10pm
Sat 18	Rendlesham Social Club, Family Quiz Night (Members Only) Community Centre Youth Group, Senior Session Community Centre.	4 - 6pm 7-9.30pm
Sun 19	Gingerbread Wonderland Rendlesham Care Centre Santa's Grand Tour The mean streets of Rendlesham.	11 - 4pm From 3pm
Thurs 23	Bingo at Rendlesham Social Club Community Centre	7 - 10pm
Fri 24	Christmas Eve at Rendlesham Social Club (Members Only) Community Centre	7 - 10pm
Sat 25	Christmas Day at Rendlesham Social Club (Members Only) Community Centre.	12 - 2pm
Sun 26	Boxing Day at Rendlesham Social Club (Members Only) Community Centre	12 - 2pm
Fri 31	New year's Eve Party at Rendlesham Social Club (Members Only) Community Centre.	
Coming in January		
Tues 4	Parish Council Office reopens after Christmas break Youth Group, Senior Session Community Centre.	6.45 - 9.15pm
Weds 5	Youth Group, Junior Session Community Centre.	6.30 - 8pm
Thurs 6	Youth Group, Senior Session Community Centre. Bingo at Rendlesham Social Club Community Centre.	6.45 - 9.15pm 7 - 10pm

Yuletide Market

Woodbridge Community Hall

Saturday 18th December, 10-4pm

Over 20 stalls | Kids Area | Workshops

£5 entry fee, under 5s go free

Pop in for a bite to eat – or stay all day

Somewhere to sit and chat

ALL WELCOME

Useful Information




Rendlesham Surgery opening hours

Monday 15.30 - 18.30
Tuesday 08.40 - 12.00
Wednesday 15.30 - 18.30
Thursday 08.40 - 12.00
Friday 14.45 - 17.00

Acer Road Pharmacy opening hours


Tel 01394 460548

Monday 08.30 - 13.00
14.00 - 18.30
Tuesday 08.30 - 13.00
14.00 - 17.30
Wednesday 08.30 - 13.00
14.00 - 18.30
Thursday 08.30 - 13.00
14.00 - 17.30
Friday: 08.30 - 13.00
14.00 - 17.30



Post Office, Costcutters opening hours

Monday - Friday 9am - 5.30pm
Saturday 9am - 12.30pm
Sunday Closed



The Roman Catholic Parish of Woodbridge and Framlingham

Parish Priest:
Fr Edmund Eggleston

Churches:
St Thomas of Canterbury, Woodbridge
St Clare's, Framlingham

Mass times and contact details:
www.wfrcp.org.uk

Faith Baptist Church

Bromeswell, Woodbridge
www.fbcuk.org

Pastor Thompson
01394 420181



Open for advice by email, phone and post on Mon, Tues, Thurs and Fri from 10-2pm. Call on 01728 832193 or Freephone 0808 278 7868. Email: supervisor@leistoncab.cabnet.org.uk to make contact.

Face-to-face appointments can be pre-booked by phoning 01728 642960 10am-4pm Mon-Fri.

We have funds available to help families affected by Covid who need support with energy bills or school uniforms for Secondary Schools.

Sudoku Challenge answer

7	1	4	3	8	9	2	6	5
9	2	3	1	5	6	8	4	7
6	8	5	7	4	2	9	3	1
2	4	7	8	6	1	3	5	9
5	9	1	4	7	3	6	8	2
8	3	6	2	9	5	7	1	4
3	6	2	9	1	4	5	7	8
1	5	8	6	2	7	4	9	3
4	7	9	5	3	8	1	2	6

Rendlesham Directory	
Wickham Market Medical Centre & Rendlesham Surgery	01728 747101
Acer Road Pharmacy 6 Acer Road, IP12 2GA	01394 460548
District Councillor Ray Herring	01728 746337 07885 249218
County Councillor Alexander Nicoll	07922 586303
Gas Emergency	0800 111 999
Woodbridge Safer Neighbourhood Team	01473 613500
Rendlesham Primary School Head: Debbie Thomas	01394 462190
Eyke CEVC Primary School Head: Lucy Fairweather	01394 460328
Rendlesham Parish Church Revd. Mandy Reynolds	01394 420129
Farlingaye High School Head: Dr Sievwright	01394 385720
Woodbridge Library	01394 446510
Parish Council Heather Heelis, Parish Clerk	01394 420207
Police (non-emergency)	101
Rendlesham Dental Practice	01394 421500
Rendlesham Day Nursery	01394 420581 07917 854086
Ryder-Davies & Partners Vets	01394 420964
Post Office (Cost Cutters)	01394 461221
Keep in Touch Revd. Mandy Reynolds	01394 420129
Sudbourne & Tunstall Baptist Church Revd Dave Rushbrook	01394 809691
Rendlesham Children's Centre Leader: Carolyn LeMay	01394 462191
Rendlesham Community Centre	01394 460005 07599 998974
Rendlesham Care Home	01394 461630
Maharishi Peace Palace	01394 421136
Over 60s Club: Kay Thomas	01394 460458
Rendlesham Good Neighbour Scheme	07486 551004

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For more details visit www.colourchangeupvc.co.uk see our showroom at **Base Business Park in Rendlesham, IP12 2TW** or contact Daryl Collins on **01394420774**



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& Installation Specialists

Daryl Collins - Owner
ColourchangeUPVC



Colourchange UPVC are a Consumer Protection Association approved company and are certified by Certass - authorised by the Department for Communities and Local Government. CPA and Certass registered companies undergo a rigorous selection process to ensure that they deliver your home improvements to the very highest standards. The Consumer Protection Association provide an independent 10 year insurance backed guarantee for work undertaken by Colourchange UPVC.

