



# Rendlesham

Parish Newsletter

www.rendlesham.suffolk.gov.uk

Issue 94



Photography by Darren Harbar

December, 2018

## Fireworks spectacular!



Another amazing firework display at Jubilee Park on 4 November. Save the date for the 2019 display....  
**Sunday 3 November**



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### January Deadline 10 December

admin@rendleshampc.org.uk  
01394 420207

*Rendlesham*  
*Christmas lights*  
*switch on event*

**Sunday 2 December**  
**4pm**  
**Village Square**

Special Guest: Father Christmas  
Christmas Carols  
Performed by Rendlesham Primary School

Hot fruit punch, Mince pies & BBQ  
Stalls in the Community Centre

To book a stall (£5 each) contact the Parish Office  
01394 420207 or admin@rendleshampc.org.uk

Photos: Mike Stevenson & Heather Heelis



Rendlesham Parish Council



@ RendleshamPC

# Rendlesham Parish Newsletter

## CONTACT

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**Heather Heelis**  
**01394 420207**

**E: admin@rendleshampc.org.uk**

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# Rendlesham Parish Newsletter

## Advertising Rates for adverts placed from 1 April 2012

Advertisement Size	For One Month	For 3 months	For 6 months	For one full Year
Business Card	£8.00	£21.00	£32.00	£48.00
1/8(eighth) Page	£13.00	£32.50	£52.00	£78.00
¼ (quarter) Page	£23.00	£57.50	£92.00	£138.00
½ (half) Page	£42.50	£106.25	£170.00	£255.00
Whole Page	£78.50	£196.25	£314.00	£470.00



Swann's Nursery, Eyke Road, Bromeswell, Woodbridge  
01394 460127 [www.swannsnursery.co.uk](http://www.swannsnursery.co.uk)

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### You can contact us:

Phone: 01394 387070  
Fax: 01394 387670  
Email: [advice@daseastsuffolk.org.uk](mailto:advice@daseastsuffolk.org.uk)  
Website: [www.daseastsuffolk.org.uk](http://www.daseastsuffolk.org.uk)

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## Get Community News—Faster

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pages/Rendlesham-  
Parish-  
Council/150504946309  
7442](http://www.facebook.com/pages/Rendlesham-Parish-Council/1505049463097442)

## The county search for a baby Jesus begins!

At Christmas you expect to be searching the land for the lady whose foot fits the glass slipper but that isn't the case in Suffolk. The hunt is on for a newborn baby.

Never one to shirk a challenge, Suffolk born artistic director Rebecca Darcy is producing one of the most magical and ambitious projects this Christmas. Ignoring the old adage 'Never work with children or animals, Rebecca and her team of fellow professional performers will be working with both and even hope to have a baby involved! Rebecca has previously directed and choreographed performances that have pushed the boundaries, including, 'Starlight Express', where the cast of under 21s performed the whole show on roller skates in a disused aircraft hangar. Rebecca Darcy says 'The thing that excites me most about working in the theatre industry is the daredevilry. The most captivating performances for the audience, production team and cast are those that are risky and ambitious.'

A small, draughty, thatched barn in the depths of Suffolk's beautiful countryside provides the most atmospheric arena in which to tell the greatest of all

stories. Prior to the performance you can indulge in a warm mulled wine as you watch the arrival of Mary and Joseph who will welcome you into the barn, where you can snuggle up on bales of hay, under your own blankets and fleeces as the story unfolds.

The search is on for the supporting cast and children aged 5-16 can enrol in a one day workshop where they will prepare their performances for the Nativity. Rebecca is also looking for a newborn baby to star as baby Jesus. 'My aim is to make the production as realistic as possible.' Says Rebecca.

If you have a child who would like to perform in this truly magical experience there will be a musical theatre workshop day where they can learn new skills and perform in one of the performances too.

The performances are on Saturday 15th December only and tickets are limited so please book early to avoid disappointment. These can be booked via our website [www.encoretheatricalevents.com](http://www.encoretheatricalevents.com)

Wishing everyone a very Merry Christmas  
from Rendlesham Parish Council



<b>Parish Councillor</b>	<b>Responsibilities on the Council From May 2017</b>
Kay Nash	<b>Chairman,</b> SALC Rep, Finance & Asset Committee, Jubilee Park Committee, Personnel Committee
Mike Stevenson	<b>Vice Chairman,</b> Planning Committee, Finance & Asset Committee, SALC Rep, Newsletter Working Party Emergency Plan Working Party
Steph Thrush	Planning Committee, Personnel Committee,
David Rushbrook	Planning Committee, Personnel Committee
Martyn Redfern	Planning Committee, Finance & Asset Committee, Youth Group Committee
Sue MacGregor	Planning Committee, Personnel Committee, Youth Group Committee
	VACANCY
	VACANCY
Andy Ferguson	Emergency Plan Working Party Youth Group Committee, Jubilee Park Committee
Mike Parry	Finance & Asset Committee, Planning Committee, Jubilee Park Committee
Nigel Harding	Finance & Asset Committee, Jubilee Park Committee, Youth Group Committee, Newsletter Working Party

*By contacting Rendlesham Parish Council you agree your contact details may be held and processed for the purpose of correspondence and services we provide. We only keep information for as long as necessary. We do not share your information with third parties.*

## COPY SHOP

The Parish Council are now offering a community Copy Shop at the Parish Office.

<b>Service</b>	<b>Charges</b>
A4 B/W	5p
A3 B/W	10p
A4 Colour	10p
A3 Colour	20p
A4 Card B/W	10p
A4 Card Colour	20p
<b>Binding</b>	
Plastic spiral with cover & back	50p £1.50
Wire spiral with cover & back	50p £1.50
<b>Laminating</b>	
A4	35p
A3	70p

**Next Parish Council Meetings**  
**5 November 2018, 7.15pm**  
**Rendlesham Community Centre**  
**15 minute public session**

## 2018 Parish Council Meetings

**Full Council** — 7 January 2019

Youth Group Charity Committee— tbc\*  
 Jubilee Park Committee— 17 January\*  
 Finance & Asset Committee— 14 February\*  
 Planning Committee— 14 January\*

\* NB these meetings will be held at the Pavilion, Jubilee Park

### Parish office

**Rendlesham Community Centre, Walnut Tree Avenue, Rendlesham, IP12 2GG.**  
**01394 420207 E: [admin@rendleshampc.org.uk](mailto:admin@rendleshampc.org.uk)**

### Office opening hours:

Mondays 10am–2pm  
 Tuesdays 10am–2pm  
 Thursdays 10am–2pm

### Minutes of meetings:

Approved minutes of meeting are available on the Parish Council website  
[www.rendlesham.suffolk.gov.uk](http://www.rendlesham.suffolk.gov.uk)

# Parish Council News



Photo: donated

At 11am on 8<sup>th</sup> November at St Gregory's Church, Councillor Nigel Harding placed a Royal British Legion plaque on the grave of Private 2657 William Austin of the Shropshire Yeomanry. William died on 30<sup>th</sup> January 1918 aged 25 years. He was the son of Mr and Mrs Bob Austin of Friday Street Rendlesham.

Every World War 1 war grave in Suffolk is being marked with a plaque to commemorate the 100<sup>th</sup> anniversary of the ending of the Great War. More information on all the Forces personnel from Rendlesham who laid down their lives in the Service of their King and Country during the Great War can be found at Roll of Honour.com

[www.rollofhonour.com/Suffolk/Rendlesham](http://www.rollofhonour.com/Suffolk/Rendlesham)



## Firework Display

It was truly a firework spectacular at Jubilee Park on 4 November. A huge thank you to everyone who helped shake buckets, set up, clear up and organising the event.

Thanks also to EACAT (car park and co-ordination), Falcon Fire & Rescue (First Aid and fire service), William Stock (fairground), Parish Council staff, Scouts (refreshments and bucket shakers), Wandering Grill (food) and TnToasties (food).

The date is already in the diary for the 2019 display...

Sunday 3 November

2019 is going to be even bigger and better!

## Skatepark

We've spent the last few months working on the funding for the skatepark and with £26,000 already raised and next year's Rendlesham Show proceeds will be added to this which will bring the total to around £30,000. We will be applying to Sport England for a grant to meet the shortfall.

## Jubilee Park

Over the next month we will be redecorating the pavilion at Jubilee Park. We recently fitted acoustic panels in the main room to make the building more user friendly for the those that are hard of hearing. So far they seem to be working well and making a positive difference.

## Parish Council Election

Parish Council elections are taking place on 2 May 2019. This is an opportunity for anyone interested to become a parish councillor to stand for election and represent the parish in continuing to make Rendlesham a great place to live and work. Contact the Parish Clerk for more details.

**FREE**

**Doggie bags**

Available from the Parish Council office  
Mondays, Tuesdays and Thursdays 10-2pm



## Noise nuisance

Noise is a fact of everyday life; however, we are all entitled to expect that the activities of others do not interfere unreasonably with our private lives. This includes freedom from the intrusion of other people's noise from BBQs, parties and playing loud music with the windows open. Please be considerate of neighbours when undertaking activities outdoors this summer.

## Out of Hours Service

During the summer season the District Council provide an Out of Hours Service which enables you to report a problem to the Officers on duty so they can attend if possible and witness it. This service is available at weekends only from the beginning of May to the end of September on Friday and Saturday nights.

You can download a leaflet on how the District Council manages noise nuisance from [www.eastsuffolk.gov.uk/assets/Environment/Environmental-Protection/Noise-Nuisance-2016.pdf](http://www.eastsuffolk.gov.uk/assets/Environment/Environmental-Protection/Noise-Nuisance-2016.pdf)

# Rendlesham Church

St Gregory the Great

Ashe Road,  
Rendlesham,  
Woodbridge,  
IP12 2QY

**Church Wardens:**

Liz Morrison, 01394 460582  
Caroline Bunbury, 01394 460235

St Felix of Dunwich

Walnut Tree Ave,  
Rendlesham,  
Woodbridge,  
IP12 2GG

**Church Wardens:**

Nigel Harding, 01394 420419  
Sue Potter, 01394 461443

**For Funerals:** Rev Judith Andrews, 01394 411642

**Baptisms, Marriages and pastoral needs:**

Rev David Murdoch, 01394 450336 [revdave@timicomail.co.uk](mailto:revdave@timicomail.co.uk)

**General inquiries** - [info@rendleshamchurch.org](mailto:info@rendleshamchurch.org)

## Sudbourne & Tunstall Baptist Church Services & Activities In December

Sun 2nd Dec: 10:30am - Sudbourne/ 6:30pm - Tunstall

Sun 9th Dec: 10:30am - Tunstall / 6:30pm - Sudbourne

Sun 16th Dec: 10:30am - Rendlesham Primary School  
6:30pm - Tunstall

Sun 23rd Dec: 4:30pm - Tunstall Community Centre

**Christmas Day Tuesday 25th Dec:** 10:30am - Sudbourne

Sun 30th Dec: 10:30am - Tunstall

**COFFEE, CRAFT & CHAT** at Tunstall Baptist Church:

**Christmas Special** Thursday 13th Dec: 7:30pm

**TOTS & TODDLERS/COFFEE CRAFT & CHAT**

at Tunstall Baptist Church:

9:30 am - 11:30 am every Wednesday (till 12th December)

**FRIDAY CLUB (5-11yr olds)** 6:15 pm - 7:15 pm

**& YOUTH GROUP (11 yrs +)** 8 pm - 9:30 pm

At Sudbourne Baptist Church - Every Friday till 7th December

**Minister:** Pastor Dave Rushbrook

T: 01394 809691 / E: [pastor@stbaptist.co.uk](mailto:pastor@stbaptist.co.uk)

**Sudbourne Baptist Church:**

School Road, Sudbourne, Suffolk, IP12 2BE

**Tunstall Baptist Church:**

Mill Road, The Common,  
Tunstall, Suffolk, IP12 2JR

 [www.facebook.com/stbaptist](https://www.facebook.com/stbaptist)  
[www.stbaptist.co.uk](http://www.stbaptist.co.uk)



## A Prayer to say during the vacancy as we await a new Team Vicar:

Almighty God,

We ask you to bless our communities of Rendlesham, Eyke, Bromeswell and Wantisden during this time of waiting as we seek the appointment of a new Team vicar.

Give us the resources that we need to continue with the work of your church, uniting us in love and service.

Help the Parochial Church Councils to work together to provide the necessary and truthful facts of our church life, so that when a priest sees our Benefice profile, he or she will gain a real insight into the work of the new Team vicar here.

We pray for the person who will fulfil that role, that he or she will be filled with your blessing to guide us as we seek to further your work here in our communities.

We ask this in the Name of Jesus Christ, your Son, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

# Rendlesham Church



My dear friends,

## God with us

What is the true meaning of Christmas and how will you prepare for it amidst all the festivities and pressures? I am pondering 'The Art of Advent' by Jane Williams (SPCK, London, 2018) in which she provides a painting and a meditation for each day from Advent to Epiphany. For Christmas Day, Jane uses the title for Jesus 'Emmanuel', meaning 'God with us'. (Matthew 1, 23)

Jane links this with the picture 'Nativity', by contemporary Chinese artist, He Qui. Dr Richard Melheim describes his work as brilliant and colourful, vibrant and energetic; blending the traditions of religious art from Chinese Buddhism with Western Medieval and modern ones.

He Qui has said  
'We are living in a time where there is much violence. There is little peace.  
We need to listen to the voice of heaven.'

This picture is indeed bright and colourful, the Virgin and child at its heart, with Joseph and the donkey watching and the angels singing and sheep dancing. Yet there is also a turbulence about the lines in the picture, expressing the suffering which is to come.

Jane writes of how in the birth of Christ the source and sustainer of creation enters and becomes part of creation, becoming as weak, helpless and vulnerable as we can be, and overturning our ideas of a remote, all powerful God. Rather, God in Christ will 'absorb hatred, violence and death and turn them into love, peace and life'. (page100)

Thus, God is with us in our humanity, our joys and sorrows, hopes and fears, bringing new possibilities.

Happy Christmas!

*Your friend and Team Rector, David*

DATE DECEMBER 2018	Rendlesham St Felix	Rendlesham St Gregory	Bromeswell	Eyke	Wantisden
<b>2<sup>nd</sup> Dec Advent Sun</b>	11.00 Family Service – Mr M Knapp		11.00 Holy Eucharist – Rev J Andrews	9.00 Holy Eucharist – Rev J Andrews	
<b>9<sup>th</sup> Dec Advent 2</b>	11.00 Holy Eucharist – Rev S Affleck	9.00 Holy Eucharist – Rev J Andrews	11.00 Christingle – Mr S Nicholls		3.00pm Carol Service- Mrs J Bishop
<b>16<sup>th</sup> Dec Advent 3</b>	10.30 Combined service with Baptists at Rendlesham School		9.00 Holy Eucharist – Rev J Andrews	9.00 Morning Praise – Mr S Nicholls /Mr M Knapp	<b>Thurs 20<sup>th</sup></b> 6.00pm All Age Youth Carol Service – Mr M Knapp
<b>23<sup>rd</sup> Dec Advent 4</b>	11.00 Holy Eucharist – Rev J Andrews	9.00 Morning Praise – Mr M Knapp 6.30pm Taize Service - Mrs J Bishop	11.00 Morning Praise - Mr R Jordan		
<b>24<sup>th</sup> Dec Christmas Eve</b>	3.00pm Family Carol Service – Mr M Knapp	9.00 Bethlehem Midnight Mass - Rev J Andrews	6.30pm Carol Service - Mrs J Bishop	5.00pm Crib Service- Mr S Nicholls	
<b>25<sup>th</sup> Dec Christmas Day</b>	10.00 'Bring a present' service- Mr M Knapp	10.00 joint family-friendly Holy Eucharist at Eyke – Rev Dr J Hare			
<b>30<sup>th</sup> Dec Christmas 1</b>	10.00 Cluster Eucharist at Rendlesham St Gregory – Rev Dr J Hare				
	NB Canon P Stentiford will conduct Weds 10.00am Eucharist at Rendlesham St Felix on the first Wednesday of each month.				



## Christmas tours at Otley Hall

Looking for something different to start your Christmas Celebrations?

Experience a Tudor-style Christmas with a guided tour of this stunning 16th century building rich in English history. Walk through candle lit rooms decorated for the Christmas season and hear stories of the famous and sometimes surprising former residents!

The tour is followed by mulled wine and festive nibbles in front of the roaring log fires of the Great Hall.

A wonderful start to the festive season!

13th –14th December

Time: 6.30pm-9.15pm

£17.00 per person

Email: [events@otleyhall.co.uk](mailto:events@otleyhall.co.uk),

Phone: 01473 890264

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01394 547120  
[crystalali@btinternet.com](mailto:crystalali@btinternet.com)  
[www.facebook.com/crystalencountersuk](http://www.facebook.com/crystalencountersuk)

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*Rendlesham Parish  
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THE SALON EXPERIENCE WITHOUT THE PRICE

# Anything Suffolk Online Gift Shop

[www.anythingsuffolk.co.uk](http://www.anythingsuffolk.co.uk) showcases over 50 local artists and photographers, celebrating the rich life and landscape of our beautiful county. This new online shop sells Suffolk themed fine-art prints, calendars, books and gifts. These are ideal Christmas gifts for any lovers of Suffolk. There is also an image gallery and information about the contributors.

Gipping Press Ltd, the company behind AnythingSuffolk, have worked with local artists for many years; scanning and reproducing fine-art prints that are faithful to the originals. Now [anythingsuffolk.co.uk](http://anythingsuffolk.co.uk) has a library of over 200 Suffolk pictures online and the number is growing. No original artwork is sold but each reproduction is

uniquely numbered, embossed and beautifully presented.

There is also a variety of other Suffolk printed products available with more to be added to the collection in 2019.

We invite all local artists/ photographers to submit images for publishing to [anythingsuffolk@gippingpress.co.uk](mailto:anythingsuffolk@gippingpress.co.uk). Commission will be paid for any work sold. This image library is unique collection and the site will be promoted further throughout 2019.

Thank you for your interest in [www.anythingsuffolk.co.uk](http://www.anythingsuffolk.co.uk). We hope you enjoy browsing, celebrating your home county and supporting talented local contributors.



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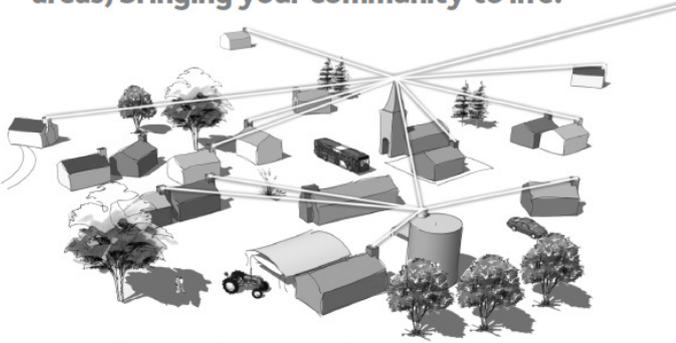


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## Post Office update



### Important Information

**Rendlesham Post Office®**  
**Costcutter, Anglia Business Centre, Rendlesham, IP12 2GG**

We regret to inform you that this branch closed temporarily on 10 October 2018. We are looking to restore a Post Office® service in this area, as soon as possible.

During this period of temporary closure customers requiring Post Office services may use any convenient Post Office branch. Details of alternative branches are below.

#### Alternative access to Post Office® services:

##### Opening times:

Monday	08:30 – 17:30
Tuesday	08:30 – 17:30
Wednesday	08:30 – 17:30
Thursday	08:30 – 18:00
Friday	08:30 – 18:00
Saturday	08:30 – 13:00
Sunday	CLOSED

**Wickham Market Post Office**, 36 High Street, Wickham Market, Woodbridge, IP13 0QS

##### • Services

The same range of services will continue to be available with the addition of Car tax, comprehensive range of Travel Money and On Demand Travel Insurance.

##### • Access and facilities

This branch has a wide door and level access at the entrance.

##### • Transport/parking

Off-road parking is available outside the branch. There are local buses serving the surrounding area.

##### • Route

This Post Office service is located approximately 4.6 miles away from Rendlesham branch, along varied terrain.

##### Opening times:

Monday	08:30 – 17:30
Tuesday	09:00 – 17:30
Wednesday	09:00 – 17:30
Thursday	09:00 – 17:30
Friday	09:00 – 17:30
Saturday	09:00 – 17:30
Sunday	CLOSED

**Woodbridge Post Office**, 3 The Turban, The Thoroughfare, Woodbridge IP12 1DE

##### • Services

The same range of services will continue to be available with the addition of Car tax, comprehensive range of Travel Money, Passport Check & Send and On Demand Travel Insurance however excluding National Lottery.

##### • Access and facilities

This branch has a wide door and level access at the entrance.

##### • Transport/parking

Off road parking is available nearby. There is off road parking nearby. There is a regular service available between Rendlesham branch and this Post Office service. The nearest bus stop is opposite the branch.

##### • Route

This Post Office service is located approximately 5.7 miles away from Rendlesham branch, along varied terrain.

Please accept our apologies for any inconvenience this may cause.

##### How to contact us:

postofficeviews.co.uk  
 comments@postoffice.co.uk  
 FREEPOST Your Comments  
 Call 03452 66 01 15  
 Textphone 03457 22 33 55

If you would like this information in Braille, large print or audio or to see a copy of our Principles of Community Engagement about changes to the Post Office® network, please contact us as detailed.

## Tunstall Bowls Club

Another season has come and gone - at least as far as playing the game is concerned, but not before our end of season barbecue. It was splendidly organised by Eric Reeve, Eric Burman, Di and Phil, with wonderful food, fun games and music by Len, enjoyed by all who attended.

Now the hard work is underway to 'put the green to bed' for the winter. Heavy scarifying has taken place, autumn/winter feed put on and over-seeding and top dressing applied. Hopefully this will lead to a better playing surface next year as the extreme hot and dry weather experienced this year left a lot to be desired so far as the playing surface was concerned. The coming events include the end of season dinner at the Blaxhall Ship on Saturday 17 November and the Annual General Meeting at the Community Centre on Friday 30 November.

We are still looking to recruit new members for next year and it is pleasing to note that two positive approaches have already been made, so I appeal to you out there to give it some thought and come and give it a go next season.

Eric Burman Chairman  
 Tel. 688212  
 Di Pickard Secretary  
 Tel. 689181

  
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## Consumer Corner: Gift Card Fraud

**Action Fraud are aware of an instance of gift card fraud in Suffolk:**

The resident received a message via WhatsApp advising that a celebrity wanted to gift them a large sum of money, however first they needed to make a payment by purchasing iTunes Gift Cards from the nearest retailer. After the cards had been purchased, the victim was asked to 'pay' by sharing the 16-digit code on the back of the card with the caller.

Action Fraud have seen a recent increase in this type of fraud with a total reported loss of approximately £520k since May 2016. If you receive a call asking for any kind of payment via gift cards, immediately hang up and report it to us or Action Fraud via **0300 123 2040**. Share this information with friends, family and neighbours to make sure that they are scam aware!

For more information on gift card scams, visit <https://www.actionfraud.police.uk/news/itunes-gift-cards-favoured-by-fraudsters>

## The Rendlesham Show 2019

**Saturday June 8<sup>th</sup> 2019**  
**Save the date!**

The planning team have had their first meeting and have agreed the theme:

### *All Creatures Great and Small*

Attendance already confirmed:  
*K9Quackers, Diddy Long Legs, Chloe Kinrade School of Dance, Deben Community Farm, The Rock Project, Classic Car Show, The Lockerbillies*

It's not too late to get involved with the planning...

Our next meeting is  
**Tuesday January 15<sup>th</sup> 7:30 p.m.**  
Jubilee Park Pavilion

### **More help is urgently needed.**

The planning team is a small group of dedicated people but, we've organised the show for several years and are not getting any younger.

If more help is not forthcoming to share the work and ensure succession, the 2019 show may be the last. We don't want that, we hope you don't either...

Please contact the Parish office or  
[carole.brason@uwclub.net](mailto:carole.brason@uwclub.net)

## THE FENLAND SCREAMERS & OTHER BOGGY TALES AT SECKFORD THEATRE

A hilarious musical alternative to the Christmas panto.

Eastern Angles return with their 30th Christmas show in 'The Fenland Screammers & Other Boggy Tales' by Pat Whymark & Julian Harries. This eccentric festive musical comedy tours to Seckford Theatre in Woodbridge from 9th – 19th January 2019.

They were invited to see out the Old Year – but would they ever see in the New?! It is the 30th December, 1930. Young amateur sleuth siblings Sloppy & Sixpence arrive at a remote house in the middle of Clinker Fen, invited by a distant relative to celebrate the New Year. Tempted by the idea of a grand weekend party, they find the place deserted apart from the creepy butler, Tangent. He is expecting them and despite their misgivings, they decide to stay. Other guests arrive, all strangers to one another, and as the fog descends, cutting them off from the outside world, they pass the time by telling stories. It becomes apparent that they all have a guilty secret, and are unnerved when Tangent tells them the local legend of the Fenland Screammers, avenging spirits who emerge from the bogs

to drag the guilty back down into the mire. When one of the guests mysteriously disappears, they all begin to fear for their lives. Can Sloppy & Sixpence solve the mystery before the Screammers come again and take them all, one by one?

The cast of five include Joe Leat (The Mystery of St Finnigan's Elbow, Everything Must Go) and Geri Allen (Stoat Hall). From the sublime to the ridiculous you can expect a quirky quick paced farce punctuated with original catchy songs. Suitable for kids both sides of 40! This eccentric festive musical comedy tours to Seckford Theatre in Woodbridge from 9th – 19th January 2019.

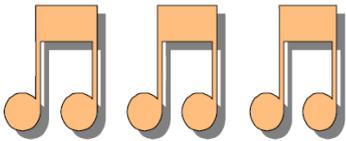
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# 1<sup>st</sup> Rendlesham Scouts

## 1<sup>st</sup> Rendlesham Scouts Scouts (10-14 Years) & Explorers (14-18 Years) Scarefest 2018

Scarefest is a weekend camp held each Halloween at Gilwell Park for Scouts & Explorers from all over the UK and this year 1<sup>st</sup> Rendlesham attended for the first time.

### Membership

Swarm ESU currently has spaces for young people (both boys & girls) aged 14-18 to join the section, please contact Clare Barstow (Explorer Scout Leader) on 07790 036553 or [explorers@rendleshamscouts.org.uk](mailto:explorers@rendleshamscouts.org.uk) for details. We are always happy to hear from any young person wishing to join any section, Beavers, Cubs, Scouts & Explorers or any adult willing to volunteer to help in any way, please contact Keith Gleen (Acting GSL) [info@rendleshamscouts.org.uk](mailto:info@rendleshamscouts.org.uk) for more information.





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Cereals, cornflakes, weetabix, oatflakes, bran flakes & muesli etc  
Squash & some soft drinks  
James White suffolk apple juices  
Tiptree jams (some sugar free), marmalades, honey & lemon curd  
Soups tinned & cup a soup  
Tinned fish, meat, beans, rice & fruit  
Cakes & biscuits some gluten & sugar free  
Sugar white & brown etc  
Flour plain & self raising (bread flour available to order)  
Custard tinned etc  
Herbs & spices  
Tomato Sauce, Brown Sauce & Salad Cream etc  
Sweets & Chocolate (some sugar free)  
Dried fruit, plain, and some choc & yogurt coated  
Nuts, plain, salted, spicy, and some choc & yogurt coated  
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The Mobile Grocer will be on holiday on Thursday's 27th December 2018 and 3rd January 2019. Back Thursday 10th January 2019.



### December Events at the Boardwalk

- Sun 2nd Dec - Square christmas Lights Switch On. festive drinks.
- Mon 3rd Dec - TM Talk at 7pm.
- Tue 11th Dec - Christmas Pamper Evening.
- Fri 14th Dec - karaoke at 8pm.
- Sun 16th Dec-- Festive open Mic at 8pm.
- Fri 21st Dec - Caroling 5-6pm.
- Fri 21st Dec - Submerge Disco 8pm.
- Sat 22nd Dec - Meet Santa Clause.
- Mon 31st Dec - New year's Eve Party with disco and food. 7pm £10 a ticket. Only 100 tickets!

For more info on events, check out our facebook page: The Boardwalk Rendlesham. Or pop in to see our notice boards

Call us on: 01394 460602

Find us at: Cafe Unit 3, Village Centre, Rendlesham, IP12 2GG

Or visit our Website: <https://www.boardwalkcafebar.co.uk>





# Meet Tinky Winky

Tinky Winky was found at the side of the road in Trimley on the 26th September; small, cold and in desperate need of care and attention. Friends brought him to Sue in Rendlesham knowing that she has been trained to help such hedgehogs. Sue checked him for fly eggs, then flea-treated and bathed him and put him on a heat pad. She stayed with him during the first night, regularly feeding him rehydration fluids and kitten milk, having followed advice from Paula at Suffolk Prickles Hedgehog Rescue. At that stage he weighed 213 grams. Now (9/11/18), Sue having looked after him with a close working relationship with Sue Manning at Ryder Davies vets in Rendlesham, Tinky Winky weighs a grand 698 grams. Following his final vet check he is ready for soft release into the wild. This takes the form of spending some time in a box in her garden shed, then into a garden hutch and pen before being allowed to roam free in the hedgehog friendly garden, if he



hasn't already made his escape!

## Meet Sue, Tinky Winky's rescuer

Sue has always loved animals and kept several cats. She sort of fell into hedgehog rescuing having enjoyed feeding and watching hedgehogs in her garden. There is a saying that "If you look straight into a hedgehog's eyes you are hooked" and this was certainly the case with Sue. She has trained with Suffolk Prickles/Suffolk Wildlife Trust as well as with the British Hedgehog Preservation Society/Vale Wildlife Hospital, Gloucestershire. She could not have done her work without them and Rendlesham vets. Looking after hedgehogs has been a reward for Sue, helping her through tough times. She is also very aware that 'Surveys by citizen scientists show hedgehog numbers have fallen by about 50% since the turn of the century.' *BBC 7th Feb 2018.*

<https://suffolkprickles.org>

<https://britishhedgehogs.org.uk>      <http://www.valewildlife.org.uk>



## Sue's recommendations for us to help hedgehogs

1. Have hedgehog friendly gaps in garden borders. These need to be about 13 cm wide.
2. Have a wilder area in the garden e.g. logs, long grass and leaf piles.
3. Leave out some kitten or cat biscuits and water in a shallow dish—not bread or milk.
4. Generally hedgehogs are nocturnal: those who look 'drunk' or 'sunbathing' in the day, or have flies around them, are probably in need of care and attention—take them to a vet or seek advice.
5. **Enjoy singing carols and raising money for Suffolk Prickles, 5:00—6:00 pm on Friday and Saturday 21st/22nd December at the Boardwalk in Rendlesham.** <https://www.boardwalkcafebar.co.uk>
6. If Sue can be of further help, her email address is: [sue.goward@yahoo.co.uk](mailto:sue.goward@yahoo.co.uk)

# Rendlesham Good Neighbour Scheme

We are a small group of local people who are interested to know whether a Good Neighbour Scheme is something that is needed and supported by residents in Rendlesham, and set one up if it is.

A Good Neighbour Scheme would provide support to people living in Rendlesham who could benefit from a little help. It might be that you already support a neighbour or family member, but a Good Neighbour Scheme would help relieve the feeling of responsibility for when you go on holiday for example. With the recent problems with the shop and bus services cancelled due to road works the Good Neighbour Scheme could be the answer to smoothing out some of these problems.

The scheme would be entirely run by local volunteers and would connect people together to help Rendlesham be a friendlier and happier place to live. Good Neighbour Schemes are a great way to meet your neighbours and get to know your neighbourhood if you are new to the area.

By contacting the scheme you may be able to ask for help with:

A lift to the GP, hospital or shops or even work, maybe you have injured yourself and can't drive.

Getting in some food provisions because you are unwell or have a poorly child and can't get out of the house.

Help with filling in a form.

Help around the home or garden.

Company/friendship.

Advice on what is available locally, such as groups/activities including local tradespeople.

The Scheme would be fully insured, and DBS checked and is supported by Community Action Suffolk who have assisted in setting up similar schemes in other local villages.

It is proposed that the scheme would work by contacting the scheme on the dedicated phone number and leave a message of your request. A volunteer will call you back and let you know whether the scheme can help or not and who would be helping. You can use the scheme and also be a volunteer.

It is not intended that the scheme replaces local tradespeople but rather bridges the gap between asking for a favour and knowing who to ask without embarrassment.

There is a short survey we would like you to complete so we can tell if the scheme would be used and what services we should initially offer. The survey is available on paper at most of the public centres in the village such as the parish council office or the boardwalk, on line at <https://www.surveymonkey.co.uk/r/XTWM2YJ> or using the QR code below. It is available on phone, Tablet or PC/MAC. You can also email us directly at [rendleshamgns@gmail.com](mailto:rendleshamgns@gmail.com)

Many Thanks, Dave, Doug, Doreen and Peter



## Rendlesham Good Neighbour Scheme survey

Would you use:

- |  |       |
|--|-------|
| Q1 A lift to the Dr or hospital        | Y / N |
| Q2 Someone to collect prescriptions    | Y / N |
| Q3 Someone to chat to or share company | Y / N |
| Q4 Help filling in a form              | Y / N |
| Q5 Help with aPC, Tablet or smartphone | Y / N |
| Q6 Getting some shopping or supplies   | Y / N |
| Q7 Advice about local services         | Y / N |
| Q8 Anything else (please add)          |       |

Q9 Would you be willing to help someone? Y / N

Please return this survey to the collecting box in the Boardwalk.

## Ceremony of Carols Gippeswyk Singers New Year Concert with Martlesham Brass

Gippeswyk Singers are welcoming in the New Year with special guests Martlesham Brass in a concert at St Michael & All Angels Church Centre, Martlesham Heath IP5 3PL on Sunday 6<sup>th</sup> January at 7:30pm.

Come and enjoy an uplifting evening of beautiful music from the choir including Benjamin Britten's "Ceremony of Carols" and Brian Latchem's "An Abundance of Blessings" conducted by Gippeswyk Singers' inspirational musical director, Geoff Lavery and accompanied by the talented young professional harpist, Anna Wynne.

Martlesham Brass are featured performing on their own as well as joining the Singers for a wonderful medley from "The Sound of Music" which will have the whole audience singing along!

Tickets £5 – at the door and in advance from choir members or [paulgalley@btinternet.com](mailto:paulgalley@btinternet.com). Refreshments will be available.

Gippeswyk Singers are supporting local charities FIND (Families in Need/ Food Bank Ipswich) and ICSRE (Suffolk Law Centre).

2019 Spring Concert update: Verdi's "Requiem" concert tickets are already selling for a special collaboration between Gippeswyk Singers, Beccles Choral Society, Phoenix Singers, Lambeth Orchestra and 4 outstanding international soloists at Snape Maltings on 11<sup>th</sup> May, 2019. Conducted by Geoff Lavery, the massed chorus and full orchestra will have over 250 musicians filling the concert hall stage at Snape for this magnificent work by Verdi. Tickets (£25, £20, £15) are available from members of all 3 choirs, [cherylcoutts468@btinternet.com](mailto:cherylcoutts468@btinternet.com) or Snape Box Office 01728 687110. [www.gippeswysingers.co.uk](http://www.gippeswysingers.co.uk)



**Ceremony of Carols**

*A concert for the New Year*

**Gippeswyk Singers** conducted by Geoff Lavery

with **Martlesham Brass** (conductor Adam Cable) and Anna Wynne (harp)

**Sunday 6th January 2019 7.30pm**

**St Michael's Church Martlesham IP5 3PL**

**TICKETS £5** at the door

Advance tickets available from choir members or email: [paulgalley@btinternet.com](mailto:paulgalley@btinternet.com)

Gippeswyk Singers are supporting the following charities with this season's concerts

FIND – Families in Need/Food Bank Ipswich  
ICSRE - Suffolk Law Centre

[www.gippeswysingers.co.uk](http://www.gippeswysingers.co.uk)



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## What's on at Woodbridge Library...

There is plenty of music and literature to enjoy in the FOWL events of November and December. See below for details. We look forward to seeing you.

### Lunchtime music

#### Pupils of Woodbridge School

**Tuesday 6 November and Tuesday 20 November, both at 12.45pm**

Woodbridge School pupils have entertained us on many occasions in recent years. We are fortunate to have the school on our doorstep and to be able to benefit from their skill and enthusiasm. Entry is free. Donations to the work of the Friends are welcome.

### Meet local author Peter King

**Thursday 15 November 5.30pm**

Founded in 1825 by the 21-year-old George Thompson Jnr., the Aberdeen Line developed over one hundred years into one of the best respected shipping lines in Britain. Initially engaged in the UK coastal, Baltic, North American, South American, China and Antipodean trade routes, it later became the longest-serving line on the Australian trade route via the Cape. The name of Thompson's Aberdeen Line was synonymous with the highest professional standards, with such jewels as the clipper *Thermopylae* and their first steamer, *SS Aberdeen*. In his book *The Aberdeen Line* Peter King brings this once prominent shipping line back to life for the enjoyment of shipping enthusiasts and maritime historians.

Seats are £3 which includes light refreshments (it is after all tea time!) You can book your place at the Library counter or by phoning 01394 330855.

### The Rubaiyat of Omar Khayyam - again!!

The reading at the Library by Charles Muggleston of Edward FitzGerald's *The Rubaiyat of Omar Khayyam* was extremely popular. Whether you were there or not you may be interested to see a three and a half minute clip of the reading on YouTube. Open the internet on your computer and go to [www.youtube.com](http://www.youtube.com) and then search for Omar Khayyam and Edward FitzGerald - A Celebration of Universal Genius. This will give you a good flavour.

### Can you help?

Readers will be aware that Friends events are organised by a small group of people who meet regularly to organise a variety of events that will both encourage people to come and use the Library and to raise funds to enable the Library to improve its facilities and services. This Events Group needs a few new members and in particular needs a new Secretary and a new Chairperson. These are vitally important roles within the Friends organisation as the Events Group is the hub of fund-raising. Do you have some time that you feel you could commit to

helping the work of the Friends? If you are interested and would like to know more about what is involved please phone Tim Cornford on 01394 387586.

### The Woodbridge Fashion Show

In October the Library was transformed into a catwalk and models from five local shops paraded autumn and winter fashions before a sell-out audience.



Photos: Donated

### Looking ahead to December

On Friday 7 December we will welcome back the actor James Hornsby. He has delighted us in previous years with one-man performances of *Great Expectations* and *Dracula*. He returns to prepare us all for Christmas with a performance of **Dickens' A Christmas Carol**. The event begins at 7.30pm and we will serve mulled wine and mince pies in the interval - all included in the ticket price of £10 (students £5). You can buy your tickets now by phoning 01394 330855 or in person at the Library.

### CONTACT POINTS

Library: 01394 330855

E: [woodbridge.library@suffolklibraries.co.uk](mailto:woodbridge.library@suffolklibraries.co.uk)

Friends email:

[friendsofwoodbridgelibrary@gmail.com](mailto:friendsofwoodbridgelibrary@gmail.com)

Websites: [www.suffolklibraries.co.uk/branches/woodbridge-library](http://www.suffolklibraries.co.uk/branches/woodbridge-library)

[www.suffolklibraries.co.uk/about/member-organisations/friends-of-woodbridge-library-fowl](http://www.suffolklibraries.co.uk/about/member-organisations/friends-of-woodbridge-library-fowl)



# Woodbridge CAMERA CLUB

[www.woodbridgecameraclub.co.uk](http://www.woodbridgecameraclub.co.uk)

Visitors welcome admission £5

The Meeting Room at  
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## Tuesday 15th January 7:30 Kevin Sawford

'An East Anglian Wildlife Photographer's Year'

An Illustrated talk by a multi award winning professional  
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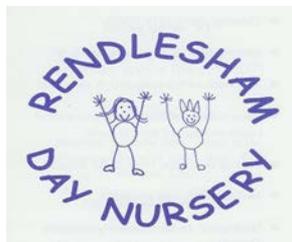


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w [www.uffordpark.co.uk](http://www.uffordpark.co.uk)



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# Woodbridge set for parking boost

Work is set to start on a scheme to boost Woodbridge by creating much-needed extra car parking.

The £850,000 project is scheduled to start next week (Monday 26 November) in response to the call for more spaces from local businesses and the Town Council.

The creation of 63 extra spaces at The Avenue and Station Road carparks is due to take six months and expected to be completed during summer 2019.

“Woodbridge is becoming increasingly popular with visitors and the town centre is thriving, so we had repeated calls to provide extra parking for shoppers and visitors alike,” explained Cllr Carol Poulter, Suffolk Coastal’s Cabinet Member with responsibility for the Green Environment.

“We apologise for any inconvenience caused by the work, but we need to provide improved parking facilities if the town is to continue to prosper. We have arranged for the work to be carried out at a time to avoid the main tourist season, but realise that Woodbridge is popular all year round, so there will be some people who are put out by the work.”

Work will be done in four phases, starting at The Avenue carpark. The public access between The Avenue carpark and Station Road carpark will be closed during the work,

so there will be no access to the river or Kingston Park via this route for the duration of the project.

The phasing of the work and the siting of the main compound area, in the Station Road carpark, has been carefully planned to ensure the maximum amount of parking remain available during the work.

While there will be some loss of the current vegetation, the larger trees are being retained and a substantial new planting scheme for new trees and vegetation has been planned to replace anything that is taken out.

Other features, such as an electric charger for two cars, better lighting, new cycle racks, along with the installation of bat and bird boxes are also programmed in.

Following consultation with local residents, speed humps are being added, to slow traffic down in the carparks.

The recycling bins have now been moved and placed on parking bays directly in front of the fenced area. They are accessible throughout the work period.

Suffolk Coastal has planned to do the work over the winter period as it is outside the busy summer season and less disruptive to local businesses.



## DARKER NIGHTS



Leaving your home unlocked, all in darkness and with valuables on view could mean that you end up giving burglars a gift.

**Don't make it easy for them.**

Burglars watch for houses with no signs of life. Leave a light on or better still put your lights on a timer and leave a radio on if you go out during the hours of darkness.

**Think about the security of your home.** Lock up doors, windows and gates. Remember to lock your garden shed and store tools and ladders securely inside; it stops burglars using your tools to break into your house.

Close it, Lock it, Check it.

**PLEASE CALL POLICE IMMEDIATELY, USING 999, IF YOU SEE OR HEAR ANYTHING SUSPICIOUS.**





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## Health Walks

**Details of all these walks can be found on the Health walks website;**

http://  
[www.walkingforhealth.org.uk/walkfinder/east-england/suffolk-stepping-out-suffolk#walks](http://www.walkingforhealth.org.uk/walkfinder/east-england/suffolk-stepping-out-suffolk#walks)



## Dog fouling incidents

Latest dog fouling incidents reported:

## Rendlesham Primary School

Please report fouling to:  
Suffolk Coastal District Council  
01394 383789 and/or  
Rendlesham Parish Council  
01394 420207  
E: [admin@rendleshampc.org.uk](mailto:admin@rendleshampc.org.uk)



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### Dance classes at Rendlesham Community Centre

Telephone: 07940469026

Email: [chloe.kinrade@hotmail.co.uk](mailto:chloe.kinrade@hotmail.co.uk)

Facebook: [chloekinradeschoolofdance](https://www.facebook.com/chloekinradeschoolofdance)

\*\*\*Classes also held at Wickham Market\*\*\*

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## PRACTICAL POINTS FOR BUILDING SUSTAINABLE COMMUNITIES

### Presentation by John Renwick (expert in sustainable/eco-friendly building)

drawing from presentations given at the recent Conscious Cities Festival and London Build events. including:-

**Responding to Climate Change** Dr James Cadman Lead Consultant with Action Sustainability and Stuart Clarke from Energist (2 presentations)

**Climate Change** - Materials and their impacts on it. Simon Sturgis, Targeting Zero

**Sensing Space** - Behavioral Science for the Built Environment, Prof Kate Jeffrey UCL

**Humanising Technology** - Human-centred urban innovation, Savannah de Savary, Founder and CEO of Build ID

*There will be plenty of opportunities for questions and discussion.*

**7:15 for 7:30 pm at Rendlesham Community Centre (Room 16)  
Wednesday 5th December 2018  
Admission Free (all welcome – bring a friend)**

## Re-use and recycle

Working in partnership with Suffolk County Council, **FCC Environment** and **The Benjamin Foundation** are now operating a re-use shop based at Foxhall Household Waste Recycling Centre.

The shop sell's items suitable for re-use that would otherwise be recycled or disposed of from seven of the 11 HWRCs across Suffolk. This includes furniture, toys, bicycles, books, electrical items and more! All items will be checked and tested in order to be re-sold. Why not pop in, donate an item or grab yourself a bargain?

### Opening Times

#### October - March

- Mon - Sat 9am - 4pm
- Sun 10am - 4pm

#### April - September

- Mon - Sat 9am - 5pm
- Sun 10am - 4pm

Please note the shop is open every Wednesday, even when the Household Waste Recycling Centre is shut.

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[www.caringhomes.org/rendlesham](http://www.caringhomes.org/rendlesham)

Rendlesham Care Centre, Suffolk Drive, Rendlesham, Suffolk IP12 2TP



## Local farmers' markets

### **Snape Maltings Farmers' Market**

(1st Saturday, monthly)

9.30am - 1pm. <http://www.snapemaltings.co.uk/>

### **Jimmy's Farm - Wherstead, near Ipswich**

(1st Saturday, monthly) 10am - 2pm.

<http://www.essexpigcompany.com/>

### **Manning's Amusement Park, Sea Road, Felixstowe**

(2nd Saturday, monthly) Open from 10am, [http://](http://www.manningsamusements.co.uk/page_12.html)

[www.manningsamusements.co.uk/page\\_12.html](http://www.manningsamusements.co.uk/page_12.html)

### **Halesworth Producers' Market**

(2nd Saturday, monthly) From 9am to 1pm, The Old Print Works, Halesworth IP19 8AP.

### **Woodbridge Farmers' Market** (2nd Saturday,

monthly) From 9am to 1pm at Woodbridge Community Centre.

<http://www.woodbridgefarmersmarket.co.uk/>

### **Aldeburgh Farmers' Market** (3rd Saturday, monthly)

9am- 2.30pm, Aldeburgh Parish Church Hall

### **Wickham Market - Monthly afternoon** (3rd

Wednesday, monthly)

The Hill, Wickham Market (the Square)

Contact: Teapot Tearoom (Margaret) tel. 748079 or see [www.wickham-market.org.uk](http://www.wickham-market.org.uk)



Sew Loopy Lessons Presents:  
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How to make a blanket**

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email: [sewloopyinfo@gmail.com](mailto:sewloopyinfo@gmail.com)  
or by phone: 07701323851

**You can now access the  
newsletter on our website  
[www.rendlesham.suffolk.gov.uk](http://www.rendlesham.suffolk.gov.uk)**

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## Become one of the first East Suffolk councillors

**Local people who want to make a difference in their community and play a key role in the new East Suffolk Council are being encouraged to consider standing for election as a District Councillor.**

On 1 April 2019, East Suffolk Council will be formed – a new ‘super district’ authority, serving the residents, businesses and communities of both Suffolk Coastal and Waveney.

The new district will be served by 55 councillors, each representing a ‘ward’ – the boundaries of which were recently published by the Local Government Boundary Commission for England.

There are 29 separate wards in total and some wards will be larger than others, with eight of them represented by three councillors, ten represented by two councillors and finally eleven wards with one councillor each.

Stephen Baker, Chief Executive for Suffolk Coastal and Waveney District Councils said: “We are looking for people who are interested in the exciting challenge of becoming one of the first ever East Suffolk councillors. Our new councillors need to be passionate about local issues, energetic and committed to making a difference to the lives of local

people.

“Councillors play an important role in making sure the voices of a community are heard and the needs of local people are met. There are no formal qualifications needed and we would encourage anyone meeting the eligibility criteria to consider standing for election; anyone elected for the first time will be given all the training and support they need.”

To be eligible to stand for election, applicants must be:

- 18 or over
- and a UK, EU or Commonwealth Citizen,
- and either be registered to vote on the current register with the local council
- or have either worked or lived in the council's area for one year
- or have been an owner or tenant of any land or premises in the council's area for one year

Elections to the new Council will be held on 2 May 2019.

Anyone interested in finding out more about becoming a councillor should visit [www.eastsuffolk.gov.uk/beacouncillor](http://www.eastsuffolk.gov.uk/beacouncillor) or contact the Democratic Services Team on [democratic.services.wdc@eastsuffolk.gov.uk](mailto:democratic.services.wdc@eastsuffolk.gov.uk) or [democratic.services.scdc@eastsuffolk.gov.uk](mailto:democratic.services.scdc@eastsuffolk.gov.uk)



Email  
[blackroosterconstruction@hotmail.com](mailto:blackroosterconstruction@hotmail.com)  
 Contact  
 07710150233



Black Rooster Construction offers a wide range of build and refurbishment services for properties located in Woodbridge and its surrounding areas. Our in-depth knowledge and expertise guarantees the delivery of unique, functional and high-quality spaces. We work to execute every project to a premium industry standard, on brief, on time and within budget.

Our belief in open communication ensures a smooth transitional build from design, engineering through to completion and handover.



# Christmas lunches in a palace...

Rendlesham's Maharishi Peace Palace® is once again inviting you to join them for vegetarian Christmas lunches between 14<sup>th</sup> and 20<sup>th</sup> December 2018. The two course lunch which starts with hot seasonal apple juice, will be followed by a tour of this impressive building and finish with Christmas carols around the grand piano in the main hall with views to the sky.

Annie Renwick, one of the general managers at the Peace Palace said, "We held Christmas lunches for the first time last year and they were so well received that we have included more dates for this year."

"We are very fortunate to have Steve Carroll, a Rendlesham resident, as our chef as the food he serves at the Peace Palace has received glowing reviews. The menu from Friday 14<sup>th</sup> – Mon 17<sup>th</sup> December includes cashew, vegetable and feta roast with tarragon sauce, roast potatoes and parsnips, seasonal vegetables and winter salad and from Tuesday 18<sup>th</sup> – Thursday 20<sup>th</sup> December, Steve will be creating a Christmas Indian banquet including vegetable pakoras, yellow split pea dahl with vegetables, chick pea and cauliflower curry, chapatis and raita."

"The main course will be followed by either stem ginger or mango cheesecake or winter spiced fruit pots with cream, and we have kept the price at a

very reasonable £20," she continued.

The festivities kick off at 12.30pm each day and will finish around 3pm.

Booking is essential by calling 01394 421136, emailing [courses@peacepalace.org.uk](mailto:courses@peacepalace.org.uk) or messaging via Facebook.

"So to get your festive season off to a great start join us at our wonderful Christmas lunch events," said Annie.



Photo: Donated



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**£20**  
per person

**Organic vegetarian**

# Christmas Lunches

**Friday 14 - Thursday 20 December 12:30 - 3:00pm**

**Palace tour and carols around the grand piano**



# Deben Community Farm

## Home Education sessions

We've had a great response to our Home Ed sessions so we've extended to Thursdays as well! Our students have had great fun working with the animals, including our baby pigmy goat, Gabriella. We like to provide a variety of experiences so we had a session building bird boxes.... Pretty successful looking at the results!



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**12pm—4pm**  
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Photos: H Heelis



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### Holiday Club

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Deben Community Farm, Melton

Woodland activities

Feed the animals, egg collecting

Crafts, trips, den building

Open 8am—6pm for 2 years + (excl Bank Holidays)



Contact us on 01394 388033 or 07732 681125 or E: [enquiries@pitstop-oosc.co.uk](mailto:enquiries@pitstop-oosc.co.uk)

## Christmas Quiz Challenge

1. What was Joseph minded to do when he knew Mary was pregnant?  
Matthew 1:19
2. What would Mary's Son save his people from? Matthew 1:21
3. What does the name Emmanuel mean?  
Matthew 1:23
4. From what direction did the wise men see Jesus' star? Matthew 2:2
5. What did the wise men ask that troubled Herod?  
Matthew 2:2
6. How old was Jesus when the wise men found him? Matthew 2:9; 16
7. What country did Joseph and his family depart into after the wise men went home a different way?  
Matthew 2:14
8. What three gifts did the wise men give Jesus?  
Matthew 2:11
9. What city did Joseph and his family come to dwell in after Herod died? Matthew 2:23
10. How many wise men were there?
11. Who was born in the city of David? Luke 2:11

**HINTS:** The answer to question 4 is not obvious until you realise the direction they looking is toward Israel.

The answer to question 10 is not the **three** because you need to consider the distance and safety they needed for travel.

Rev. Frank Thompson, **Faith Baptist Church**, Bromeswell



## Rendlesham Youth Group

**Tuesdays** 6:00 - 8:00 pm  
Y4—Y6  
**Wednesday** 7:00 - 9:30 pm  
Y7 +  
**Thursday** 7:00 - 9:30 pm  
Y7+

**Community Centre, Walnut Tree Avenue**

**X Box, Minecraft, Lego, Board Games, Table Tennis, art & Craft, Books, Pool, snack and lots more every Tuesday from 6-8pm. Subs £1.**

**Every Wednesday and Thursday, Pool, Tablets, Xbox, Table Tennis, Tuck Shop and more.**

## Sudoku Challenge

In a Sudoku you fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. There is no math involved. The grid has numbers, but you don't have to perform any calculations. You just solve the Sudoku with reasoning and logic.

The Sudoku starts with a partially filled grid that you must solve following the rules above. If you complete the grid, you've solved the Sudoku. Depending on your skill and experience your solving time for a Sudoku will typically vary between 10 to 30 minutes.

Solution is on page 30

			3			8	
9						4	6
3		6			9	5	2
		8	1	2		4	
	2			3		7	
	5		6	7	8		
1		5	4			2	8
8		9					7
	3				8		



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## Rendlesham Children's Centre

**Sycamore Drive,  
 Rendlesham IP12 2GF**



**Opening Hours:**  
 Monday- 8:30am - 4:00pm  
 Tuesday- 8:30am - 4:00pm  
 Wednesday- 8:30am - 4:00pm  
 Thursday- 8:30am - 4:00pm  
 Friday - CLOSED

Rendlesham Children's Centre is part of the Suffolk Health and Children's Centre Service.

We are a place where families with young children under 5 can go to access a range of activities and support services.

Pop in to pick up a copy of our latest timetable and see what we have to offer.

**Please call (01394) 462191 for more information**  
 Email: [rendlesham@suffolk.gov.uk](mailto:rendlesham@suffolk.gov.uk)

**Facebook – please like our page and search as:  
 Kesgrave, Caterpillar and Rendlesham Children's Centres**



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# Rendlesham

M: 07599 998974 COMMUNITY CENTRE

## Over 65s urged to take advantage of record flu vaccination programme

Health chiefs have today united to urge people aged 65 and over to take advantage of the NHS's biggest ever flu vaccination programme.

Older people across the country are being offered the most effective vaccine in the world as part of the programme which is providing a record 8.5 million doses, free of charge.

And this week sees the launch of a campaign to promote flu vaccines to the over 65s, as part of the annual campaign to encourage the public to stay well before the winter period.

All vaccines have now been delivered to those surgeries and pharmacists who placed an order on time and the NHS is reassuring the public that there is sufficient supply of the vaccine in stock for everyone to get protected ahead of winter.

NHS England is also providing vaccines for other at-risk groups such as pregnant women and people with long terms conditions, as well as for NHS and care staff. There is also a nasal spray, which works better in younger people, and is free of charge for children.

As the NHS continues to work with GPs to ensure the vaccine gets to where it is needed, Seqirus confirmed it has now despatched the final supplies for England.

## Looking for information on care and support?



### Care Choices' comprehensive guide to choosing and paying for adult care and support

- Home support • Specialist care • Care homes • Useful contacts

For FREE copies of the new Suffolk Care Services Directory or for assistance with finding care and support, call Care Choices on 01223 207770

The e-book will be available online at [www.carechoices.co.uk](http://www.carechoices.co.uk)

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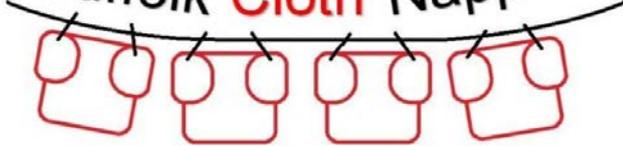
Rendlesham  
Community Centre  
5.30 & 7.30pm

For more information call/text  
Kate 07825210252

[slimmingworld.co.uk](http://slimmingworld.co.uk)



# Suffolk Cloth Nappies



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Suffolk Cloth Nappies, your local real nappy library, have nappy kits for hire. We can advise on different types of nappies and what you will need to get started. Get in touch with us to find out more.

🐦 @suffolknappies  
 🌐 [www.facebook.com/suffolknappies](http://www.facebook.com/suffolknappies)

## Rendlesham Independent Women



We are a group of friendly ladies who meet monthly to socialise and enjoy a variety of activities.

Meetings are held at Rendlesham Community Centre on the 3<sup>rd</sup> Tuesday of each month @ 7.30pm.



We have an active committee who welcome ideas from members.



• Our chosen charity for 2018.

Our plans for 2018 include:

- ❖ Jars of Clay
- ❖ Crafts
- ❖ Garden party
- ❖ Charity evening
- ❖ Talks on history, gardening and folk art

Plus lots more!

For more information, come along to one of our meetings, visit our Facebook page or contact Rachel on 07757259381.



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# Woodbridge & District Lions – Latest News

Woodbridge Lions Club would like to thank everyone who came and supported our recent Art Show and Sale which raised £430 which will help us to continue to be able to support local good causes. Quay Time, our joint venture project with Woodbridge Quay Church, presents an informal opportunity for people to meet over tea and cakes and to have a chat. Everyone is welcome, so why not pop along to the Quay Church in Woodbridge to find out more on Wednesday 12<sup>th</sup> December at 2.00 pm and from the New Year on the third Wednesday of each month.

We are now busy planning our Christmas fund raising events which include collections at Tesco in Martlesham, the Thoroughfare in Woodbridge and the ever popular sleigh runs. The sleigh runs take place on Wednesday 19<sup>th</sup> and Thursday 20<sup>th</sup> December so look out for us and bring out the children and grandchildren to come and see Santa

Claus and capture some memories with a few photos.

Once again this year we are working in conjunction with the Salvation Army in Woodbridge to provide Christmas food parcels and gifts to users of their food bank scheme.

We continue to look for new ways to raise funds and would be happy to talk to any organisation that is running a local major community event for ways that we might be able to get involved. In the past, as well as running our own events, we have organised car parking, marshalled races and walks, organised litter picks and much more to support events being run by a number of other community organisations. Please contact us through our website [www.woodbridgelions.org.uk](http://www.woodbridgelions.org.uk)

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## Exercise and wellbeing classes in Rendlesham

(RCC) Community Centre (RPS) Primary School (JP) Jubilee Park (RM) Unit 1, Rendlesham Mews		
Tuesday	7pm	<b>ZUMBA</b> with Julie Chevous <a href="http://www.lemonfizzdance.co.uk">www.lemonfizzdance.co.uk</a> T: 07917 145 300 £4 (RPS)
	7.30pm – 9.30pm	<b>SELF DEFENCE</b> with Paul Yates (RCC)
Thursday	1.30pm – 3pm	<b>YOGA</b> (RCC) RIW members only
	6.30pm – 8pm	<b>GLOW</b> , Diet & Fitness classes with Dawn Quantrill (RPS) T: 07836 539508 E: <a href="mailto:dawnquantrill@hotmail.com">dawnquantrill@hotmail.com</a> W: glow-fit.co.uk £27 for 4 weeks (includes free membership and member's pack)
Friday	10.30am—11.30am	Stroller Fit. Every Friday (RCC) Contact: leannethurston5678@gmail.com
	2pm—3pm 4pm—5pm	Chloe Kinrade Children's Dace Group every Friday. Starts 8 September (RCC) Contact: 07940469026

# Rendlesham Social Club

Rendlesham social club

**1st December Hayley kay**  
**9th December Children's Christmas party**  
**15th December Xmas draw / Mat Barden**

**26th January Members private party**  
**2nd March Louie Two Tone**  
**6th April Michaela ....**  
**Amy Winehouse / Adele tribute**  
**1st June Shattered**

**We would like to wish**  
**All of our members**  
**and customers**  
**A Merry Christmas**  
**and a happy New year**

Bingo every Thursday night

**Rendlesham Social Club**

children's  
**CHRISTMAS**  
party

**Sun 9th Dec at 11.00**

**Rendlesham Social Club**  
**Welcomes back**

**Hayley Kay** **Saturday 1st December**

**7.30 to 11.30pm** **All Welcome**

**Rendlesham Social Club**  
**Meat Draw**

**Buy your Tickets now**  
**Only £1.00**

**Draw date : 15th Dec**

**Rendlesham Social Club**  
**Christmas Raffle**

**Only £1.00 per strip of tickets**

**Draw date : 15th Dec**

**Rendlesham Social Club**  
**2019**  
**New Years Eve Party**  
**31st December 2018 8pm to 12.30**  
**Ticket only event**

**Chinese Buffet Included**

**Adults £12.50**  
**Under 16s £2.50**  
**Under 5s Free**

# EVENTS *Notices* EVENTS

Sudbourne & Tunstall Baptist Church

## FAMILY CAROL SERVICE

10:30am Sunday 16th December  
**RENDESHAM PRIMARY SCHOOL**




### Wickham Market and Rendlesham Surgery



Patients are invited to attend  
**First Aid and Basic Life Support  
 Training**  
 (Free of charge)

Wickham Market 7th December 10am - 12pm  
 Village Hall

For more information or to book your place, please  
 telephone the surgery on 01728 747101  
 Max 15 people per session



## Foxhall Household Waste Recycling Centre

### Opening times

Opening times	April to September	October to March
Monday	9am to 5pm	9am to 4pm
Tuesday	9am to 5pm	9am to 4pm
Wednesday	Closed	Closed
Thursday	9am to 5pm Open until 7pm (May to August)	9am to 4pm
Friday	9am to 5pm	9am to 4pm
Saturday	9am to 5pm	9am to 4pm
Sunday and Bank Holidays	9am to 5pm	9am to 4pm
Christmas Day, Boxing Day and New Years Day: closed		

**Rendlesham & District Over 60s Club  
2018 Meeting Dates:  
New members always welcome**

**6 December  
Christmas Party**

Rendlesham Community Centre,  
10.30-12.30pm

**Rendlesham Independent Women**

Rendlesham Community Centre

**18 December  
Christmas Lunch**

**Mobile Library**



Contact Suffolk County Council on

Email: [help@suffolklibraries.co.uk](mailto:help@suffolklibraries.co.uk)  
Telephone: 01473 584563

**12 December**

**Community Centre 9.35am - 10.35am  
Friday Street 10.40am - 10.55am**

**The Roman Catholic Parish of  
Woodbridge and Framlingham**

Parish Priest: Fr Edmund Eggleston  
Churches:  
St Thomas of Canterbury, Woodbridge  
St Clare's, Framlingham

Mass times and contact details:

[www.wfrcp.org.uk](http://www.wfrcp.org.uk)

**Solution  
to the  
Sudoku  
challenge**

5	1	4	3	2	6	7	8	9
9	7	2	5	8	1	4	3	6
3	8	6	7	4	9	5	1	2
7	9	8	1	5	2	6	4	3
6	2	1	8	3	4	9	7	5
4	5	3	6	9	7	8	2	1
1	6	5	4	7	3	2	9	8
8	4	9	2	1	5	3	6	7
2	3	7	9	6	8	1	5	4

**Post Office (Costcutters) opening hours**

Monday to Friday 09:00-17:30  
Saturday 09:00-12:30

**Rendlesham Surgery opening hours**

Monday	15:30 - 18:30	<b>Wickham Market Medical Centre 01728 747101</b>
Tuesday	08:40 - 12:00	
Wednesday	15:30 - 18:30	
Thursday	08:40 - 12:00	
Friday	14:45 - 17:30	

**Acer Road Pharmacy opening hours**

01394 460548

Monday:	08.30 – 13.00 and 14.00 – 18.30
Tuesday:	08.30 – 13.00 and 14.00 – 17.30
Wednesday:	08.30 – 13.00 and 14.00 – 18.30
Thursday:	08.30 – 13.00 and 14.00 – 17.30
Friday:	08.30 – 13.00 and 14.00 – 17.30

**FAITH BAPTIST CHURCH**

Bromeswell, Woodbridge  
[www.fbcuk.org](http://www.fbcuk.org)

**Pastor Thompson** (01394) 420181

**SCHEDULE OF SERVICES:**

Sunday Morning Worship and Sunday School	11:00 A.M.
Sunday Evening Praise and Fellowship	6:00 P.M.
Wednesday Prayer and Bible Study	7:00 P.M.
Thursday Night – “Extreme Teens”	7:00 P.M.
Friday AcapinGs Youth Club	7:00 P.M.

If you need transport or have a query about our services, please ring: Pastor Thompson (01394) 420181

**2018/2019 Suffolk School Term Dates**

School Holidays	Starts	
Autumn Half Term Holidays	22 Oct 2018 (Mon)	26 Oct 2018 (Fri)
Christmas Holidays	20 Dec 2018 (Thu)	1 Jan 2019 (Tue)
Spring Half Term Holidays	18 Feb 2019 (Mon)	22 Feb 2019 (Fri)
Spring Holidays	8 Apr 2019 (Mon)	22 Apr 2019 (Mon)
Summer Half Term Holidays	27 May 2019 (Mon)	31 May 2019 (Fri)
Summer Holidays	25 Jul 2019 (Thu)	

# Diary Dates - December 2018

Sat	1	<b>Social Club. Hayley Kay.</b>
Sun	2	<b>CHRISTMAS LIGHTS SWITCH ON IN THE VILLAGE SQUARE, 4pm</b>
Mon	3	<b>Bumps &amp; Babies</b> , Community Centre, 10-11.30am
Tues	4	<b>Junior Youth Group</b> , 6-8pm. Community Centre
Wed	5	<b>Senior Youth Group</b> . 7-9.30pm. Community Centre.
Thurs	6	<b>Over 60s Club</b> . Community Centre. 10.30-12.30pm <b>Bingo</b> . Rendlesham Social Club, at 7.30pm. <b>Senior Youth Group</b> . 7-9.30pm. Community Centre.
Sun	9	<b>Social Club. Children's Christmas Party, 11am.</b>
Mon	10	<b>Bumps &amp; Babies</b> , Community Centre, 10-11.30am
Tues	11	<b>Junior Youth Group</b> , 6-8pm. Community Centre
Wed	12	<b>Senior Youth Group</b> . 7-9.30pm. Community Centre. <b>Mobile Library</b> . Community Centre 9.50-10.45am and Friday Street 10.50-11am
Thurs	13	<b>Bingo</b> . Rendlesham Social Club, at 7.30pm. <b>Senior Youth Group</b> . 7-9.30pm. Community Centre.
Sun	16	<b>Family Carol Service</b> . Rendlesham Primary School at 10.30am.
Mon	17	<b>Bumps &amp; Babies</b> , Community Centre, 10-11.30am
Tues	18	<b>Junior Youth Group</b> , 6-8pm. Community Centre <b>Rendlesham Independent Women (RIW)</b> Christmas Lunch.
Wed	19	<b>Senior Youth Group</b> . 7-9.30pm. Community Centre.
Thurs	20	<b>Bingo</b> . Rendlesham Social Club, at 7.30pm. <b>Senior Youth Group</b> . 7-9.30pm. Community Centre.
Mon	24	<b>CHRISTMAS EVE</b>
Tues	25	<b>CHRISTMAS DAY</b>
Wed	26	<b>BOXING DAY</b>
Thurs	27	<b>Bingo</b> . Rendlesham Social Club, at 7.30pm.
Mon	31	<b>Social Club. New Year's Eve Party</b> . 8pm—12.30am

## January

Tues	1	<b>NEW YEAR'S DAY</b>
Thurs	3	<b>Bingo</b> . Rendlesham Social Club, at 7.30pm.
Mon	7	<b>Parish Council meeting</b> , 7.15pm. Community Centre

## Rendlesham Directory

Wickham Market Doctors Surgery	01728 747101
Acer Road Pharmacy 6 Acer Road, IP12 2GA	01394 460548
District Councillor Michael Bond	01394 388611
County Councillor Alexander Nicoll	07747 698787
Gas Emergency	(0800)111 999
Woodbridge Safer Neighbourhood Team	01473 613500
Rendlesham Primary School Head: Debbie Thomas	01394 462190
Eyke CEVC Primary School Head: Lucy Fairweather	01394 460328
Rendlesham Parish Church Revd: David Murdock	01394 450336
Farlingaye High School Head: Dr Sievewright	01394 385720
Woodbridge Library	01394 446510
Parish Council Mrs Heelis, Parish Clerk	01394 420207
Police (non-emergency)	101
RIW: Sue Miller	01394 421340
Rendlesham Dental Practice	01394 421500
Rendlesham Day Nursery	01394 420581 07917 854086
Ryder-Davies & Partners Vets	01394 420964
Post Office (Cost Cutters)	01394 461221
Keep in Touch:	
Sudbourne & Tunstall Baptist Church: Revd Dave Rushbrook	01394 809691
Rendlesham Children's Centre Leader: Carolyn LeMay	01394 462191
Rendlesham Community Centre	01394 460005
Rendlesham Care Home	01394 461 630
Maharishi Peace Palace	01394 421136
Over 60s Pauline Harrow	01394 421470

### Table Tennis

Rendlesham Community Centre



£7 per hour

To book:  
01394 460005

Email:  
rendlesham.commcentre@gmail.com

### Tennis

Jubilee Park



£5 per hour

To book:  
01394 420207

Email:  
rendlesham.commcentre@gmail.com

# CREATING ROOMS FROM CONSERVATORIES



A large number of people who have fitted the insulated warm roof systems have originally come to see us to change their deteriorating polycarbonate roof for glass. They then find out about warm roof systems and upgrade to these instead, it was not a roof they gained it was a room!

*“it’s not a roof you’re getting – it’s a room”*

This is a highly insulated roof system that fits on top of your existing conservatory. With a solid, tiled roof on the exterior, plastered with lighting on the interior you are transforming the conservatory into a room. A very bright room, one that you can use all year round.

Although the investment is considerably less than an extension you are effectively creating an additional reception room in your house. If you enjoy your conservatory sitting back looking up at the sky or seeing the stars at night there is always an options of adding a lantern roof. Our show room has a number of examples, please feel free to come and have a look. Our customers welcome the fact that they are not sold to, we are happy to explain the different options and show you what they look like.

For more details you can visit Colourchange UPVC's website [www.colourchangeupvc.co.uk](http://www.colourchangeupvc.co.uk) or contact Daryl on 01394 420774



Business owner  
Daryl Collins



Base Business Park, Unit D4, Rendlesham, Suffolk IP12 2TZ  
01394 420 774 | [enquiries@colourchangeupvc.co.uk](mailto:enquiries@colourchangeupvc.co.uk) | [www.colourchangeupvc.co.uk](http://www.colourchangeupvc.co.uk)



Colourchange UPVC are a Consumer Protection Association approved company and are certified by Certass – authorised by the Department for Communities and Local Government. CPA and Certass registered companies undergo a rigorous selection process to ensure that they deliver your home improvements to the very highest standards. The Consumer Protection Association provide an independent 10 year insurance backed guarantee for work undertaken by Colourchange UPVC.

