



Rendlesham

Parish Newsletter

www.rendlesham.suffolk.gov.uk

Issue 95



Photography by Darren Harbar

December, 2018

Christmas arrives in Rendlesham



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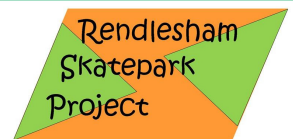
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February Deadline 10 January

admin@rendleshampc.org.uk
01394 420207



Another successful event with the Christmas Lights Switch On. Festive songs by the Primary School, BBQ by the Scouts and craft stalls organised by the Social Club. We hope you all enjoy the lights over the Christmas period.
Rendlesham Parish Council



One of the best skatepark designers in the country is coming to Rendlesham!

21 January 2019

4.30-6.30pm

Community Centre, Walnut Tree Avenue, IP12 2GG

You've said you want a skatepark
Now's your chance to get one!
Everyone welcome!

Contact the Parish Clerk for more details on 01394 420207 or clerk@rendleshampc.org.uk

Photos: Mike Stevenson



Rendlesham Parish Council



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Rendlesham Parish Newsletter

CONTACT

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01394 420207

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Rendlesham Parish Newsletter

Advertising Rates for adverts placed from 1 April 2012

Advertisement Size	For One Month	For 3 months	For 6 months	For one full Year
Business Card	£8.00	£21.00	£32.00	£48.00
1/8(eighth) Page	£13.00	£32.50	£52.00	£78.00
¼ (quarter) Page	£23.00	£57.50	£92.00	£138.00
½ (half) Page	£42.50	£106.25	£170.00	£255.00
Whole Page	£78.50	£196.25	£314.00	£470.00



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14 The Square
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We give free, independent advice to disabled people and carers living in the Suffolk Coastal area, which includes:

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We are open Monday to Thursday from 10am to 3pm

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We also run advice surgeries in other parts of Suffolk Coastal. So if you can't come to us, we'll come to you!

You can contact us:

Phone: 01394 387070

Fax: 01394 387670

Email: advice@daseastsuffolk.org.uk

Website: www.daseastsuffolk.org.uk

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www.facebook.com/pages/Rendlesham-Parish-Council/1505049463097442

101 children to receive a special shoebox this year



An amazing 101 shoeboxes were collected this year for disadvantaged children.

A huge thank you to people of

Rendlesham, Hollesley and Bawdsey School for making such a fantastic effort during this busy time of year.

Wishing you all a very Happy Christmas and a peaceful New Year.

Rendlesham Parish Council.



Photos: Donated

Rendlesham Skatepark Project



One of the best skatepark designers in the country is coming to Rendlesham!

21 January 2019

4.30-6.30pm

Community Centre, Walnut Tree Avenue, IP12 2GG

**You've said you want a skatepark
Now's your chance to get one!**

Everyone welcome!

Contact the Parish Clerk for more details on 01394 420207 or clerk@rendleshampc.org.uk

Maverick are specialists in designing some of the best skateparks in the country and are headed to Rendlesham on 21 January 2019 to meet with you all to start work on designing the Rendlesham Skatepark.

The Skatepark will only happen if we get the support from the young people so we really want to see you there on 21 January at the Community Centre.

We need your ideas...

Below is a recently completed Maverick skatepark in Harwich. Visit www.maverickskateparks.co.uk to have a look at some of the skateparks they've designed and built. What do you think?

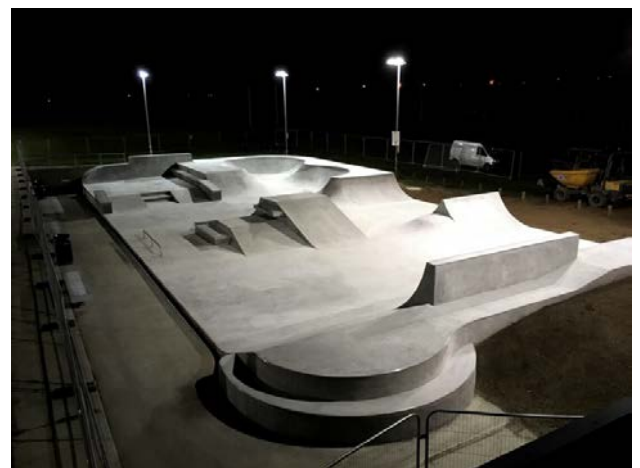


Photo: Maverick

Parish Councillor	Responsibilities on the Council From May 2017
Kay Nash	Chairman, SALC Rep, Finance & Asset Committee, Jubilee Park Committee, Personnel Committee
Mike Stevenson	Vice Chairman, Planning Committee, Finance & Asset Committee, SALC Rep, Newsletter Working Party Emergency Plan Working Party
Steph Thrush	Planning Committee, Personnel Committee,
David Rushbrook	Planning Committee, Personnel Committee
Martyn Redfern	Planning Committee, Finance & Asset Committee, Youth Group Committee
Sue MacGregor	Planning Committee, Personnel Committee, Youth Group Committee
	VACANCY
	VACANCY
Andy Ferguson	Emergency Plan Working Party Youth Group Committee, Jubilee Park Committee
Mike Parry	Finance & Asset Committee, Planning Committee, Jubilee Park Committee
Nigel Harding	Finance & Asset Committee, Jubilee Park Committee, Youth Group Committee, Newsletter Working Party

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COPY SHOP

The Parish Council are now offering a community Copy Shop at the Parish Office.

Service	Charges
A4 B/W	5p
A3 B/W	10p
A4 Colour	10p
A3 Colour	20p
A4 Card B/W	10p
A4 Card Colour	20p
Binding	
Plastic spiral with cover & back	50p £1.50
Wire spiral with cover & back	50p £1.50
Laminating	
A4	35p
A3	70p

Next Parish Council Meetings
5 November 2018, 7.15pm
Rendlesham Community Centre
15 minute public session

2019 Parish Council Meetings

Full Council — 7 January 2019

Youth Group Charity Committee— tbc*
 Jubilee Park Committee— 17 January*
 Finance & Asset Committee— 14 February*
 Planning Committee— 14 January*

* NB these meetings will be held at the Pavilion, Jubilee Park

Parish office

Rendlesham Community Centre, Walnut Tree Avenue, Rendlesham, IP12 2GG.
01394 420207 E: admin@rendleshampc.org.uk

Office opening hours:

Mondays 10am–2pm
 Tuesdays 10am–2pm
 Thursdays 10am–2pm

Minutes of meetings:

Approved minutes of meeting are available on the Parish Council website
www.rendlesham.suffolk.gov.uk

Parish Council News



Team effort to transform the Boulevard

It was a team effort led by Neil Lister of the Suffolk Coast & Heaths Unit, Rendlesham Parish Council and Community Payback which, over the course of a day, transformed the Boulevard (the cut through alongside St Felix Church from Walnut Tree Avenue to Forest Gardens). And all the cuttings didn't go to waste! They were used alongside the path to create a wildlife habitat.



Photo: RPC & SCHU

Rendlesham Parish Council and the Boardwalk were pleased to receive their certificates for their commitment to becoming dementia friendly businesses.



Alzheimer's Society's Dementia Friends programme is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the nation thinks, acts and talks about the condition.

To find out more about becoming a Dementia Friend Visit <https://www.dementiafriends.org.uk>

FREE

Doggie bags

Available from the Parish Council office
Mondays, Tuesdays and Thursdays 10-2pm



News in brief

Costcutters

By the time you receive this month's newsletter Costcutters will have reopened and Rendlesham will once again have a much needed food retail outlet. Thanks to the new tenants who have worked incredibly hard to get the shop up and running again in record time!

The Post Office is due to come back into use but not just yet as the Post Office need to organise the new postmaster.

Annual Parish Meeting & becoming a councillor

The Annual Parish meeting will be held on 6 March 2019 at 7.30pm in the Community Centre. The Parish Council will be looking at their achievements over the past 4 years and promoting the forthcoming elections on 2 May.

If you are interested in becoming a councillor or simply want to find out a bit more then come along or contact the Parish Council office on 01394 420207 or email admin@rendleshampc.org.uk

Rendlesham Church

St Gregory the Great

Ashe Road,
Rendlesham,
Woodbridge,
IP12 2QY

Church Wardens:

Liz Morrison, 01394 460582
Caroline Bunbury, 01394 460235

St Felix of Dunwich

Walnut Tree Ave,
Rendlesham,
Woodbridge,
IP12 2GG

Church Wardens:

Nigel Harding, 01394 420419
Sue Potter, 01394 461443

For Funerals: Rev Judith Andrews, 01394 411642

Baptisms, Marriages and pastoral needs:

Rev David Murdoch, 01394 450336 revdave@timicomail.co.uk

General inquiries - info@rendleshamchurch.org

Sudbourne & Tunstall Baptist Church Services & Activities In January

Sun 6th Jan: 10:30am & 2pm - Both @ Sudbourne

Sun 13th Jan: 10:30am - Rendlesham School / 6:30pm - Tunstall

Sun 20th Jan: 10:30am Sudbourne / 6:30pm - Tunstall

Sun 27th Jan: 10:30am - Rendlesham School / 6:30pm - Tunstall

TOTS & TODDLERS / COFFEE CRAFT & CHAT

at Tunstall Baptist Church (during term time)

9:30 am - 11:30 am every Wednesday from 16th January

COFFEE, CRAFT & CHAT EVENING: Tunstall Baptist Church

7:30pm - 9:30pm on Thursday 24th January

FRIDAY CLUB (5-11yr olds) 6:15 pm - 7:15 pm

& YOUTH GROUP (11 yrs +) 8 pm - 9:30 pm

At Sudbourne Baptist Church - every Friday from 18th January

Minister: Pastor Dave Rushbrook

T: 01394 809691 / E: pastor@stbaptist.co.uk

Sudbourne Baptist Church:

School Road, Sudbourne, Suffolk, IP12 2BE

Tunstall Baptist Church:

Mill Lane, The Common, Tunstall, Suffolk, IP12 2JR

www.stbaptist.co.uk



A Prayer to say during the vacancy as we await a new Team Vicar:

Almighty God,

We ask you to bless our communities of Rendlesham, Eyke, Bromeswell and Wantisden during this time of waiting as we seek the appointment of a new Team vicar.

Give us the resources that we need to continue with the work of your church, uniting us in love and service.

Help the Parochial Church Councils to work together to provide the necessary and truthful facts of our church life, so that when a priest sees our Benefice profile, he or she will gain a real insight into the work of the new Team vicar here.

We pray for the person who will fulfil that role, that he or she will be filled with your blessing to guide us as we seek to further your work here in our communities.

We ask this in the Name of Jesus Christ, your Son, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. **Amen.**

Rendlesham Church



My dear friends,

Just the worst time of year for a journey*

By the time you read this, Christmas will be a distant memory. Yet in the Church's year, it starts on Christmas Day, lasts twelve days, and culminates with Epiphany on 6th January, a separate celebration of the visit of the three wise men to the infant Christ. (Matthew 2, 1-12) Nonetheless, as I write in early December, a splendid tableau, made by our Wednesday Club children, has just appeared in Orford Church, depicting this scene. There are holes where Mary and Joseph's faces would be, and a caption:

'Would you, could you, be brave enough to be in their places?' I would like to extend this by asking whether we would be brave enough to be in the places of the wise men?

For also as I write, Parliament is debating the Prime Minister's 'Brexit' agreement. The way ahead seems uncertain, and it is difficult to predict where things will have got to by the time you read it. Like the Biblical Wise Men, we are on a journey to an unknown destination, and not sure how it will affect us. How much we need both wise leaders, but also to 'put ourselves in the place of wise people', by seeking God's wisdom, guidance and light for ourselves, each other, and our nation. Like the wise

men's journey, ours may be a difficult one. T. S. Eliot's poem 'Journey of the Magi'* describes the challenges of their journey, but also recounts its strange and unexpected end, an encounter with the baby Jesus which left them changed long after their return.

It is not for me as a Christian Priest to share details of my political views. I do believe I have a responsibility to speak into the situation the Good News of a Lord who desires for all people unity and the healing of division co-operation rather than individualism love for all our neighbours both here and overseas the wellbeing and flourishing of all people peace within and between nations justice and a particular concern for the poor, vulnerable and marginalised, as taught by the Old Testament Prophets and shown by Jesus himself.

A prayer written by The Very Revd Andrew Nunn, Dean of Southwark Cathedral:

God of reconciling hope,
as you guided your people in the past,
guide us through the turmoil of the present time,
and bring us to that place of flourishing where
our unity can be restored, the common good served,
and all shall be made well.
In the name of Jesus we pray. Amen.

Your friend and Team Rector, David

DATE JANUARY 2019	Rendlesham St Felix	Rendlesham St Gregory	Bromeswell	Eyke	Wantisden
6th Jan Epiphany	11.00 Family Service - Mr M Knapp		11.00 Holy Eucharist – Rev Michael Hatchett	9.00 Holy Eucharist Rev Michael Hatchett	
13th Jan Baptism of Christ	11.00 Holy Eucharist – Rev S Affleck	9.00 Holy Eucharist – Rev S Affleck	9.00 Morning Praise – Mr S Nicholls		
20th Jan Epiphany 3	11@church – Mr M Knapp		9.00 Holy Eucharist – Rev J Andrews	9.00 Morning Praise – Mr M Knapp/ Mr S Nicholls	
27th Jan Epiphany 4	11.00 Holy Eucharist – Rev J Andrews	9.00 Morning Praise – Mr M Knapp 6.30pm Taize Service - Mrs J Bishop	11.00 Morning Praise – Mr R Jordan		
Feb3rd Epiphany5	11.00 Family Service – Mr M Knapp		11.00 Holy Eucharist – Rev J Andrews	9.00 Holy Eucharist - Rev J Andrews	

NB Canon Pauline Stentiford will conduct the Wednesday 10.00am Eucharist at St Felix, Rendlesham on the first Wednesday of each month.



DARKER NIGHTS



Leaving your home unlocked, all in darkness and with valuables on view could mean that you end up giving burglars a gift.

Don't make it easy for them.

Burglars watch for houses with no signs of life. Leave a light on or better still put your lights on a timer and leave a radio on if you go out during the hours of darkness.

Think about the security of your home. Lock up doors, windows and gates. Remember to lock your garden shed and store tools and ladders securely inside; it stops burglars using your tools to break into your house.

Close it, Lock it, Check it.

PLEASE CALL POLICE IMMEDIATELY, USING 999, IF YOU SEE OR HEAR ANYTHING SUSPICIOUS.



Report a pothole

You can report potholes in Suffolk quickly and easily online. Find out how to report a problem using our Highways Reporting Tool.

Our Highways Reporting Tool allows you to **report a new defect** and **monitor the status** of existing reports.

Do not report a pothole online if:

- it poses an [immediate danger to public safety](#) - call **0345 606 6171**
- it's on a [trunk road](#) in Suffolk - call the Highways England Information Line on **0300 123 5000**
- it's on a [private road](#)



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THE SALON EXPERIENCE WITHOUT THE PRICE

Rendlesham Day Nursery children enjoy a fitness class!

Nursery children recently had a visit from personal trainer Louise Watson who put them through their paces!

Louise is a former Nursery Nurse at the setting and is now a trainer. She says, 'I believe promoting physical activity and exercise to children from a young age will benefit their physical, emotional and social development.'

Rendlesham Day Nursery is keen to work alongside Louise as exercise generates positive effects during childhood and creates active behaviours through play and games at a young age so the children should be more active & healthy later in life, reducing the risk of obesity, diabetes and heart disease.

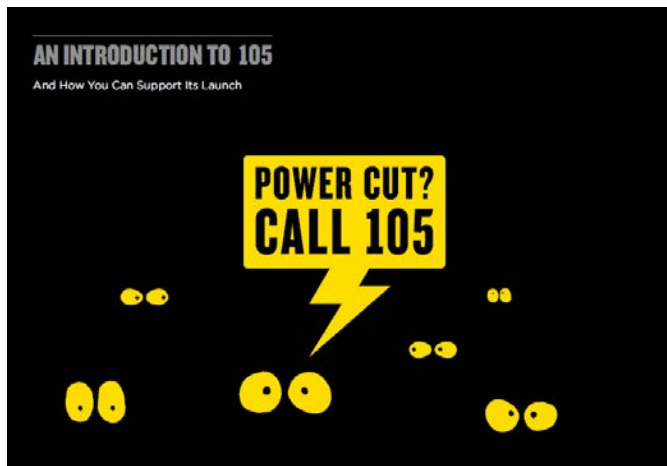
Rendlesham Day Nursery has been operating for 14 years and is rated outstanding by Ofsted. It was the first nursery in Suffolk to offer web cams so parents



Photo: Donated

can watch their children from home via a secure, encrypted system.

Rendlesham Day Nursery



Don't miss out on the latest news and events happening in and around Rendlesham

Sign up to ENEWS NOW!

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Rendlesham Parish Council

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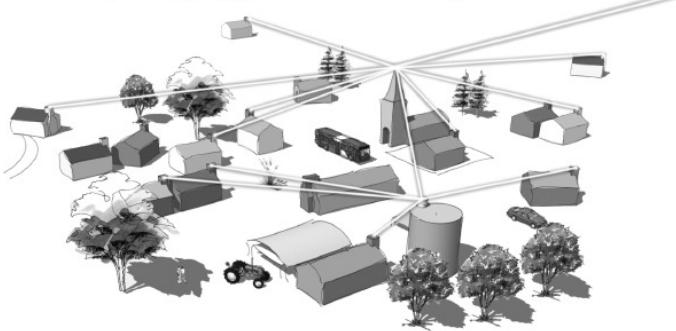


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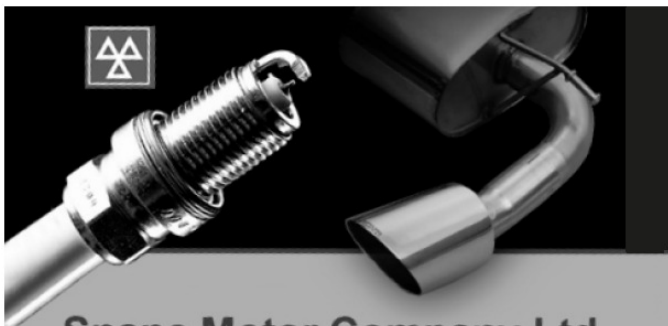
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Consumer Corner: Register your new appliances



**If you have any new appliances this Christmas/
New Year – don't forget to register them!**

**The average success rate of an electrical product
recall in the UK is just 10-20%.**

This means that there are potentially millions of recalled electrical items still in UK homes. As most of these products have been recalled because they offer a risk of electric shock or electrical fire, they present a serious risk. One of the most important things to do once you have a new electrical appliance is to register it.

Once registered, if there are any issues the manufacturer can easily contact you.
<https://www.electricalsafetyfirst.org.uk/product-registration/>

Remember though: It's never too late to register a product!

Would you like to advertise your business in Rendlesham Community Centre?



The Trustees are purchasing multi-pocket display units for A5, A6 (postcard) and DL (trifold) leaflets. Each pocket will hold at least 50 leaflets.

Our first purchase was the business card display unit, we are now also purchasing other sizes of display units so that businesses will have the opportunity to advertise in a much tidier and, hopefully, more effective way.

We should like to offer you the opportunity to 'rent' a section in this new unit for your business leaflets. £10 will secure a labelled section for your exclusive use.

It is up to you how many leaflets you put in that section and how often you check whether more are needed.

The rental period will be from 1st January – 31st December 2019 or any part thereof; thereafter, we will advise you of the opportunity to renew on an annual basis.

If you have any questions or would like to 'book your section', please do get in touch with me giving your business name, email address, postal address and size of your leaflet. You will be sent an invoice from Rendlesham Community Centre with payment details.

Carole Wilson, Trustee, Rendlesham Community Centre, carole.brason@uwclub.net
Charity no1125733

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A BIG THANK YOU from Rendlesham Children's Centre to everyone who has very kindly donated food and toiletries to the food bank held at our centre.

This has benefitted many families with young children when they go through financial struggles. They really appreciated the help you give them.

Ros Johnson
Support and Information Officer
(Mon & Wed)
Rendlesham Children's Centre
Sycamore Drive
Rendlesham
IP12 2GF 01394 462191

(Tues & Thurs)
Caterpillar Children's Centre
7 Cumberland Street
Woodbridge
IP12 4AH 01394 388276

The Rendlesham Show 2019

Saturday June 8th 2019
Save the date!

The planning team have had their first meeting and have agreed the theme:

All Creatures Great and Small

Attendance already confirmed:
K9Quackers, Diddy Long Legs, Chloe Kinrade School of Dance, Deben Community Farm, The Rock Project, Classic Car Show, The Lockerbillies

It's not too late to get involved with the planning...

Our next meeting is

Tuesday January 15th 7:30 p.m.

Jubilee Park Pavilion

More help is urgently needed.

The planning team is a small group of dedicated people but, we've organised the show for several years and are not getting any younger.

If more help is not forthcoming to share the work and ensure succession, the 2019 show may be the last. We don't want that, we hope you don't either...

Please contact the Parish office or

carole.brason@uwclub.net

Sutton Hoo goes on tour

As Sutton Hoo closes to begin major transformation works across the site, we're embarking on a county-wide roadshow with our beautiful replicas. If you can't come to Sutton Hoo, Sutton Hoo will come to you!

Find out all about the roadshow and the treasures you can see as the show tours Suffolk at <https://www.nationaltrust.org.uk/sutton-hoo>

Sutton Hoo closes at the start of October to start work on our £4million Heritage Lottery Fund (HLF) project, 'Releasing the Sutton Hoo Story'.

Plans include building a 17 metre high observation tower to give views over the entire burial ground and to the River Deben beyond.

A new route around the site will allow visitors to walk in the steps of the Anglo-Saxons, tracing part of the route the ship may have taken up towards the Royal Burial Ground.

instigated the dig that would lead to the discoveries, will be transformed and enhanced guided tours, thought-provoking activities and installations, innovative interpretation and creative programming will all sit alongside a school education programme.

October saw the launch of the Sutton Hoo Roadshow, bringing the site's fascinating history out of the Exhibition Hall and into the libraries, schools and supermarkets of Suffolk.

Felixstowe East of England Co-op hosted the first of the Roadshows at the start of the month and shoppers stopped to admire our beautiful replicas of the famed helmet and the lesser-known, but equally breathtaking, golden buckle. Canvases showing the proposed viewing tower, re-design of the Exhibition Hall and the layout of our new entrance adorned our easels, offering customers an exclusive glimpse into the future of Sutton Hoo.

<https://www.nationaltrust.org.uk/sutton-hoo/>

Tranmer House, the former home of Edith Pretty who

Sizewell C third stage public consultation starts 4 January 2019



Photos: EDF

EDF Energy is pleased to announce that the third stage of our public consultation for a new nuclear power station on the Suffolk coast, Sizewell C, will begin on **Friday 4 January 2019**.

The Stage 3 Public Consultation will run for 12 weeks, **ending on Friday 29 March 2019**.

The plans presented will include associated development needed to enable construction, such as park and ride sites and various options for road and rail improvements. Exhibitions will also be held in schools and colleges to talk about the positive impact the project will have on skills in the region.

Jim Crawford, Sizewell C Project Development Director, said: "Sizewell C will bring significant benefit to the East of England – jobs, education and skills development, as well as opportunities for local businesses. Our sister project in Somerset, Hinkley Point C, is already delivering, with Government figures showing South West companies winning contracts worth more than £1.3 billion. By working innovatively with local Somerset firms to ensure they can bid for big contracts, we have already spent £650m in the region. We want to deliver the

same benefits for the East of England.

"Your views are important to us as we take proposals for Sizewell C forward. Please engage with the project team and come along to your local exhibition. Find out more about the project and the proposals which have been informed by technical and environmental assessments, socioeconomic studies and the feedback received from our two previous stages of consultation."

EXHIBITION TIMETABLE

SIZEWELL

Visitor Centre, Sizewell B, Leiston IP16 4UR
Friday 4 Jan 4 - 8pm

LEISTON

United Reform Church, High Street, Leiston IP16 4JX
Saturday 5 Jan 11 - 5pm

THEBERTON

Jubilee Hall, Church Road, Theberton IP16 4SB
Monday 7 Jan 11 - 5pm

Sizewell C continued

YOXFORD

Village Hall, Old High Road, Yoxford IP17 3EP
Tuesday 8 Jan 11 - 5pm

DARSHAM

High Lodge, Haw Wood, Hinton, Nr Darsham
IP17 3QT
Wednesday 9 Jan 2 - 8pm

HACHESTON

Village Hall, The Street, Hacheston IP13 0DW
Thursday 10 Jan 3 - 8pm

WICKHAM MARKET

Village Hall, High Street, Wickham Market IP13 0HE
Friday 11 Jan 2 - 8pm

SAXMUNDHAM

Market Hall, High Street, Saxmundham IP17 1AF
Saturday 12 Jan 10 - 4pm

WOODBIDGE

Community Hall, Station Road, Woodbridge IP12 4AU
Tuesday 15 Jan 10 - 4pm

MIDDLETON

Village Hall, Mill Street, Middleton IP17 3NG
Wednesday 16 Jan 11 - 5pm

SOUTHWOLD

Methodist Church Hall, East Green, Southwold
IP18 6JP
Thursday 17 Jan 11 - 5pm

ALDEBURGH

Community Centre, Victoria Road, Kings Field,
Aldeburgh IP15 5HY
Friday 18 Jan 1 - 7pm

STRATFORD ST ANDREW

Riverside Centre, Great Glemham Road,
Stratford St Andrew IP17 1LN
Saturday 19 Jan 10 - 4pm

TRIMLEY

Trimley Sports and Social Club, High Road,
Trimley St Martin IP11 0RJ
Tuesday 22 Jan 11 - 5pm

You can contact the Sizewell C Project Team by

FREEPHONE 0800 197 6102 (Open 9.00am to 5.00pm Monday to Friday)

Visit us at the Sizewell C Information Office, 48-50
High Street, Leiston IP16 4EW

Jelly at the Old Jet



CO-WORKING DAY AT OLD JET

Wednesday 2 January 2019

Jelly is a relaxed informal event for freelancers, home workers and people running small creative businesses to get out of their normal working space, meet some new people and work alongside each other in a social environment. It's not a normal networking event in that it's not about pitching your business or finding new clients, it is about giving you someone else to talk to other than the cat and something else to look at other than your own wall. You bring your laptop and some work, we'll provide tables, chairs, wifi and power, plus of course, good company, coffee and biscuits. The event is free but we ask for a donation of £5 to cover services and refreshments.

Email: info@oldjet.co.uk, phone: 01394420500

Old Jet, Bentwaters, Rendlesham, Suffolk IP12 2TW

Update on the proposed 290 homes off Redwald Road

Following the developer lodging an appeal for the development of land off Redwald Road, Rendlesham, an appeal inquiry date has been set for 30 April 2019.

The appeal is expected to last 5 days and be held at Suffolk Coastal District Council offices.

The public will be able to attend the Inquiry and the Parish Council will be present. We have already met with Suffolk Coastal to discuss whether the Parish Council should be a Rule 6 Party at the Inquiry. A decision will be made at the January Full Council meeting.

Rendlesham Parish Council



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*“Right now we are facing a
manmade disaster of global
scale, our greatest threat in
thousands of years is
climate change...
If we don’t take action,
the collapse of our civilization
and the extinction of much of
the natural world is
on the horizon.”*

Sir David Attenborough

(when addressing over 200 delegates as the
UN People’s Seat representative
in Poland 3-12-18.)



Volunteering in the AONB

The AONB (Area of Outstanding Natural Beauty) team are inspired by people who contact unsolicited to offer their skills and labour to conserve and enhance the nationally designated landscapes.

We have just ‘inducted’ 5 new coast and estuary wardens with another 3 planned in December. This goes alongside the practical work parties in the Dedham Vale and on the Suffolk Coast and Heaths that deliver outstanding environmental projects. Alongside this we currently have 3 volunteer placements embedded in the team that enable us to do so much more.

If you would like to become a Suffolk Coast and Heaths volunteer visit
www.suffolkcoastandheaths.org

Dog owners are reminded to clear up after their pets!

A Witnesham resident who ignored two Fixed Penalty Notices for failing to clear up after his dog has been made to pay of total of £600 after Suffolk Coastal took him to court.

The Council brought a prosecution against Mr Mason at Ipswich Magistrates’ Court. When Mr Mason failed to attend, the court heard the matter in his absence and fined Mr Mason £150 for failing to clear up after his dog on two separate occasions, in Witnesham, Suffolk.

He was also ordered to pay £450 costs.

In April 2018 Council officers were notified of two separate incidents where Mr Mason had failed to clear up after his dog had fouled on public land. Mr Mason received two fixed penalty notices but failed to pay.

Cllr Steve Gallant, Suffolk Coastal Cabinet Member with responsibility for Community Health said:

“Our district is a really dog friendly place and we know that most dog owners are responsible and clear up after their pets.

“There are a small number of inconsiderate people who feel the rules do not apply to them, but there is absolutely no excuse for failing to clear up after your dog.

“We want to ensure that all public areas are safe for everyone to enjoy and will not hesitate to take action against anyone who is found responsible for despoiling our environment.”

The council introduced Public Space Protection Orders in January 2018 to tackle dog fouling across the district. Failure to clear up after a dog in your control could result in a fixed penalty notice of £80 being issued. Failure to pay the fixed penalty notice may lead to prosecution and a potential maximum fine of £1000.

Suffolk Coastal has a statutory duty to keep public land clear of litter and refuse, including dog fouling and will take action against irresponsible individuals who fail to clear up after their dogs within a restricted area. Not only is dog fouling highly unpleasant, it is also a hazard to health.

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10:00 - 11:00am

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WWW.YOGAWITHIAN.COM

Feel Good Fish Cakes

Serves 4. Canned fish are high in nutrients.
250g (2 medium) potatoes or
80g packet of instant potato + 300mls (1 mug) water.
1x120g tin sardines/tinned mackerel/pilchards in
tomato sauce.

Salt and pepper. A little flour. 1 tbsp. oil.

Optional

1 tbsp. mayonnaise or 1 tbsp. Greek yoghurt.

1 tbsp. chopped parsley.

METHOD

Make mashed potatoes, either from instant only
putting in 300mls water (not the 350mls they say for
making mash) or cook potatoes in water for 15-20
minutes until soft, drain and mash. Leave the potato
to cool before next stage. Put sardines into a bowl
and mash. Add mayonnaise or Greek yoghurt and
parsley if you have them, it will taste great without.
Add the mashed potato and season the mixture with
salt and pepper, mix well together. Shape into 4 fish
cakes and cover lightly with flour. Leave in fridge for
half an hour to firm up. Heat oil and fry for 3-4 minutes
on each side on a medium heat until crispy.

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Please note! Any updates will be put up on the notice
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Cereals, cornflakes, weetabix, oatflakes, bran flakes & muesli etc
Squash & some soft drinks
James White suffolk apple juices
Tiptree jams (some sugar free), marmalades, honey & lemon curd
Soups tinned & cup a soup
Tinned fish, meat, beans, rice & fruit
Cakes & biscuits some gluten & sugar free
Sugar white & brown etc
Flour plain & self raising (bread flour available to order)
Custard tinned etc
Herbs & spices
Tomato Sauce, Brown Sauce & Salad Cream etc
Sweets & Chocolate (some sugar free)
Dried fruit, plain, and some choc & yogurt coated
Nuts, plain, salted, spicy, and some choc & yogurt coated
Coffee & Tea etc
Some pet & wild bird food
Soap, hand wash pumps & some toiletries
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Stamps & Greeting Cards
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Sonya & Sheila

Phone: 07810370314

Email: themobilegrocer@btinternet.com

Need to report something?

Reporting problems

- Street lights not working?
- Hedges need cutting?
- Bus stops damaged?

There is a one stop shop for reporting all the above and more.

Fix My Street is a simple online site that you can report issues 24/7 and they will direct your problem to the correct Council.

For example, street lighting and bus stops are County Council responsibilities, emptying dog bins and most litter bins (except the village square) are a District Council responsibility. Any problem relating to Jubilee Park is the Parish Council.

Whilst the Parish Council makes every effort to deal with day to day issues that are reported to them, staff work part time and we want to ensure that you get your matter dealt with quickly. Most problems that we receive at the office we usually report via Fix My Street. Reporting the problem directly yourselves means that it gets to the right Council faster.

Rendlesham Parish Council



[Report a problem](#) [Sign in](#) [All reports](#) [Local alerts](#) [Help](#)

Report, view, or discuss local problems

www.fixmystreet.com

How to report a problem

- 1 Enter a nearby UK postcode, or street name and area
- 2 Locate the problem on a map of the area
- 3 Enter details of the problem
- 4 We send it to the council on your behalf

**Graffiti
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Broken paving slabs
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Website: www.notjusttravel.com/tracy-mottershead



VOLUNTEERING WITH HOME-START



Support and friendship
for families

Home-Start met Mum Lauren and her family shortly after their new baby was diagnosed with brain damage. Lauren and her husband were completely overwhelmed with the emotional and practical demands of caring for a baby suffering with multiple seizures and being unsettled day and night, whilst also trying juggle the needs of their other children.

Life was turned upside down for the family with hospital appointments, admissions and the worry of an unknown future. Their Health Visitor referred them to Home-Start Suffolk, who introduced them to Ruth, a trained Home-Start volunteer. Ruth visits Lauren and the children once a week, providing support when Lauren's husband works late. Having Ruth there to "share the load" enables all of the children to get vital one on one attention: reading, playing or doing school work. Mum or Ruth cook dinner and they all sit together whilst Ruth holds or sings to the baby. Lauren's evenings are less chaotic and easier to manage with Ruth's help. Lauren says she felt 'immediately at ease' with Ruth

and found it easy to talk to her when she was having a difficult week. Although the family's situation is the same, her visits have allowed the family time to adjust and explore what ongoing support is needed and available to them.

Home-Start in Suffolk have family support volunteering opportunities all across Suffolk. Although we value parenting experience, you don't have to have children or grandchildren of your own to help. You just need a little time and a willingness to make a difference.

By joining our team, you will receive accredited training, ongoing support and friendship. Our volunteers support a family on a weekly basis for between two and four hours.

If you think you could give some of your time to support a Suffolk family, please contact Fiona on: 01473 621104

www.homestartinsuffolk.org

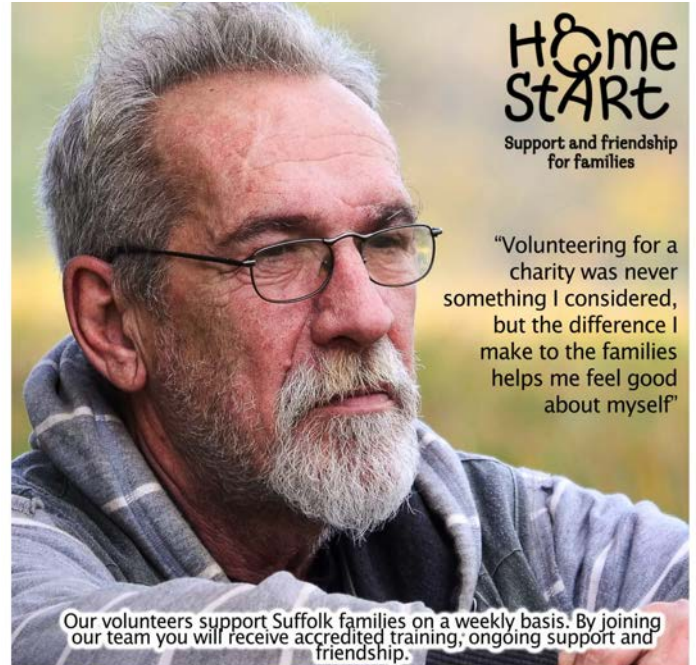
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Charity No 1105001

What's on at Woodbridge Library...

THE MANAGEMENT COMMITTEE OF FOWL WISHES ALL FRIENDS A HAPPY NEW YEAR.

In January we have a lunchtime concert on Tuesday 22 January at the usual time of 12.45pm. The performer on this occasion will be Anthony Awad, a jazz pianist and guitarist. His set will include improvised jazz piano and improvised jazz guitar pieces. He will mix this with some songs.

Then on Friday 1 February at 7.30pm students from Woodbridge School will give us a concert under the direction of their Head of Music, Chris Milton. This is bound to be a delightful evening - their music-making is brilliant!

Later in the month, on Tuesday 19 February there will be another lunchtime concert, this time given by Gillian Barella and Friends who will perform a range of songs with piano accompaniment.

FRIENDS EVENTS GROUP

The Events Group was formed a few years ago to organise events that attract people to the Library (and therefore encourage them to use it) and which raise money to help the Library to afford things that its central grant cannot stretch to. The group is in urgent need of a new chairman to take a leading role in running the group and organising events. If you would like to help please phone Tim Cornford on 01394 387586 for a chat about what is involved.

LIBRARIES IN ESSEX

Some recent press coverage about the state of libraries has focussed on the fact that more than one third of Essex's 74 libraries have been earmarked for closure. The county council blames a collapse in library usage and the availability of 'other services' and one newspaper article closed with the statement that more than 100 libraries were closed across the UK last year.

One of the key ways in which the Friends can help our Library is to keep using it and the services that it provides. Could that be a New Year's resolution for us all?

Wednesday 2nd January–Thursday 31st January – ArtLib - Photographs by Kieran Seymour

Kieran Seymour is an amateur photographer currently studying Level 3 Media at Suffolk New College and especially looking forward to the photography unit! He got into photography about seven years ago taking pictures of nature. Kieran says "This all started because my dad enjoys taking photos and it is something we do together as a hobby. The style of my photography is still very much nature-based, however I do enjoy taking different types of photos, such as architectural".

Wednesday 2nd January–Saturday 19th January - Display by the Eastern Angles Theatre Company for their Christmas show

Pat Whymark and Julian Harries bring "The Fenland Screamingers & Other Boggy Tales" to Ipswich, Woodbridge & Peterborough this year!

It is the 30th December, 1930. Young amateur sleuth siblings Sloppy & Sixpence arrive at a remote house in the middle of Clinker Fen, invited by a distant relative to celebrate the New Year. Tempted by the idea of a grand weekend party, they find the place deserted apart from the creepy butler, Tangent. He is expecting them and despite their misgivings, they decide to stay.

Other guests arrive, all strangers to one another, and as the fog descends, cutting them off from the outside world, they pass the time by telling stories. It becomes apparent that they all have a guilty secret, and are unnerved when Tangent tells them the local legend of the Fenland Screamingers, avenging spirits who emerge from the bogs to drag the guilty back down into the mire.

When one of the guests mysteriously disappears, they all begin to fear for their lives. Can Sloppy & Sixpence solve the mystery before the Screamingers come again and take them all, one by one? Book tickets now for the Sir John Mills Theatre, Ipswich until 5th January or at Seckford Theatre, Woodbridge from 9th - 19th January. Call the box office on 01473 211498.





Woodbridge CAMERA CLUB

www.woodbridgecameraclub.co.uk

Visitors welcome admission £5

The Meeting Room at
Woodbridge Quay
Church.
Quay St. Woodbridge
IP12 1BX

Tuesday 15th January 7:30

Kevin Sawford

'An East Anglian Wildlife Photographer's Year'

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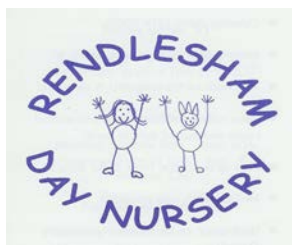
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Is your child in Key Stage 2 (years 3-6)? Are they in their first year of learning to play an instrument?

Starting from 8 January 2019, Suffolk County Music Service is hosting Beginner Ensembles across Suffolk. Created especially for young musicians in KS2, children are invited to join an ensemble to: develop their skills, make progress, play as a group, learn new music, and have fun!

Join us at **Hollesley Primary School**, School Lane, Hollesley IP12 3RE on **Tuesdays** at **3.30pm** (term-time only).

Free membership is available for those pupils learning with Suffolk County Music Service. The usual termly charge applies for those not learning with the Music Service.

Further details are on our website. Please visit our website for more information <http://bit.ly/ks2beginner> or

Call us 01473 263400 or

Email county.musicservice@suffolk.gov.uk

SINGING! LIVING! GIVING! AT WOODBRIDGE COMMUNITY HALL

GRAND CHARITY FUNDRAISING CONCERT



Photos: Suffolksingers.co.uk

On Saturday 19 January 2019 Suffolk Singers hold their very popular Charity Concert. This year they are supporting two charities. Live Life Give Life and FIND (Families in need Ipswich)

In January 2018 one of the choir members died very suddenly and her family agreed to donate some of her organs to help others. As a result of this the choir has decided to direct their fundraising to a charity which promotes organ donation. Live Life Give Life aims to encourage people to register as organ donors. They also fund initiatives to improve the welfare of (and outcome for) patients who need transplants, in addition to supporting the public recognition of donors and their families. Funds also go to research projects relating to organ donation, such as perfusion machinery, which is revolutionary in the Transplant world.

The second Charity, FIND, helps those that are deprived of a minimum standard of living. They offer free of charge food, household items and, when available, electrical goods. When appropriate this includes personal support. This concert is always sold out so early booking is advisable. Over the years Suffolk Singers have donated over £9000 to charity and they look forward to making another good donation in 2019.

Tickets, to include a light supper (bring your own drinks), available from www.WeGotTickets.com or rjrcolneis@aol.com or 01394 279907

£15.00 per person



Beginner Ensembles

Fun music groups created especially for children in Key Stage 2!

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Haverhill Holbrook Ipswich
North & South Lowestoft Saxmundham
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Develop your skills
Play in a group
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Free membership!

Conditions apply. Please visit our website to read the membership criteria.

Charges apply for those not learning with the Music Service.

Starting from
Tuesday 8 January 2019

For more information visit:
www.suffolkmusicshub.co.uk/beginner

Suffolk County Music Service

E: county.musicservice@suffolk.gov.uk T: 01473 263400

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ENGLAND

Suffolk
Music Education
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Mick Johns Garage Services

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Health Walks

Details of all these walks can be found on the Health walks website;

<http://www.walkingforhealth.org.uk/walkfinder/east-england/suffolk-stepping-out-suffolk#walks>



Dog fouling incidents

Latest dog fouling incidents reported:

Rendlesham Primary School

Please report fouling to:
Suffolk Coastal District Council
01394 383789 and/or
Rendlesham Parish Council
01394 420207
E: admin@rendleshampc.org.uk



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Facebook: [chloekinradeschoolofdance](https://www.facebook.com/chloekinradeschoolofdance)

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Thoughtless dog owners

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9 out of 10 dog owners
clean up after their dog.
Are you the one who doesn't?

Bag that poo, any rubbish bin will do



Dog fouling... help keep Rendlesham clean



Latest dog fouling incidents reported:
Play area at Jubilee Park

New bridleway to the forest

Please report fouling to:
Suffolk Coastal District Council
01394 383789 and/or
Rendlesham Parish Council

The Parish Council is receiving an increasing number of complaints regarding dog fouling in the village. Responsible dog owners clear up after their dogs and dispose of the waste either at home, or in one of the many waste bins provided throughout the village. Failure to clear up after a dog in your control is a criminal offence for which a fixed penalty fine of £80 can be issued. The maximum fine that a court can impose for this offence on conviction is £1,000.

Always make sure you take something with you to pick up your dog's faeces and pay attention to what your dog is doing at all times - not having a doggy bag, or not noticing that the dog has fouled, is no excuse for not clearing up.

Any bin will do!

If there is not a dedicated dog waste bin available, dog waste can be placed in any litter bin.



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The Village Centre
Rendlesham
IP12 2GG



Boardwalk-Rendlesham 01394 460602

Events:

Disco's

Birthdays

Country Market
karaoke

Pamper Evening

Local Talks



Residential | Nursing | Dementia | Short stay | Permanent | Convalescence

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www.caringhomes.org/rendlesham

Rendlesham Care Centre, Suffolk Drive, Rendlesham, Suffolk IP12 2TP



Local farmers' markets

Snap Maltings Farmers' Market

(1st Saturday, monthly)

9.30am - 1pm. <http://www.snapmaltings.co.uk/>

Jimmy's Farm - Wherstead, near Ipswich

(1st Saturday, monthly) 10am - 2pm.

<http://www.essexpigcompany.com/>

Manning's Amusement Park, Sea Road, Felixstowe

(2nd Saturday, monthly) Open from 10am, [http://](http://www.manningsamusements.co.uk/page_12.html)

www.manningsamusements.co.uk/page_12.html

Halesworth Producers' Market

(2nd Saturday, monthly) From 9am to 1pm, The Old Print Works, Halesworth IP19 8AP.

Woodbridge Farmers' Market (2nd Saturday, monthly) From 9am to 1pm at Woodbridge Community Centre.

<http://www.woodbridgefarmersmarket.co.uk/>

Aldeburgh Farmers' Market (3rd Saturday, monthly)

9am- 2.30pm, Aldeburgh Parish Church Hall

Wickham Market - Monthly afternoon (3rd

Wednesday, monthly)

The Hill, Wickham Market (the Square)

Contact: Teapot Tearoom (Margaret) tel. 748079 or see www.wickham-market.org.uk



Sew Loopy Lessons Presents:
**Beginners Crochet Course -
How to make a blanket**

Next course starts February 2019
Get in touch on Facebook:
Sewloopylessons
email: sewloopyinfo@gmail.com
or by phone: 07701323851

**You can now access the
newsletter on our website
www.rendlesham.suffolk.gov.uk**

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- New oil tank installations, relocations and servicing
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Your local County Councillor

Alexander
Nicoll

Wickham

Here to help



Pothole or road problem?

highwaysreporting.suffolk.gov.uk

Schools queries?

www.suffolk.gov.uk/schools

Blue Badge issue?

www.suffolk.gov.uk/bluebadge

Social care?

www.suffolk.gov.uk/helpforadults

Contact me



alexander.nicoll@suffolk.gov.uk



07922 586303

facebook.com/AlexanderNicoll4Wickham

GARDEN WASTE SCHEME

**SIGN UP
NOW**

Garden waste collection in
Suffolk Coastal is changing from

1 May 2018

You can sign up to the scheme at any time to receive collections for a whole year. It costs £43 for one bin for one year. You can also opt to receive a free bin upgrade (bigger bins, for those who want them, will be delivered in the autumn).

Sign up now:

- * Online at my.eastsuffolk.gov.uk/MyServices
- * By calling Customer Services on 01394 383789
- * In person at Woodbridge or Felixstowe Library



CORNERSTONERESIDENTIAL.CO.UK 01394547000 42 MARKET HILL, WOODBRIDGE



When you're moving home, we know what's most important.

Call to arrange a free valuation and find out more about our award-winning service and innovative marketing.



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PROPERTY
AWARDS
2018
★★★★★
GOLD WINNER

ES & LAUGHTON
WICKHAM

Deben Community Farm

What is the Deben Community Farm?

The Deben Community Farm in Melton, near Woodbridge brings farming, care and community together into one exciting project; a place where children, young people and adults are welcomed into a caring and nurturing environment that builds self esteem, confidence and respect and provides opportunities to learn new skills and be valued as individuals.

We are a social enterprise so all our profits will be ploughed back into the farm, people attending and our local communities.

Care Farming

Care farming is the therapeutic use of farming practices.

Because of the farm's natural therapeutic environment, this can aid people's recovery and even be a preparation for employment in our sector or other industries.

The care farm also provides an alternative to day care by offering many meaningful activities on a working farm.



At the farm we....

Provide health, social or educational care services for a range of vulnerable groups of people, including adults with poor mental health, young people outside of mainstream education and children with learning disabilities.

Provide a supervised, structured programme of farming-related activities, including animal husbandry (livestock, small animals, poultry), crop and vegetable production, woodland management, construction (fencing, woodwork, projects around the farm) etc.

Provide services on a regular basis for participants, where participants attend the farm regularly as part of a structured care, therapeutic or educational programme.

Are commissioned to provide care farming services by referral agencies and schools Farm helpers can also be self-referred as part of the direct payments scheme, be referred by family members or self fund.

To find out more get in touch on 07732 681125

Or email heather@heelis.eu

Photo: Deben Community Farm



Allonsfield House



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COME AND VIEW OUR
NEW LUXURY FACILITIES

**Country living can be tranquil...
...but life's never dull at Allonsfield House**

Call us today on **01728-363561** or visit **allonsfieldhouse.care**

Church Farm, Campsea Ashe, Woodbridge, Suffolk, IP13 0PX

We provide the following key services,

✓ Residential care

✓ Dementia care

✓ Respite care

Pitstop gets into the spirit of Christmas

As the excitement increases as Christmas and the end of term approaches, everyone's been busy making Christmas crafts, decorating the tree and making some delicious cookies as presents for the family.

Even at our Forest School session we've had craft sessions making festive wreaths and reindeer food ready for Rudolph on Christmas Eve.

With not so long to go plans are underway for the Christmas parties at the pre-school and After School Club.

The Pre-school have invited Magic Olly back again for some fun entertainment and, of course, a very special guest who might just have a sackfull of presents to give out in his grotto!

It's been another amazing year at Pitstop!

Happy New Year to you all.



Photos: H Heelis



Pitstop



www.pitstop-oosc.co.uk

Established 2003

Your local community childcare provider

Ofsted Registered

Pre-School

FREE Forest School Sessions

Funded Places for eligible 2 year olds and all 3 & 4 year olds

Baby room for 6 months +

Large garden, pets, mud kitchen

Growing and nature area

All areas of the EYFS met through the ethos of play

Our sessions are

9am-12pm and

12pm-3pm term time



After School Club

Pick ups from all local schools

Craft, sport, gardening, cooking

Discounts for siblings

Open Monday to Friday during term time (excl Bank Holidays) from 3.15pm to 6pm



ACTIVITIES
★ ★ UNLIMITED

Holiday Club

Based at the Deben Community Farm, Melton

Woodland activities

Feed the animals, egg collecting

Crafts, trips, den building

Open 8am—6pm for 2 years + (excl Bank Holidays)



Contact us on 01394 388033 or 07732 681125 or E: enquiries@pitstop-oosc.co.uk



Happy New Year!

Dates for 2019 to half term

Fun@St Felix (Kids in church)

Tues 3.30 - 5.00 p.m.

Jan 8th, 15th, 22nd, 29th

Feb 5th, 12th, 26th.

EvnuTh, St Felix, same dates

Tues 6.00 - 7.30 p.m.

Jan 8th, 15th, 22nd, 29th

Feb 5th, 12th, 26th.

Cafe Respect, Fridays for 13-18's

Fri 7.00 - 10.00 p.m.

Jan 11th, 18th, 25th.

Feb 1st, 8th, 15th

God 'n' Chips - EvnuTh - 11 - 18s

Sun 6.00 - 8.00 p.m.

Jan Sunday 27th

Feb Sunday 17th

Malcolm Knapp

malcolm@evnu.uk

Registered Charity 1165239

Rendlesham Youth Group

Tuesdays 6:00 - 8:00 pm

Y4—Y6

Wednesday 7:00 - 9:30 pm

Y7 +

Thursday 7:00 - 9:30 pm

Y7+

Community Centre, Walnut Tree Avenue

X Box, Minecraft, Lego, Board Games, Table Tennis, art & Craft, Books, Pool, snack and lots more every Tuesday from 6-8pm. Subs £1.

Every Wednesday and Thursday, Pool, Tablets, Xbox, Table Tennis, Tuck Shop and more.

Sudoku Challenge

In a Sudoku you fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. There is no math involved. The grid has numbers, but you don't have to perform any calculations. You just solve the Sudoku with reasoning and logic.

The Sudoku starts with a partially filled grid that you must solve following the rules above. If you complete the grid, you've solved the Sudoku. Depending on your skill and experience your solving time for a Sudoku will typically vary between 10 to 30 minutes.

	8		2				6	
	4					7		
9				3	4			
5		9	8					
8		2		7		6		1
					2	9		8
			4	2				9
		1					3	
	7				5		8	



Bentwaters Heating & Plumbing Ltd
10 Britannia House, Base Business Park,
Rendlesham, Suffolk IP12 2TZ
Tel: 01394 421381 Mobile: 07437 713747
Email: alex@bentwatersheating.com

Reduced labour rates for Rendlesham customers!

Friendly local company for all your heating and plumbing requirements

- All Boiler Servicing and Repairs (oil, gas and LPG)
- Gas Safe and OFTEC Registered
- All Plumbing Maintenance Undertaken
- Power Flushing
- Landlord Safety Checks



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PC's, Laptops, Servers, Network, Wi-Fi and Routers
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Remote support(via Internet), Home visit , and or Local collection/Return
Free Assessment, Estimates on request, Contract options available

PC/Laptop Security/Health check
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Huge selection **Everyday & Seasonal**
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& other gifts

Full range of **Cake drums/boards** in gold & silver

Sugar flowers & **Cake decorating accessories**,
Cake Stands available for hire from £8 w/e
Helium Party Balloons

**Open – Mon.9-5,
Tues-Fri 8.00-5.30
Sat 8.00-5.00**

Rendlesham Children's Centre
Sycamore Drive,
Rendlesham IP12 2GF



Opening Hours:
Monday- 8:30am - 4:00pm
Tuesday- 8:30am - 4:00pm
Wednesday- 8:30am - 4:00pm
Thursday- 8:30am - 4:00pm
Friday - CLOSED

Rendlesham Children's Centre is part of the Suffolk Health and Children's Centre Service.

We are a place where families with young children under 5 can go to access a range of activities and support services.

Pop in to pick up a copy of our latest timetable and see what we have to offer.

Please call (01394) 462191 for more information
Email: rendlesham@suffolk.gov.uk

Facebook – please like our page and search as:
Kesgrave, Caterpillar and Rendlesham Children's Centres



- Garden Planning •
- Patios / Hardscaping •
- Turfing / seeding •
- Planting / Pruning •
- Weed Control •
- Digger / Tractor Hire •
- Maintenance Contracting •
- General Groundwork •
- Decking •



11 Suffolk Drive
Rendlesham
Woodbridge
Tel: 01394 420700
Mobile: 07788 722144

Need a local venue?

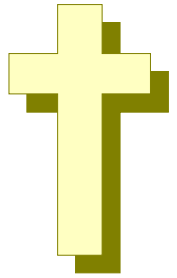


CALL US NOW to discuss your meeting or event booking on 01394 46 00 05, or email rendlesham.commcentre@gmail.com

Rendlesham
M: 07599 998974 COMMUNITY CENTRE

One New Year Resolution For 2019

What worthy New Year resolution have you made to help you through this 365 day journey in 2019? I'd like to challenge you to accept the resolution found in the following prayer, whose author is unknown.



Just One Request

"Dear Master for this coming year
Just one request I bring:
I do not pray for happiness,
Or any earthly thing—
I do not ask to understand
The way Thou leadest me,
But this I ask: Teach me to do
The thing that pleaseth Thee.

I want to know Thy guiding voice,
To walk with Thee each day.
Dear Master make me swift to hear
And ready to obey.
And thus the year I now begin
A happy year will be—
If I am seeking just to do
The thing that pleaseth Thee."

This challenge is a worthy one that's bound to change you and me.

Rev. Frank Thompson – **Faith Baptist Church - Bromeswell**

Looking for information on care and support?



Care Choices' comprehensive guide to choosing and paying for adult care and support

- Home support • Specialist care • Care homes • Useful contacts

For **FREE** copies of the new Suffolk Care Services Directory or for assistance with finding care and support, call Care Choices on 01223 207770

The e-book will be available online at www.carechoices.co.uk

NEW
FOR 2018

 CareChoices

 browserscloud

be gorgeous! with Slimming World



****Friendly and Supportive group****

EVERY WEDNESDAY


Rendlesham
Community Centre
5.30 & 7.30pm

For more information call/text
Kate 07825210252


slimmingworld.co.uk



Suffolk Cloth Nappies



Cloth nappies are cheaper, greener and cuter than disposables!

Suffolk Cloth Nappies, your local real nappy library, have nappy kits for hire. We can advise on different types of nappies and what you will need to get started. Get in touch with us to find out more.

🐦 @suffolknappies

f www.facebook.com/suffolkclothnappies

Rendlesham Independent Women

We are a group of friendly ladies who meet monthly to socialise and enjoy a variety of activities.



Meetings are held at Rendlesham Community Centre on the 3rd Tuesday of each month @ 7.30pm.



We have an active committee who welcome ideas from members.



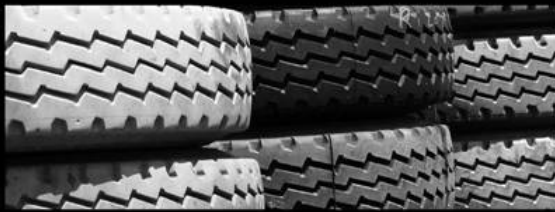
• Our chosen charity for 2018.

Our plans for 2018 include:

- ❖ Jars of Clay
 - ❖ Crafts
 - ❖ Garden party
 - ❖ Charity evening
 - ❖ Talks on history, gardening and folk art
- Plus lots more!



For more information, come along to one of our meetings, visit our Facebook page or contact Rachel on 07757259381.



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- MOT test centre
- Computer diagnosis
- Free courtesy car
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Returning just a few days after what would have been The King's 84th Birthday, Marshall King brings his stunning recreation of a full Elvis show back to The Spa for the 4th year running. Don't miss this fantastic interactive entertaining tribute to the king of rock 'n' roll, with all the fun and impact of Elvis' original shows. Marshall faithfully includes the full range of jokes and audience interaction as well as a complete recreation of Elvis' band for an authentic show which will have you on a roller coaster of emotions from the first note, working hard to transport you back to the late 60's and early 70's when Elvis was at his peak. This jaw-dropping concert show with 12 piece band, including top musicians, Brass section and backing singers is the ultimate Elvis experience not to be missed. All presented with jumpsuits made by Elvis' very own costume designers!

Saturday 12th January 2019 at 7.30pm.
 Tickets £22.50 and £20.50, with concessions (65+/-16) £20.50 and £18.50.
 We advise over 16 only - this show may contain adult humour
 The Ticket Prices above include booking fees and are the total price you will pay

Tennis

Jubilee Park



£5 per hour



To book: 01394 420207
 Email: admin@rendleshampc.org.uk

Table Tennis

Rendlesham Community Centre



£7 per hour

To book: 01394 460005
 Email: rendlesham.commcentre@gmail.com

ADVERTISE HERE

Reach 1,500
 households and
 businesses every month
 £21 for 3 months

Exercise and wellbeing classes in Rendlesham

(RCC) Community Centre (RPS) Primary School (JP) Jubilee Park (RM) Unit 1, Rendlesham Mews		
Tuesday	10-11am	YOGA with Ian Suitable for beginners, equipment provided. Contact Ian to book on 07877 358163 or E: ian@yogawithian.com www.yodawithian.com
	7.30pm – 9.30pm	SELF DEFENCE with Paul Yates (RCC)
Thursday	1.30pm – 3pm	YOGA (RCC) RIW members only
	6.30pm – 8pm	GLOW , Diet & Fitness classes with Dawn Quantrill (RPS) T: 07836 539508 E: dawnquantrill@hotmail.com W: glow-fit.co.uk First taster session free
Friday	10.30am— 11.30am	Stroller Fit. Every Friday (RCC) Contact: leannethurston5678@gmail.com

Rendlesham Social Club

Rendlesham social club

1st December Hayley kay
9th December Children's Christmas party
15th December Xmas draw / Mat Barden

26th January Members private party
2nd March Louie Two Tone
6th April Michaela
Amy Winehouse / Adele tribute
1st June Shattered

**We would like to wish
All of our members
and customers
A Merry Christmas
and a happy New year**

Bingo every Thursday night

imikimi

**Ceremony
of
Carols**



A concert for the New Year

Gippeswyk Singers conducted by
Geoff Lavery

with **Martlesham Brass** (conductor Adam Cable)
and Anna Wynne (harp)

**Sunday
6th January
2019
7.30pm**

**St Michael's Church
Martlesham
IP5 3PL**

TICKETS £5
at the door

Advance tickets available
from choir members
or email: paulgalley@btinternet.com

Gippeswyk Singers are supporting the following charities
with this season's concerts

FIND - Families in Need/Food Bank Ipswich
ICSRE - Suffolk Law Centre

www.gippeswysingers.co.uk

**WHAT'S
ON**

Basic hedgehog care

Saturday 19 January —10am-3pm
Brooke House, The Green, Ashbocking,
Ipswich IP6 9JY



Discover the needs of the hedgehog including preferred habitats, behaviour, feeding and some basic first aid plus how you can help to support their well-being in Suffolk, with founder of Suffolk Prickles Hedgehog Rescue, Paula Baker.

Booking essential tel: 01473 890 089 or book online

Cost £30

**Suffolk
Wildlife
Trust**

Do something wild every day
suffolkwildlifetrust.org

**WHAT'S
ON**

Winter Tree ID



An opportunity to spend the day in ancient woodland, discovering how to identify trees and shrubs in winter, with vegetation ecologist and surveyor Jonny Stone. Suitable for beginners

Saturday 26 January —10am-4pm
Bradfield Woods, Felsham Road, Bradfield St George,
IP30 0AQ

Sunday, 17 February —10am-4pm
Foxburrow Farm, Saddlemakers Lane, Melton, Woodbridge
IP12 1NA

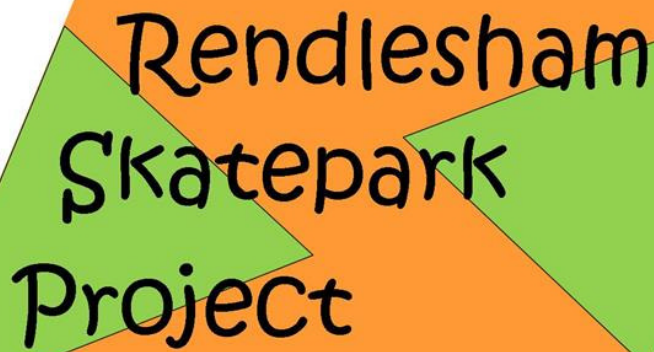
Booking essential tel: 01473 890 089 or book online

Cost £30 per day

**Suffolk
Wildlife
Trust**

Do something wild every day
suffolkwildlifetrust.org



Rendlesham Skatepark Project

**One of the best skatepark
designers in the country is
coming to Rendlesham!**

21 January 2019

4.30-6.30pm

Community Centre, Walnut Tree Avenue, IP12 2GG

**You've said you want a skatepark
Now's your chance to get one!**

Everyone welcome!

Contact the Parish Clerk for more details on 01394 420207 or clerk@rendleshampc.org.uk

Rendlesham & District Over 60s Club 2019 Meeting Dates:

New members always welcome

17, 31 January	6, 20 June
14, 28 February	4, 18 July
14, 28 March	12, 26 September
11, 25 April	10, 24 October
9, 23 May	7, 21 November

Rendlesham Community Centre,
10.30-12.30pm

Rendlesham Independent Women

Rendlesham Community Centre

2019 meetings coming soon

Mobile Library

Contact Suffolk County Council on

Email: help@suffolklibraries.co.uk

Telephone: 01473 584563

2019 Dates coming soon

Community Centre 9.35am - 10.35am

Friday Street 10.40am - 10.55am



The Roman Catholic Parish of Woodbridge and Framlingham

Parish Priest: Fr Edmund Eggleston
Churches:

St Thomas of Canterbury, Woodbridge
St Clare's, Framlingham

Mass times and contact details:

www.wfrcp.org.uk

**Solution
to the
Sudoku
challenge**

1	8	5	2	9	7	4	6	3
3	4	6	1	5	8	7	9	2
9	2	7	6	3	4	8	1	5
5	6	9	8	4	1	3	2	7
8	3	2	5	7	9	6	4	1
7	1	4	3	6	2	9	5	8
6	5	8	4	2	3	1	7	9
2	9	1	7	8	6	5	3	4
4	7	3	9	1	5	2	8	6

Post Office (Costcutters) opening hours

Monday to Friday	09:00-17:30
Saturday	09:00-12:30

Rendlesham Surgery opening hours

Monday	15:30 - 18:30	Wickham Market Medical Centre 01728 747101
Tuesday	08:40 - 12:00	
Wednesday	15:30 - 18:30	
Thursday	08:40 - 12:00	
Friday	14:45 - 17:30	

Acer Road Pharmacy opening hours

01394 460548

Monday:	08.30 – 13.00 and 14.00 – 18.30
Tuesday:	08.30 – 13.00 and 14.00 – 17.30
Wednesday:	08.30 – 13.00 and 14.00 – 18.30
Thursday:	08.30 – 13.00 and 14.00 – 17.30
Friday:	08.30 – 13.00 and 14.00 – 17.30

FAITH BAPTIST CHURCH

Bromeswell, Woodbridge

www.fbcuk.org

Pastor Thompson (01394) 420181

SCHEDULE OF SERVICES:

Sunday Morning Worship and Sunday School	11:00 A.M.
Sunday Evening Praise and Fellowship	6:00 P.M.
Wednesday Prayer and Bible Study	7:00 P.M.
Thursday Night – "Extreme Teens"	7:00 P.M.
Friday AcapinGs Youth Club	7:00 P.M.

If you need transport or have a query about our services,
please ring: Pastor Thompson (01394) 420181

2018/2019 Suffolk School Term Dates

School Holidays	Starts	
Autumn Half Term Holidays	22 Oct 2018 (Mon)	26 Oct 2018 (Fri)
Christmas Holidays	20 Dec 2018 (Thu)	1 Jan 2019 (Tue)
Spring Half Term Holidays	18 Feb 2019 (Mon)	22 Feb 2019 (Fri)
Spring Holidays	8 Apr 2019 (Mon)	22 Apr 2019 (Mon)
Summer Half Term Holidays	27 May 2019 (Mon)	31 May 2019 (Fri)
Summer Holidays	25 Jul 2019 (Thu)	

Diary Dates - January 2019

Tues	1	NEW YEAR'S DAY
Thurs	3	Bingo. Rendlesham Social Club, at 7.30pm.
Mon	7	Bumps & Babies, Community Centre, 10-11.30am Parish Council meeting, 7.15pm. Community Centre
Tues	8	Fun@St Felix (Kids in Church) 3.30-5pm Evnuth. St Felix. 6-7.30pm Junior Youth Group, 6-8pm. Community Centre
Wed	9	Senior Youth Group. 7-9.30pm. Community Centre. Mobile Library. Community Centre 9.50-10.45am and Friday Street 10.50-11am
Thurs	10	Bingo. Rendlesham Social Club, at 7.30pm. Senior Youth Group. 7-9.30pm. Community Centre.
Fri	11	Café Respect (13-18s). St Felix Church.
Mon	14	Bumps & Babies, Community Centre, 10-11.30am
Tues	15	Fun@St Felix (Kids in Church) 3.30-5pm Evnuth. St Felix. 6-7.30pm Junior Youth Group, 6-8pm. Community Centre
Wed	16	Senior Youth Group. 7-9.30pm. Community Centre.
Thurs	17	Over 60s Club. 10.30-12.30pm. Community Centre Bingo. Rendlesham Social Club, at 7.30pm. Senior Youth Group. 7-9.30pm. Community Centre.
Fri	18	Café Respect (13-18s). St Felix Church.
Mon	21	Bumps & Babies, Community Centre, 10-11.30am
Tues	22	Fun@St Felix (Kids in Church) 3.30-5pm Evnuth. St Felix. 6-7.30pm Junior Youth Group, 6-8pm. Community Centre
Wed	23	Senior Youth Group. 7-9.30pm. Community Centre.
Thurs	24	Bingo. Rendlesham Social Club, at 7.30pm.
Fri	25	Café Respect (13-18s). St Felix Church.
Mon	28	Bumps & Babies, Community Centre, 10-11.30am
Tues	29	Fun@St Felix (Kids in Church) 3.30-5pm Evnuth. St Felix. 6-7.30pm Junior Youth Group, 6-8pm. Community Centre
Wed	30	Senior Youth Group. 7-9.30pm. Community Centre.
Thurs	31	Over 60s Club. 10.30-12.30pm. Community Centre Bingo. Rendlesham Social Club, at 7.30pm. Senior Youth Group. 7-9.30pm. Community Centre.

February

Fri	1	Café Respect (13-18s). St Felix Church.
Mon	4	Bumps & Babies, Community Centre, 10-11.30am Parish Council meeting, 7.15pm. Community Centre
Tues	5	Fun@St Felix (Kids in Church) 3.30-5pm Junior Youth Group, 6-8pm. Community Centre
Wed	6	Senior Youth Group. 7-9.30pm. Community Centre.

Rendlesham Directory

Wickham Market Doctors Surgery	01728 747101
Acer Road Pharmacy 6 Acer Road, IP12 2GA	01394 460548
District Councillor Michael Bond	01394 388611
County Councillor Alexander Nicoll	07747 698787
Gas Emergency	(0800)111 999
Woodbridge Safer Neighbourhood Team	01473 613500
Rendlesham Primary School Head: Debbie Thomas	01394 462190
Eyke CEVC Primary School Head: Lucy Fairweather	01394 460328
Rendlesham Parish Church Revd: David Murdock	01394 450336
Farlingaye High School Head: Dr Sievwright	01394 385720
Woodbridge Library	01394 446510
Parish Council Mrs Heelis, Parish Clerk	01394 420207
Police (non-emergency)	101
RIW: Sue Miller	01394 421340
Rendlesham Dental Practice	01394 421500
Rendlesham Day Nursery	01394 420581 07917 854086
Ryder-Davies & Partners Vets	01394 420964
Post Office (Cost Cutters)	01394 461221
Keep in Touch:	
Sudbourne & Tunstall Baptist Church: Revd Dave Rushbrook	01394 809691
Rendlesham Children's Centre Leader: Carolyn LeMay	01394 462191
Rendlesham Community Centre	01394 460005
Rendlesham Care Home	01394 461 630
Maharishi Peace Palace	01394 421136
Over 60s Pauline Harrow	01394 421470

CREATING ROOMS FROM CONSERVATORIES



A large number of people who have fitted the insulated warm roof systems have originally come to see us to change their deteriorating polycarbonate roof for glass. They then find out about warm roof systems and upgrade to these instead, it was not a roof they gained it was a room!

“it’s not a roof you’re getting – it’s a room”

This is a highly insulated roof system that fits on top of your existing conservatory. With a solid, tiled roof on the exterior, plastered with lighting on the interior you are transforming the conservatory into a room. A very bright room, one that you can use all year round.

Although the investment is considerably less than an extension you are effectively creating an additional reception room in your house. If you enjoy your conservatory sitting back looking up at the sky or seeing the stars at night there is always an options of adding a lantern roof. Our show room has a number of examples, please feel free to come and have a look. Our customers welcome the fact that they are not sold to, we are happy to explain the different options and show you what they look like.

For more details you can visit Colourchange UPVC's website www.colourchangeupvc.co.uk or contact Daryl on 01394 420774



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Colourchange UPVC are a Consumer Protection Association approved company and are certified by Certass – authorised by the Department for Communities and Local Government. CPA and Certass registered companies undergo a rigorous selection process to ensure that they deliver your home improvements to the very highest standards. The Consumer Protection Association provide an independent 10 year insurance backed guarantee for work undertaken by Colourchange UPVC.

